

DYSLEXIA



WORKBOOK

BY GREAT MINDS TOGETHER

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What is Dyslexia

1 in 5 people have Dyslexia.

Dyslexia is a common condition that makes it hard to read. Some experts believe that between 5 and 10 percent of people have it.

Kids with dyslexia don't outgrow it. But there are lots of strategies that can help people with dyslexia improve their reading skills and manage the challenges. People of any age can be tested for dyslexia, although the tests are different for adults than for kids.



Research Project

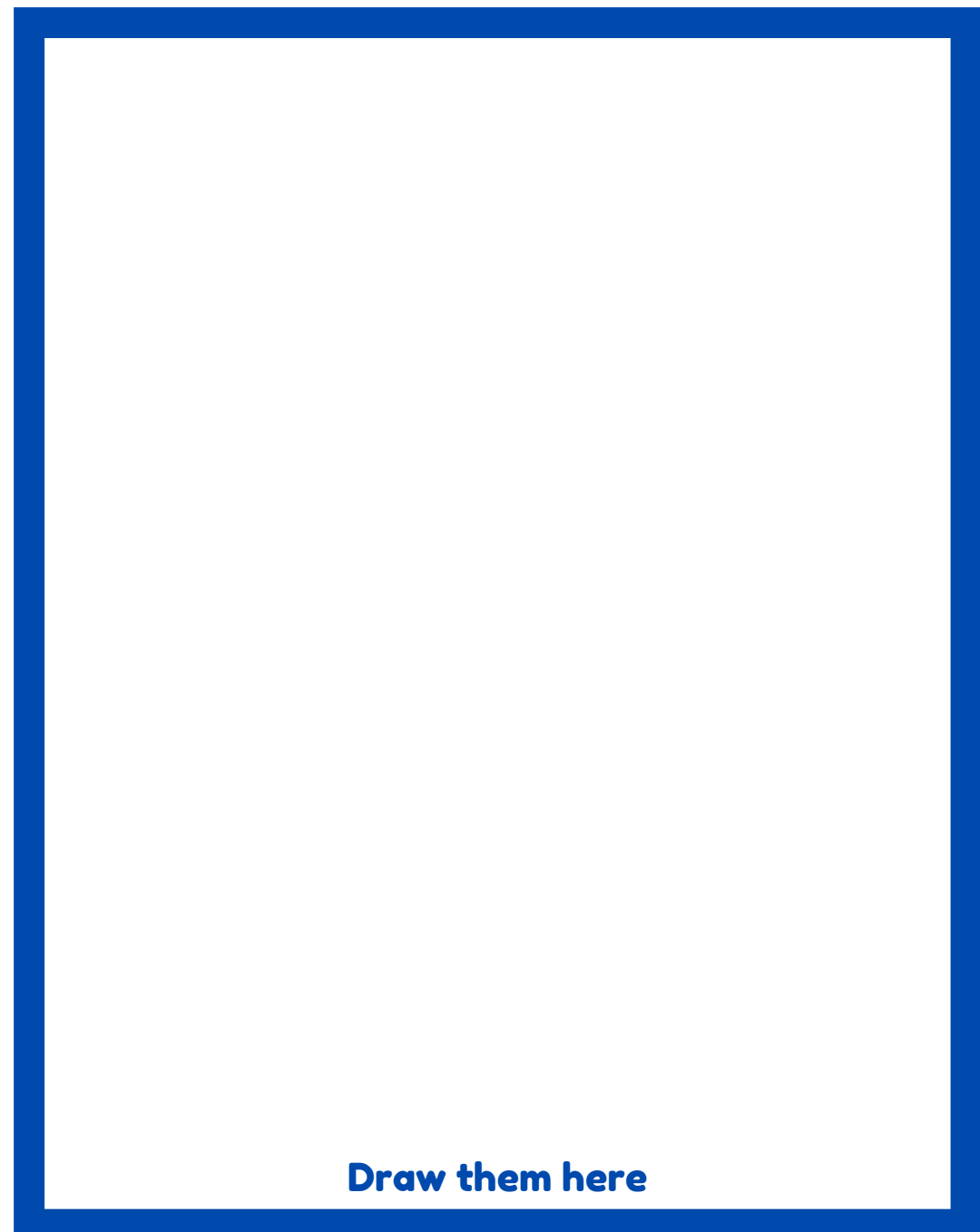
Lots of people have dyslexia. Use the internet or books to research about a famous person in each job that has dyslexia and fill out the fact file below.

