

Discover Costa Rica!



Costa Rica with Michigan Public April 17 - 25, 2025



Back by popular demand: Join **Michigan Public's Steve Carmody** for a sun-soaked Costa Rican adventure! Over 9 days, immerse yourself in a jungle paradise filled with more than 9,000 flowering plants, 800 ferns, and 850 bird species—more biodiversity than all of Europe or North America! Explore lush jungles, cloud forests, starlit beaches, and vibrant wildlife from a misty canopy bridge. Sultry breezes, tropical gardens, and colorful birds await.

Space is limited—book now!

YOUR JOURNEY

1 Night	San Jose
2 Nights	Monteverde Cloud Forest
3 Nights	Rincon de la Vieja, National Park Blue River
2 Nights	Tamarindo, Pacific Beach

JOURNEY HIGHLIGHTS

Colorful garden visits as listed in your itinerary ♦ The Monteverde Cloud Forest ♦ Hummingbird Gallery ♦ Skywalk and zip line canopy tour ♦ Wildlife viewing on the Corobici river by float trip ♦ Butterfly Gardens ♦ The stunning Pacific Coast ♦ Morning and evening bird walks ♦ A sunset cruise – sail on the Pacific Ocean ♦ Travel with kindred-spirits who love travel and learning



**EARTHBOUND
EXPEDITIONS**

Earthbound Expeditions Inc.
P.O. Box 11305, Bainbridge Island, WA 98110 USA
Tel: 206.842.9775
www.EarthboundExpeditions.com



IT'S INCLUDED!

- › Hosted by Michigan Public!
- › An expert Earthbound Expeditions guide/naturalist
- › Airport transfers included in Costa Rica
- › Eight nights of accommodation in charming hotels, comfortable cabins and lodges
(All rooms with private baths and hot showers)
- › All entrances to hot springs, gardens, cloud forests, and butterfly galleries
- › All meals included
- › Transportation from arrival to departure on board a spacious, air-conditioned motorcoach
- › Entrances to all activities and national parks as listed in your itinerary
- › Gratuities for your guides, naturalists and driver
- › Fun introductory language lessons offered by your guide
- › Complimentary refreshments

TRIP FACTS

9 days / 8 Nights

\$4,495 per person, double occupancy (land)

\$950 Single Supplement

Trip begins in San Jose on April 17, 2025 at 6pm

Trip ends in Liberia on the morning of April 25, 2025



SAVE \$200: Travel alumni save \$100 ❖ Pay by check and save \$100

NOT INCLUDED: International airline tickets, alcoholic beverages, room service and gratuities for hotel staff, travel insurance, meals not listed in brochure, and any activities or items not listed in your itinerary.





FACT

Although Costa Rica lacks an army, it claims over 830 species of birds.



Your Adventure Begins!

Day 1: April 17 – Arrive in Costa Rica

Pura Vida! Your garden adventure begins today as you arrive in San Jose. Complementary airport shuttles are included upon arrival.

Tonight, meet your veteran Earthbound Expeditions guide, Minor Alfaro and Michigan Public radio host for a welcome gathering followed by dinner. *Sleep in San Jose (D)*



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Walk amongst the trees in the Canopy of the Monteverde Cloud Forest

Day 2: April 18 – Monteverde Cloud Forest & Butterfly Gardens

Following breakfast, we'll say "adios" to San Jose and make our way to the renowned Cloud Forest of Monteverde. Our picturesque drive will take us through the Central Valley over the continental divide. Making a number of stops where the scenery is at its best, we end our drive at Monteverde itself. Due to its high altitude – some 4,662 ft above sea level – Monteverde is privileged to receive a steady supply of clouds and the life-giving moisture that they contain. This moisture, often in the form of fog, catches on the branches of the tallest trees and drips down to the other organisms below. This helps to support a complex and far-reaching ecosystem, one that harbors over 100 species of mammals, 900 species of birds, tens of thousands of insect species, and over 2,500 varieties of plants, 420 of which are orchids. After checking into our mountain lodge, we visit the Monteverde Butterfly Garden where you'll get a closer look at these fragile creatures and a few of their less lovely friends. Time permitting, we'll join your guide this evening for a sunset bird-watching walk and spend the next two nights in the midst of the Cloud Forest.

Sleep in Monteverde (B, L, D)

Day 3: April 19 – Vibrant Cloud Forests and Hummingbird Gallery

This morning, prepare for the overwhelming lushness of the Cloud Forest of Monteverde, home to numerous species of plants, birds and animals. Your guide will lead you on a walking journey through this abundant environment, pointing out the many exciting plants and animals, and keeping a keen eye out for Quetzals, considered by many to be the most beautiful bird in the world. We'll also make a quick stop at the Hummingbird Gallery to enjoy a viewing of these tiny and beautiful members of the Cloud Forest community. The afternoon is yours to explore the area of Monteverde at your own leisurely pace. Of course, you may just want to take a siesta, or relax at the lodge. *Sleep in Monteverde (B, L, D)*



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Soak in the beauty of the Blue River Resort

Day 4: April 20 – North the Blue River Hot Spring Resort

Our drive north will take us out of the Cloud Forest and through the dry grasslands of Guanacaste province. En route we'll stop to enjoy a relaxing float trip on the Corobicí River. After, enjoy an included lunch.

The adventure continues as we make our way to the Blue River thermal resort.

