

FLAVORS OF MEXICO CITY

with Sunday Baroque host
Suzanne Bona

January 17 – 23, 2026





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¡Hola, Public Radio Supporters!

In January 2026, I am thrilled to invite you on an unforgettable adventure to Mexico City with me, Suzanne Bona! This journey will immerse us in the city's vibrant arts, culinary wonders, and rich music scene.

Together, we'll delve into Mexico City's remarkable history and culture, exploring highlights like the iconic National Museum of Anthropology and the enchanting Museo Frida Kahlo. From Diego Rivera's famous mural, The History of Mexico, to the ancient pyramids of Teotihuacan, this trip promises awe-inspiring experiences. Along the way, we'll savor local flavors - think street tacos and tequila - and wander through bustling markets, soaking in the city's energy and charm.

Space is limited, so don't wait to secure your spot!

I look forward to discovering Mexico City with you in 2026!

Suzanne Bona
Host of Sunday Baroque



**EARTHBOUND
EXPEDITIONS**

Earthbound Expeditions Inc.
P.O. Box 11305, Bainbridge Island,
WA 98110 USA T. 206.842.9775
www.EarthboundExpeditions.com



Your Journey Begins!

Day 1: Saturday, January 17 – Arrival Day

Arrive in Mexico City, where the sun's warmth invites relaxation and the vibrant energy revitalizes your spirit. Meet your travel companions for an orientation and welcome dinner with your hosts and your Earthbound guides.



Day 2: Sunday, January 18 – Centro Historico

Explore the vibrant Centro Historico, Mexico City's cultural heart. Visit the Zócalo, home to historical landmarks like the Metropolitan Cathedral and National Palace with Diego Rivera's murals. Discover the Templo Mayor ruins and Casa de Los Azulejos. Marvel at the Postal Palace and Palacio de Bella Artes. Enjoy dinner and drinks.

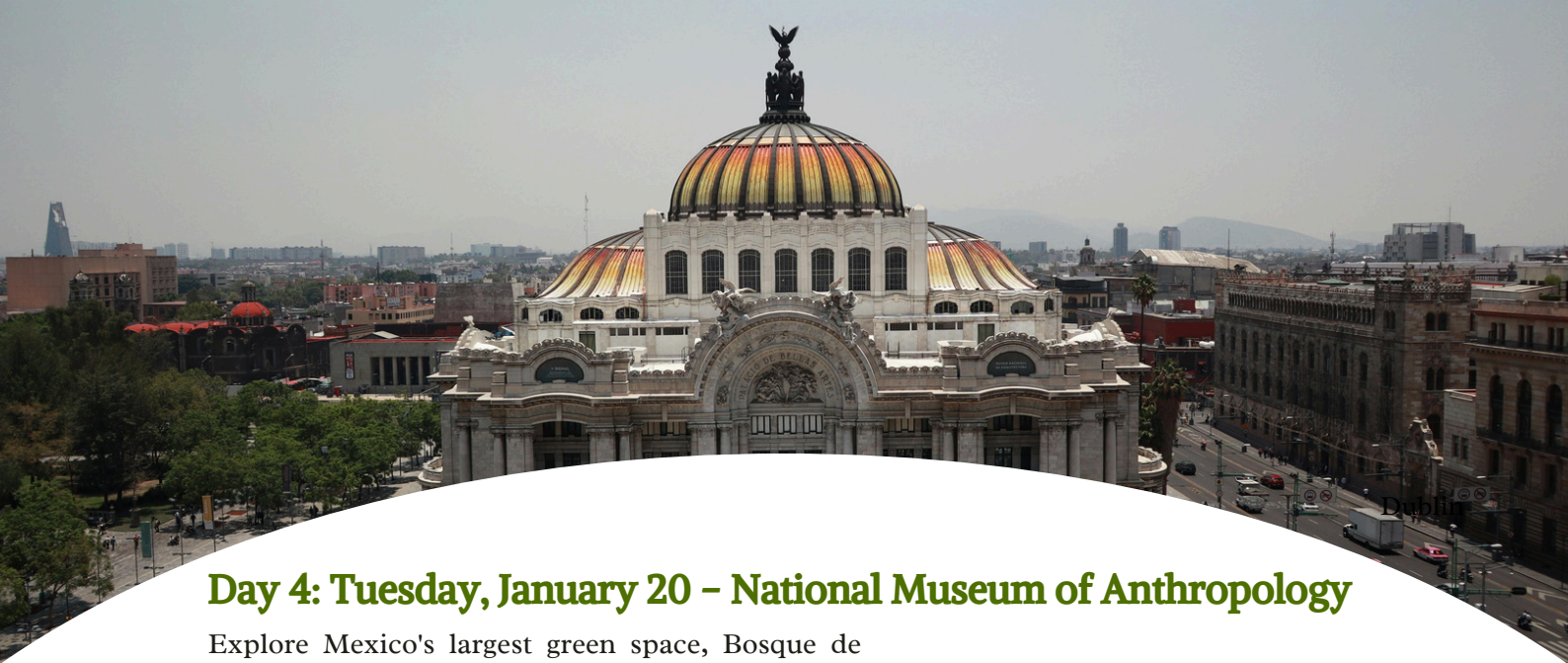
Day 3: Monday, January 19 – Floating Gardens of Xochimilco

Start with a sensory adventure at Mercado Merced, discovering key Mexican ingredients. Then, cruise the vibrant Xochimilco canals, remnants of Aztec waterways, aboard a festive trajinera boat. Enjoy micheladas, snacks, and mariachi music. Return to the hotel to relax before a delightful garden dinner.