An Actor

Name:

Birthday:

Place of birth:



What they are famous for:

3 interesting facts about this person:

1 -

2 -

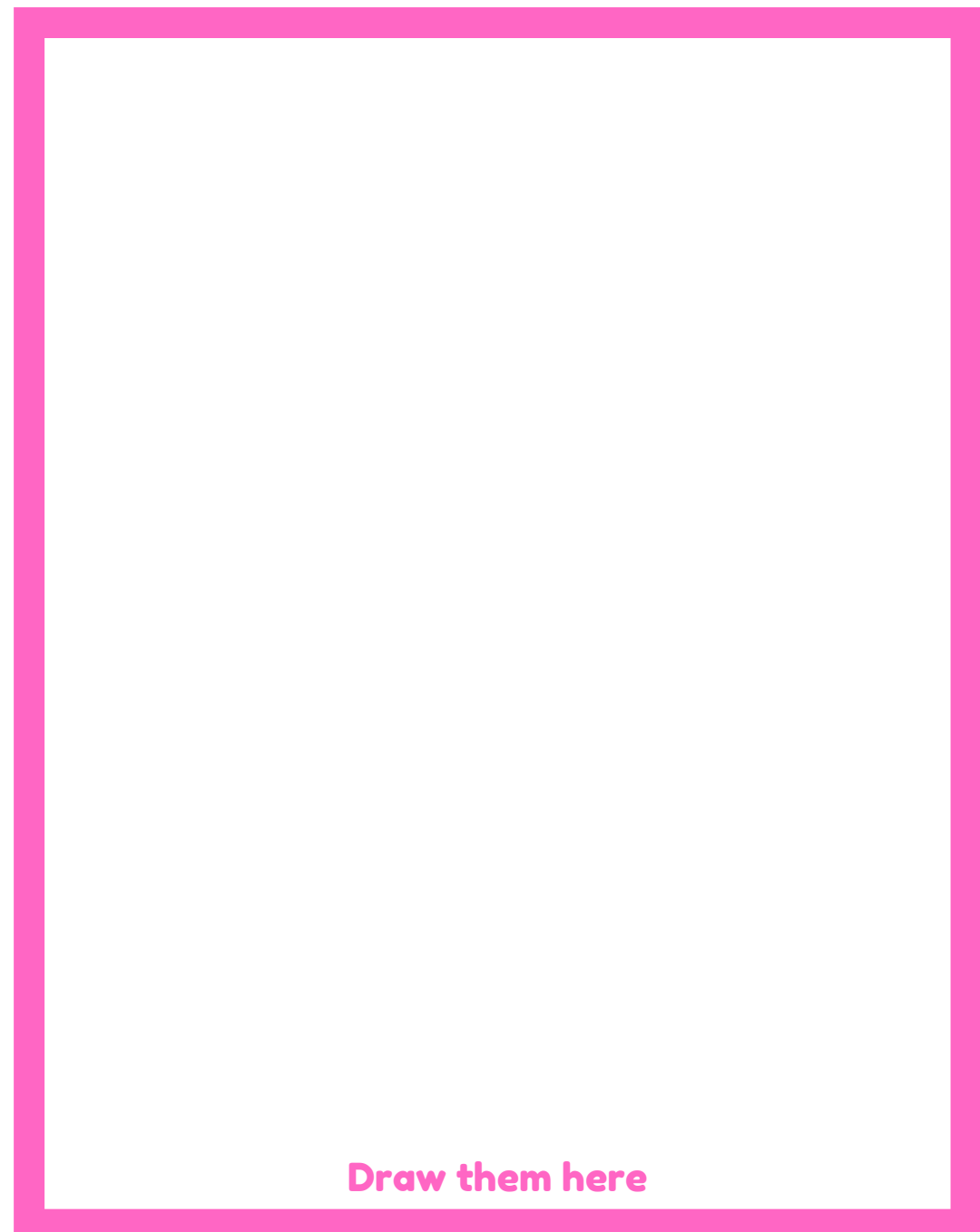
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A Sports Star

Name:

Birthday:

Place of birth:



What they are famous for:

3 interesting facts about this person:

1 -

2 -

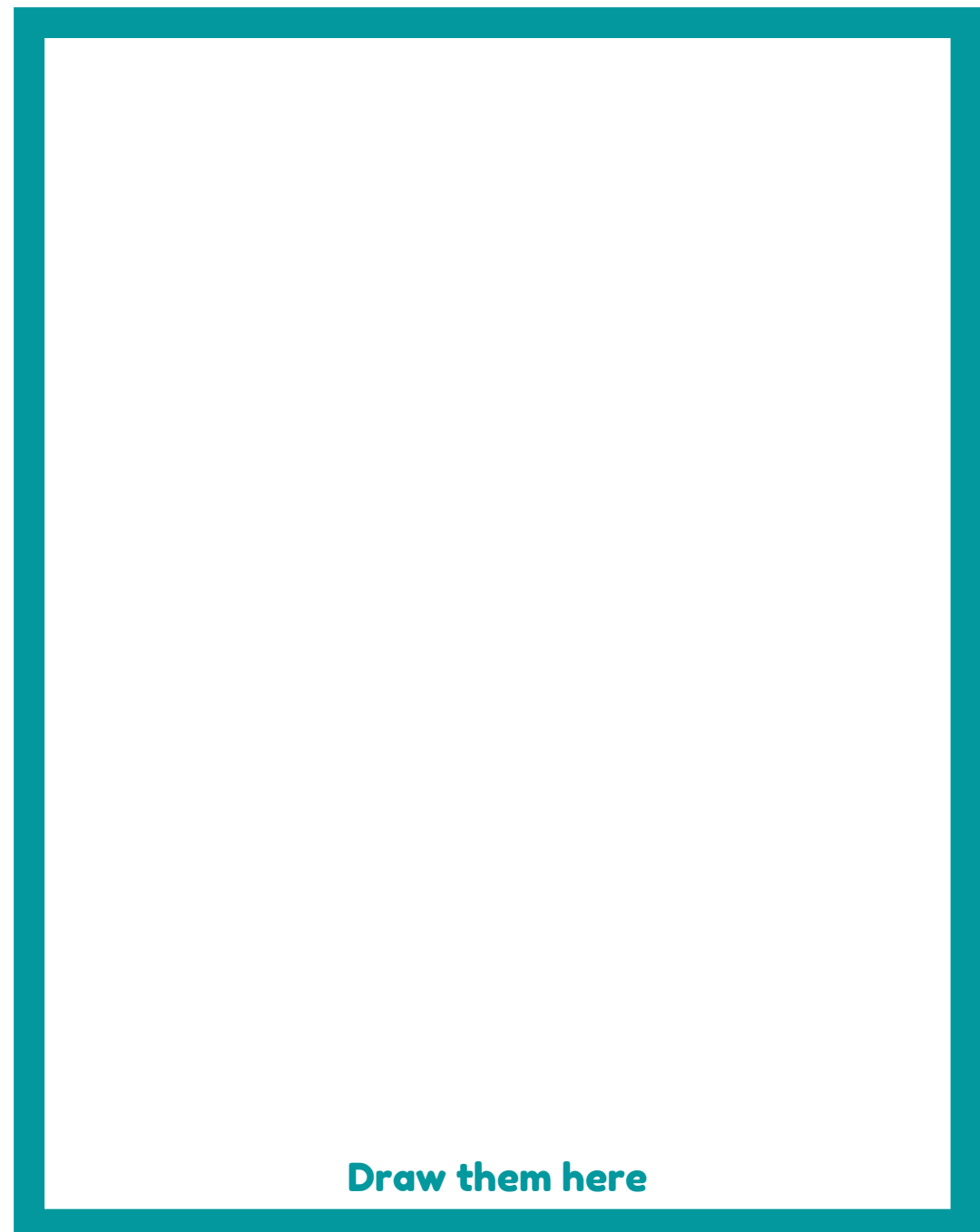
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An Entrepreneur (business man or woman).