Our lodge tonight is located near Rincon de la Vieja, an active volcano. Called the "Yellowstone of Costa Rica," Rincon de la Vieja boasts geysers, bubbling mud pots and mineral hot springs, virgin forest and countless species of birds, monkeys and other wildlife. For the next two days you'll enjoy early morning nature walks, bubbling thermal pools, horseback riding and, for the more adventurous at heart, zip-lining, inner tubing and canyoning. *Sleep at the Blue River Resort (B, L, D)*

Days 5 & 6: April 21 and 22: Thermal Hot Springs & Rich Flora and Fauna

The Blue River Resort and Hot Springs in Costa Rica's mountain rainforest offers many activities, including:

Pools: The resort has four hot spring pools, one freshwater pool with a water slide, and pools with waterfalls.

Spa: The resort has a spa and wellness center with natural sauna, mud baths, and spa treatments.

Botanical gardens: The resort has botanical gardens.

Eco-tours: The resort offers many nearby eco-tours, including horseback riding to waterfalls and blue volcanic rivers, nature walks, volcano hikes, and zip-lining. Breakfast, lunch and dinner are included at the Blue River each day.

Sleep at the Blue River (B, L, D)



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Enjoy a sunset cruise-sail on the Pacific Ocean

Day 7: April 23 - Tamarindo Beach, the stunning Pacific Coast

This morning we head southwest to the Pacific beach in Guanacaste. Enjoy an evening swim or beach walk followed by dinner.

Note: The Nicoya Peninsula in Costa Rica is a **Blue Zone**, a community where people live longer than average. The area was first identified as a Blue Zone in 2000 and is known for its beaches, forests, and healthy lifestyle. The average life expectancy in Nicoya is 80 years, and some residents live past 100. The area's centenarian rate is 10 times higher than the United States. *Sleep near Tamarindo Beach (B, L, D)*

Days 8: April 24 - A Day of Relaxation & an Afternoon Sunset Cruise

Agenda today? Lounge in a hammock and soak up Costa Rica's beauty, or join our naturalist for beachside nature walks. Feeling adventurous? Go hiking or hit the waves with a sailing and snorkeling trip. Enjoy an included sunset cruise. Followed by a farewell dinner with your hosts and guide.

P.S. Spontaneous beach parties might just pop up—pura vida! *Sleep near Tamarindo Beach (B, L, D)*

Day 9: April 25 - Transfer to Liberia, Costa Rica

After breakfast, we'll transfer to the airport in Liberia. Most flights to the US depart in the early afternoon. *(B) Buen viaje!*

RESERVATIONS & QUESTIONS

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Gardens & Parks Visited

Monteverde Cloud Forest

It is the most famous cloud forest reserve in the world and one of the most important protected areas in Costa Rica. It is visited by nature lovers from various countries desiring to enjoy, appreciate and study the abundant biodiversity of its ecosystems. Monteverde Cloud Forest Biological Reserve (MCFBR) is fully owned by TSC, a Costa Rican non-profit scientific and educational association established in 1962. The Reserve has received well-deserved international recognition as one of the most outstanding wildlife sanctuaries in the New World tropics. Located strategically on both sides of the continental divide in northeastern Costa Rica, the Reserve covers both watersheds, Caribbean and Pacific.

Monteverde Butterfly Gardens

The Monteverde Butterfly Garden – known locally as the Mariposario – is one of Monteverde's most visited attractions. Situated in Cerro Plano, which lies between the town of Santa Elena and the Monteverde Reserve, the Butterfly Garden is comprised of four climate-controlled butterfly gardens, a medicinal plant garden, a biodiversity center, and a live leafcutter ant colony. Here visitors can observe some of the most fascinating and beautiful insects in all of the tropics.

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Know Before You Go!

Reservations and Deposits: A \$1,000 per person deposit is needed to confirm your space on this journey. You can make a credit card deposit online or by phone. Once the deposit is processed, a deposit packet is emailed with pertinent journey details. Deposits are refundable, minus a \$250 per person cancellation fee, for 60 days from the processing date or until 90 days prior to departure, whichever comes first. Deposits made 90 days prior to a trip departing are not refundable. Final payment is also non-refundable, which is why we strongly urge guests to purchase travel insurance.

Not Included: International airline tickets, alcoholic beverages, room service and gratuities for hotel staff, travel insurance, meals not listed in brochure, and any activities or items not listed in your itinerary.

Dress: Keep it casual. With the exception of the San Jose metro area, Costa Rica is an extremely casual country. Comfortable tops, shorts, and sandals are all acceptable. Hiking boots or sturdy sneakers, raincoat or light waterproof jacket, sun hat, sun glasses, and bathing suit, are all recommended. A suggested packing list will be included in your deposit packet.

Physical Requirements: It is the responsibility of each guest to be aware of their physical abilities or limitations and to be in sufficient good health to undertake the trip. [Click here](#) to read “Is an Earthbound trip right for you?” or call the Earthbound office for more details.

Travel Insurance: Earthbound Expeditions strongly encourages the purchase of travel insurance coverage. We include information on trip insurance in your deposit information.

Events and Hosted Journeys: If a planned event is cancelled for any reason, another event will be included in its place. This is not cause for refund. Events are subject to change. Also, if a host or special guest is unable to attend as planned, Earthbound Expeditions will do its utmost to find another host who has similar interests, talents, and expertise. The inability of a host to participate in a tour is not grounds for a full or partial refund.

Terms & Conditions: Click [here](#) to read the full terms and conditions.



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