

# **POSITIVE AFFIRMATION**



## **Activities**



**BY GREAT MINDS TOGETHER**

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# Positive Affirmations

Trace the affirmations below, can you draw any pictures to match the affirmations?

I am kind

I am brave

I am smart

I am loved

# Positive Words Word Search

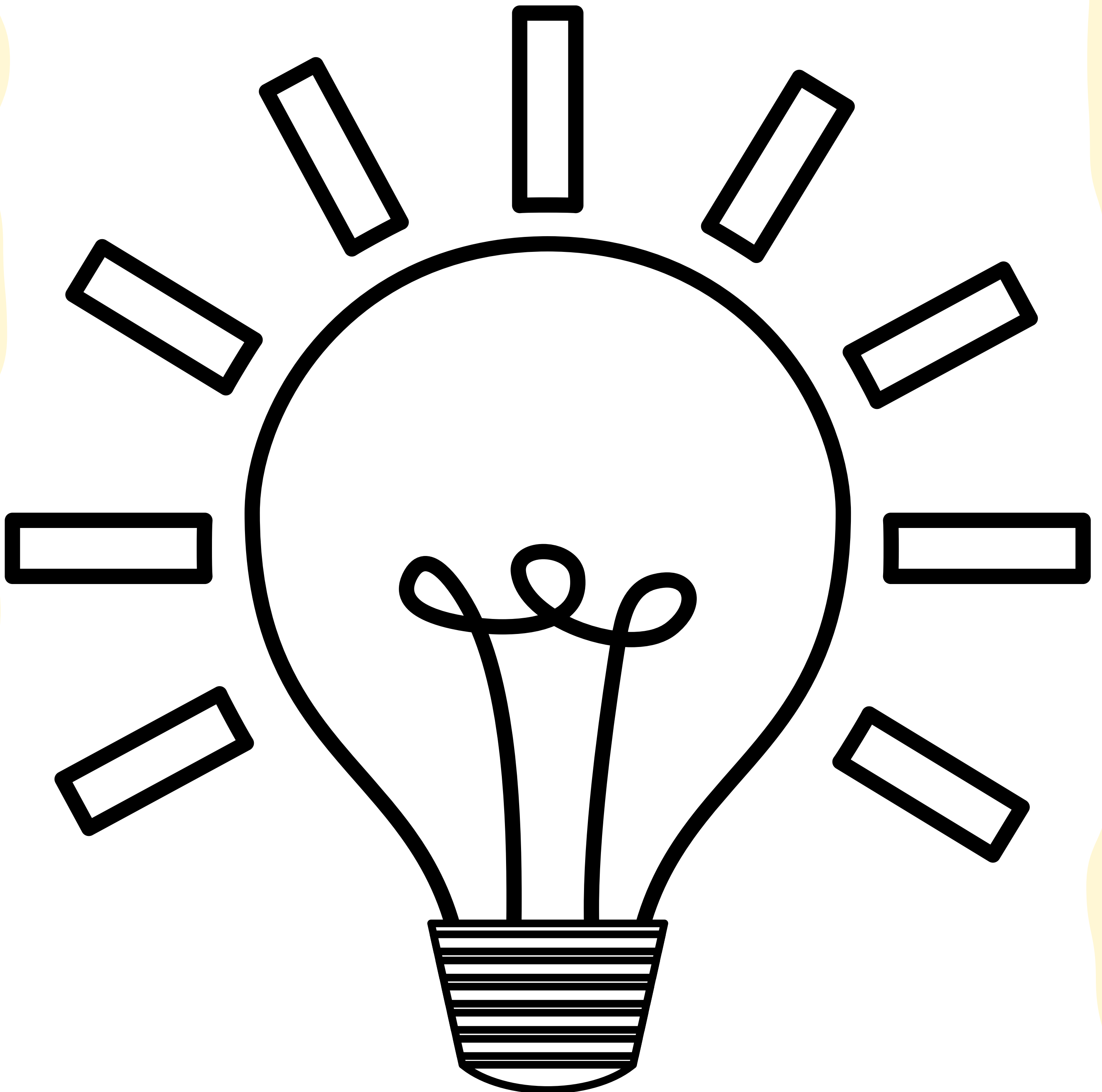
Can you find all of the positive words in the word search below?

Z	E	Y	S	A	S	R	E	H	E	A	I	L	M
T	G	E	O	R	M	E	F	I	Y	I	A	R	B
P	L	A	H	V	A	P	I	I	O	E	M	F	R
I	Y	A	I	T	R	P	A	I	I	F	A	R	A
F	G	A	V	R	T	E	N	N	P	A	Z	I	V
A	T	E	U	D	E	A	D	I	N	E	I	E	E
R	T	T	N	L	A	L	O	V	E	D	N	N	H
A	O	I	I	P	O	Z	C	H	V	N	G	D	A
K	K	Z	E	C	V	P	O	E	A	F	U	L	P
F	I	O	H	M	V	P	H	B	N	R	F	Y	P
Y	A	P	A	T	I	E	N	T	N	N	N	N	Y
N	P	B	R	E	L	A	P	O	V	G	C	O	P
E	H	O	P	E	F	U	L	D	A	I	A	D	B
N	I	C	A	P	E	A	B	L	E	V	I	M	A

Hopeful | Loved | Kind | Amazing | Friendly |  
Happy | Brave | Patient | Smart | Capable

# Positive Thoughts

Write down a positive thought/affirmation on each line around the bulb. Once you have done that, colour in the light bulb in the most creative way you can!



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