Name:

Birthday:

Place of birth:



What they are famous for:

3 interesting facts about this person:

1 -

2 -

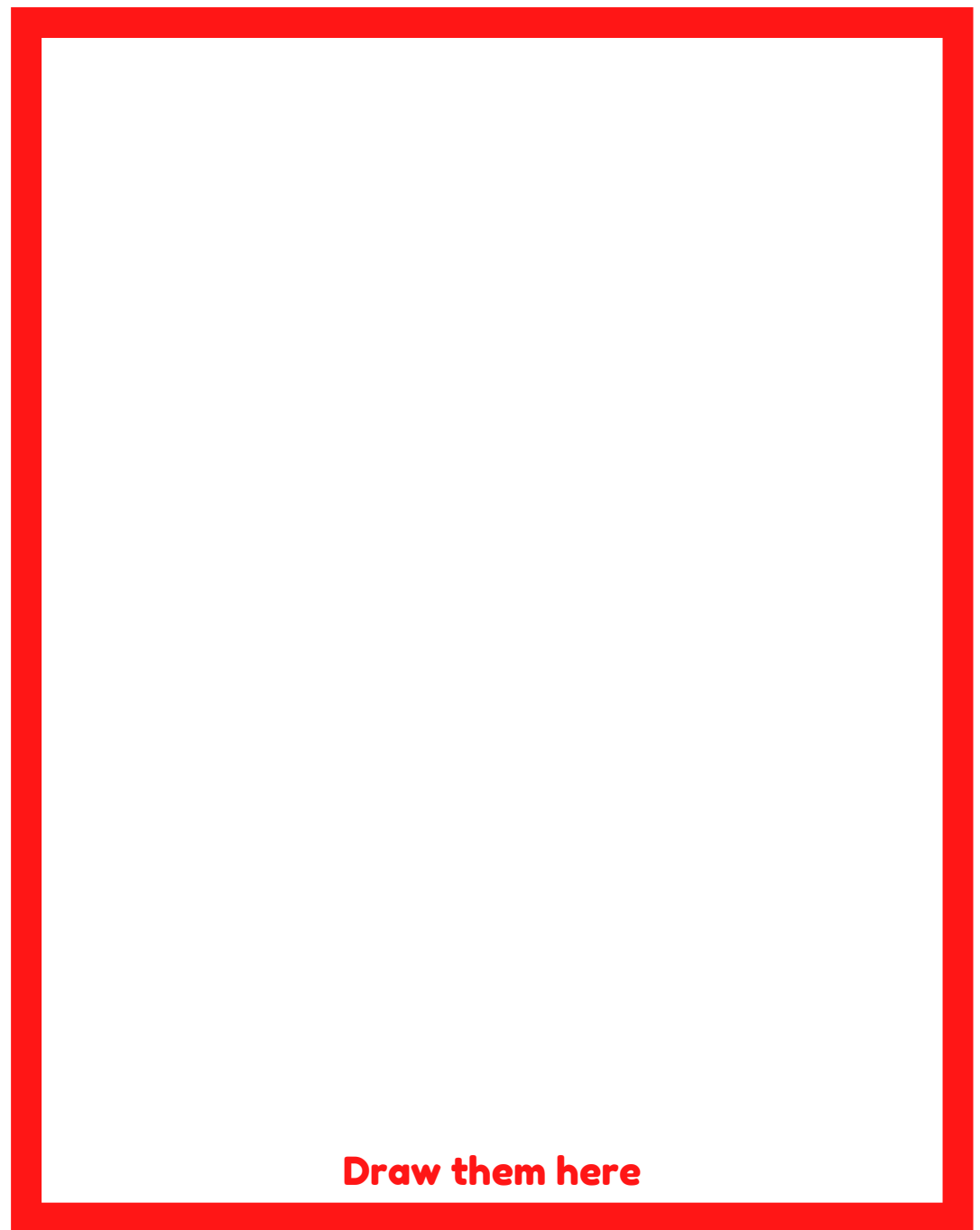
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A Musician

Name:

Birthday:

Place of birth:



What they are famous for:

3 interesting facts about this person:

