

# EXPLORE SCANDINAVIA



**Featuring Classical Music, Nature & History!**  
**August 4 – 15, 2024**



Join **Suzanne Bona** of **Sunday Baroque** and fellow classical music lovers as she hosts her ninth adventure with Earthbound Expeditions. Experience the Nordic world of fjords, castles, glaciers, and the legacy of the Vikings on this adventure to Scandinavia. Travel by train, ferry, and coach through Sweden, Denmark, and Norway. Ride one of the world's most scenic railway line to Bergen, tour Danish castles and palaces, and attend the **Oslo & Copenhagen Classical Music Festival!** To top it off you'll be treated to a performance at the Edvard Grieg festival in Bergen. Our 12-day classical Scandinavia journey has it all!

## TRIP AT A GLANCE

- 3 Nights Stockholm, Sweden
- 3 Nights Copenhagen, Denmark
- 1 Overnight ferry ride to Oslo, Norway
- 2 Nights Oslo, Norway
- 2 Nights Bergen, Norway



**EARTHBOUND  
EXPEDITIONS**

Earthbound Expeditions Inc.  
P.O. Box 11305, Bainbridge Island, WA 98110 USA  
T. 800.723.8454 / T. 206.842.9775 / F. 206.238.8480  
[www.EarthboundExpeditions.com](http://www.EarthboundExpeditions.com)

## JOURNEY HIGHLIGHTS

Tickets to the Oslo and Copenhagen Classical Music Festival ❖ A concert in the home of Edvard Grieg Music ❖ The awe-inspiring scenic rail journey from Oslo to Bergen ❖ Traditional dining experiences ❖ Viking Church of Bergen ❖ Backstage tours of the Oslo Opera House & The Drotningholm Opera ❖ A fjord cruise in Norway ❖ Travel with like-minded classical music enthusiasts and supporters of public radio and Sunday Baroque!

## IT'S INCLUDED

- ❖ With Sunday Baroque host Suzanne Bona
- ❖ Fully guided by an expert Earthbound Expeditions guide
- ❖ Walks with knowledgeable fascinating local guides
- ❖ Tickets to the Oslo & Copenhagen Classical Music Festivals!
- ❖ Transport by private air-conditioned motor coach
- ❖ 10 nights in selected, centrally located, four-star hotels
- ❖ Overnight ferry, outside facing cabins from Copenhagen to Oslo
- ❖ All breakfasts, plus 11 additional meals featuring regional specialties
- ❖ Scenic train from Oslo to Bergen
- ❖ The Copenhagen classical music festival and Grieg home museum concert

## TRIP FACTS

12 Days/ 11 Nights (*not including air travel*)

\$5,975 per person, double occupancy

\$1,975 single supplement (*waived if willing to share & roommate is found*)

Trip begins: August 4, 2024 in Stockholm, Sweden

Trip ends: August 15, 2024 in Bergen, Norway after breakfast

## WAYS TO SAVE \$300

Pay your final balance by check and save \$100 \* Reserve your space by March 1, 2024 and save \$100 \* Sunday Baroque and Earthbound travel alumni save \$100

**RESERVATIONS & QUESTIONS:** Reserve online or, telephone the friendly Earthbound Expeditions team at: 206-842-9775 or email:

[info@earthboundexpeditions.com](mailto:info@earthboundexpeditions.com)







Visit the Royal Palace, Stockholm

## Your Classical Music Journey Begins!

### Day 0: Saturday, August 3 - Depart the US for Stockholm

Remember you'll need to depart no later than today.

### Day 1: Sunday, August 4 - Välkommen till Sverige! Welcome to Sweden!

Plan to meet your Sunday Baroque host, Suzanne Bona, your guide, and fellow travelers this evening at the group hotel in Stockholm. Enjoy a traditional Swedish welcome dinner and orientation this evening. *Sleep in Stockholm (D)*

### Day 2: Monday, August 5 - Discover Stockholm!

After breakfast, begin your discovery of Sweden's capital with a guided visit to the impressive **City Hall**, where the annual Nobel Prize festivities take place. Tour the Vasa Museum, featuring the impressive **Vasa ship**, an ornate royal warship that sank in Stockholm's harbor following its launch in 1628. With your free afternoon, you may want to take a canal tour or stroll the cobbled streets of medieval Gamla Stan (Old Town). *Sleep in Stockholm (B, L)*



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*Stroll through Copenhagen's colorful old harbor*