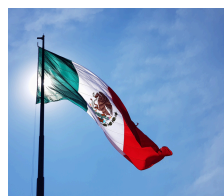
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Day 4: Tuesday, January 20 – National Museum of Anthropology

Explore Mexico's largest green space, Bosque de Chapultepec, home to museums, historic sites, and stunning views. Visit the Museo Nacional de Antropología, then enjoy a hot air balloon ride over ancient pyramids. In Coyoacán, visit the Frida Kahlo Museum, and savor a local food tour with tacos and mezcal.



Day 5: Wednesday, January 21 – The Ancient City of Teotihuacan

Depart early for Teotihuacan, home to massive pyramids. Experience a breathtaking hot air balloon ride at sunrise over the Pirámide del Sol and Pirámide de la Luna. After landing, enjoy a champagne toast and breakfast, then explore the ancient site on foot, learning about its mysterious builders.



Day 6: Thursday, January 22 – The Murals of Diego Rivera

The murals at Mexico City's Secretaría de Educación Pública, painted by Diego Rivera from 1923-1928, showcase vibrant market scenes, labor, and national pride. Over 100 panels celebrate Mexico's festivals, industries, and people, while addressing themes of nation-building, indigenismo, modernization, and socialist politics, defining the Mexican Mural Renaissance.



Day 7: Friday, January 23 – Return home with a lifetime of memories!

Your journey concludes after breakfast. Transfers are included this morning to the Mexico City airport.



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IT'S INCLUDED

- With Sunday Baroque host, Suzanne Bona
- Private airport transfers in Mexico, on arrival and departure days
- Six nights at the historic 5-star Hotel Geneve Mexico City
- Daily excursions with local experts
- Tickets to the celebrated Ballet Folklórico de México
- A private performance with talented classically trained artists
- Transport by air-conditioned minivans throughout
- Private tour of the Anthropology Museum
- An morning devoted to studying the lives and legacies of the artists, Frida Kahlo and Diego Rivera
- An in-depth tour of the historic Zócalo, the National Palace, the Metropolitan Cathedral, and other buildings of historical and architectural importance
- Hot air ballooning to see the sunrise over the ancient pyramids of Teotihuacan
- Breakfast daily, plus eight meals, highlighting the flavors of Mexico!
- Travel with kindred souls who share your love for learning and good food

Where you will stay: The 5 Star Hotel Geneve Mexico City

Since 1907, Hotel Geneve has blended European elegance with avant-garde design and exceptional service. Located in the heart of Zona Rosa, just minutes from Paseo de la Reforma, it has hosted legendary guests from Churchill to Malala. Known as a “Hotel Museum,” it features antique décor, a unique Telephone Museum, the lush Veranda Bistro, a secret Quiet Garden, and the London-inspired Phone Bar. Guests enjoy refined comfort, rich history, and warm hospitality in one of Mexico City’s most iconic hotels.

TRIP FACTS

- 7 Days / 6 Nights (land)
- \$4,450 per person double occupancy
- \$995 single supplement (waived if a roommate is found)
- Trip begins: January 17, 2026 at 6pm
- Trip ends: January 23, 2026 after breakfast

WAYS TO SAVE

- Sunday Baroque and Earthbound Alumni save \$100
- Pay your final balance by check and save \$100
- Sign up before October 1st and save \$100



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SUNDAY *Baroque* with Suzanne Bona

Meet Your Host!

Suzanne Bona is the host and executive producer of Sunday Baroque, a syndicated weekly radio show of Baroque and early music. She originated the program in 1987 on WSHU Public Radio in her hometown of Fairfield, CT. Sunday Baroque has been distributed nationally since 1998, and is currently heard by approximately a half million listeners every week on 279 public radio stations and networks across the U.S., and across the world at www.SundayBaroque.org. Suzanne is also a classically trained flutist who earned her Bachelor of Music degree from The University of Connecticut. She continues to perform frequently as a soloist and chamber musician, and has especially enjoyed collaborating with some of her musically talented public radio colleagues in performances for listeners across the country. When she is not making radio, playing her flute, or traveling the world, Suzanne's hobbies include reading, running, cooking, and baking. She is also passionate about the cause of literacy, and has for decades been a volunteer tutor and board member for several organizations that advocate for literacy. Suzanne believes that travel, music and reading are among life's most transformational experiences.

Know Before You Go

RESERVATIONS AND DEPOSITS

A \$1000 per person deposit is required to confirm your space on this journey. Deposits can be made via credit card or by calling the Earthbound office at 206-842-9775.

Deposits are refundable, minus a \$250 per person cancellation fee, for 60 days from the processing date or until 90 days prior to departure, whichever comes first. Deposits made 90 days prior to a trip departing are not refundable. Final payment is also non-refundable, which is why we strongly urge guests to purchase travel insurance.

NOT INCLUDED

Airfare, baggage fees, travel insurance, room or mini-bar service, items of a personal nature and any items not mentioned in this itinerary.

PHYSICAL REQUIREMENTS

It is the responsibility of each guest to be aware of their physical abilities or limitations and to be in sufficient good health to undertake the trip. Click [here](#) to read

"Is an Earthbound trip right for you?" or call the Earthbound office for more details.

TRAVEL INSURANCE

Earthbound Expeditions strongly encourages the purchase of travel insurance coverage. We include information on trip insurance in your deposit information.

EVENTS AND HOSTED JOURNEYS

If a planned event is cancelled for any reason, another event will be included in its place. This is not cause for refund. Events are subject to change. Also, if a host or special guest is unable to attend as planned, Earthbound Expeditions will do its utmost to find another host who has similar interests, talents, and expertise. The inability of a host to participate in a tour is not grounds for a full or partial refund.

TERMS & CONDITIONS

[Click here to read the full Terms and Conditions](#)



RESERVATIONS & QUESTIONS

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