1 -

2 -

3 -

Strengths and Challenges

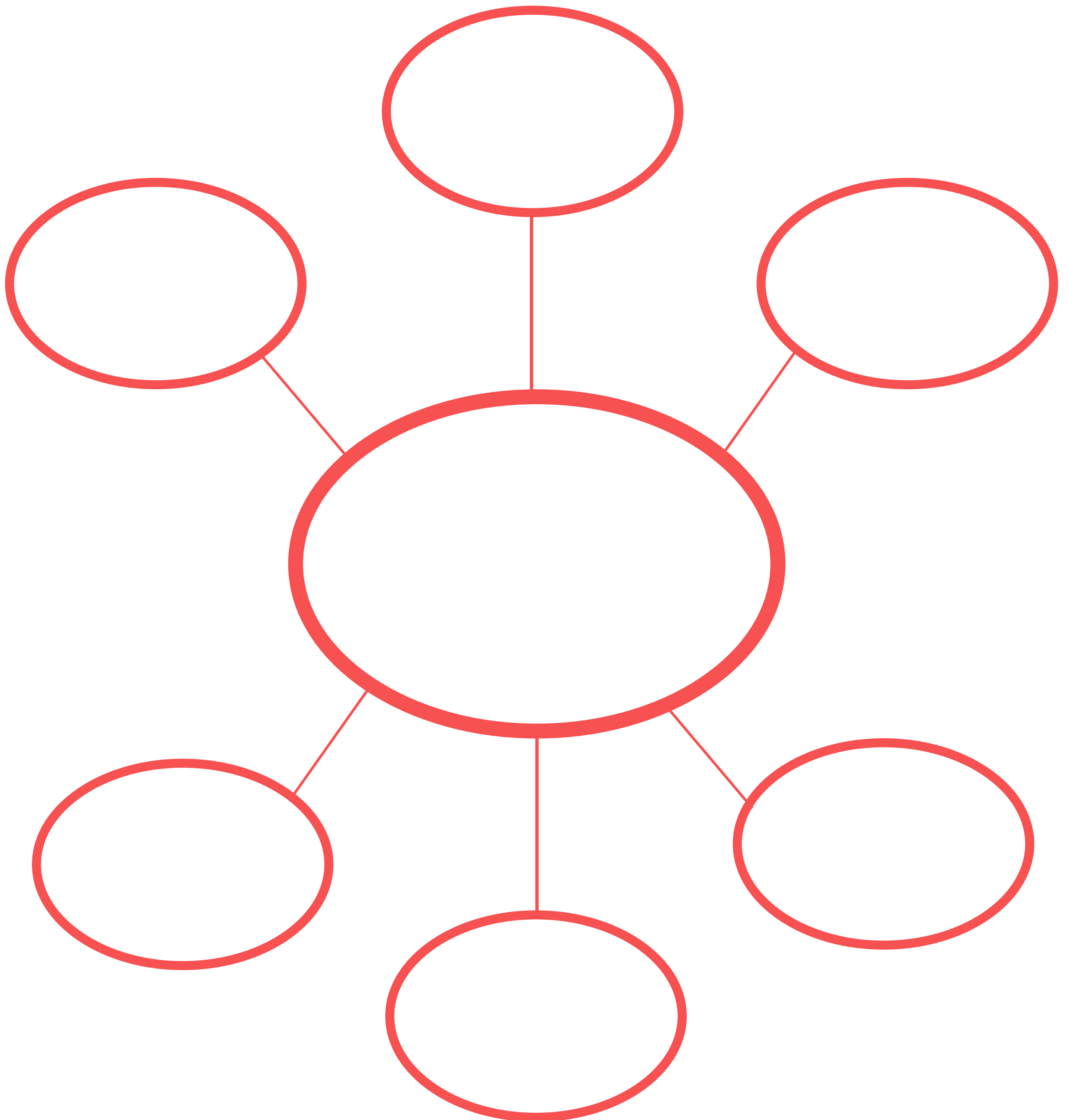
Strengths are the things you are good at or positive qualities about yourself as a person. Challenges are the things you might find difficult or things you need to work on. Make a list of your strengths and challenges in the table below.

My Strengths:

My Challenges:

Solutions Web

It can be frustrating when you have a problem that you are unsure how to solve. Using a solution web can help you figure out how to fix it. Write your problem in the middle and then all of the options you have to fix it in the surrounding boxes.



My Visual Timetable

A visual timetable can help you see at a glance what activities you have during your school day. They can also help you keep on track with tasks that you need to complete. Create your own visual timetable below for the week ahead, you could add or draw in each activity!

Monday

Tuesday

Wednesday

Morning

Afternoon

Evening

My Visual Timetable

Thursday

Friday

Weekend

Morning

Afternoon

Evening



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A multidisciplinary wraparound team supporting Families, Schools & Services



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Sources

- www.understood.org
- www.twinkl.com
- [British Dyslexia Association](http://www.britishdyslexia.org)
- www.funhousetoya.org
- www.teachthought.com