**Day 3: Tuesday, August 6 - Drottningholm Royal Palace and Opera House Tour**

Drottningholm Palace is on UNESCO's World Heritage list. It is the most well-preserved royal castle built in the 1600s in Sweden and at the same time is representative of all European architecture for the period. The opera theatre was built in 1766 for Queen Lovisa Ulrika, and is one of the best preserved theatres from this time in the world. You'll also be treated to a relaxing boat cruise this afternoon. *Sleep in Stockholm (B, L)*

**Day 4: Wednesday, August 7 - From Sweden to wonderful, wonderful Copenhagen**

Depart Stockholm for Copenhagen today. You'll arrive just in time to stroll through the old harbor. Stretch your legs and enjoy a short stroll along the waterfront to view the Little Mermaid sculpture and the Amalienborg Palace before dinner. This evening enjoy a "Welcome to Denmark" dinner together. *Sleep in Copenhagen (B, D)*



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*You have tickets to the Oslo & Copenhagen Summer Festivals!*

**Day 5: Thursday, August 8 - Explore charming Copenhagen**

This morning you are invited to join a knowledgeable local guide for a fascinating walk through the old alleyways of Copenhagen. We'll visit the city's charming harbor of Nyhavn and stroll down the Stroget, Copenhagen's main pedestrian avenue.

Our walking tour of the old town center will end right before lunch and your local guides will be available to offer you lunch restaurant suggestions as well as ideas for how to spend your free afternoon. This evening you have tickets to the Copenhagen classical music festival. *Sleep in Copenhagen (B, L)*

**Day 6: Friday, August 9 - Towering royal castles & the Danish Riviera**

Today we journey to North Sealand, filled with quaint villages, historic palaces, lovely lakes, and dense forests. We'll visit 17th-century Frederiksborg Castle, built by Christian IV in Danish Renaissance style. Stop to admire Hamel's castle in Helsingor. Then, savor regional fare at local restaurant and drive the Yellow Roads along the "Danish Riviera" back to Copenhagen. This evening you have tickets to the Copenhagen classical music festival. *Sleep in Copenhagen (B, L)*

**Day 7: Saturday, August 10: Copenhagen and an afternoon ferry to Norway**

Sleep in and rest up, or enjoy a morning explore Copenhagen. Rent a bike, visit a market or museum. The morning is yours to do as you please. At 1pm plan to meet your guide and fellow travelers and depart your hotel for the Danish ferry terminal. Once on board, enjoy the fresh air and an included dinner.

*Sleep on board in a cozy cabin. (B, D)*



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*Discover historic Bergen!*

**Day 8: Sunday, August 11 - Welcome to Oslo!**

Enjoy awe-inspiring scenery as you cruise up Oslo Fjord. Upon arrival in Norway's capital city, we'll have a private tour of Oslo's highlights, including the renowned Oslo Opera House. You'll also have time to see the Vigeland Sculpture Park, with its 212 life-sized sculptures by Norwegian sculptor Gustav Vigeland, who devoted his career to the project. *Sleep in Oslo (B, L)*

**Day 9: Monday, August 12 - Free day in Oslo and the opera house**

Enjoy free time this morning to enjoy the many sights of Oslo. We suggest a visit to the Fram Polar Ship Museum or the Edvard Munch Museum. This afternoon meet your fellow travelers for an exclusive tour of the Norwegian National Opera House. This evening you have tickets to the Oslo classical music festival. *Sleep in Oslo (B, L)*

**Day 10: Tuesday, August 13 - A Scenic Train to Bergen and the Grieg Music Festival:**



Today we travel west past the gorgeous fjords and mountains – aboard the Oslo to Bergen scenic train. Bergen is located on the Byfjord and is famous for its ancient harbor and open-air fish market. Your hotel is located right on the harbor in the city's old wharf district, featuring traditional wooden buildings and a medieval atmosphere. Founded in 1070 during the days of the Hanseatic League, it is one of the oldest large trading ports in Northern Europe and a UNESCO World Heritage Site. Upon arrival in Bergen, we'll tour the home of Edward Grieg and enjoy a concert. *Sleep in Bergen (B, L)*



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*Enjoy a half-day cruise to the fjords of Norway.*

### **Day 11: Wednesday, August 14 - The Fjords of Norway**

Today, sailing out from the city center gives us a great view of Bryggen in Bergen, which is on UNESCO's world heritage list. From there, we sail through magnificent scenery in the Osterfjord towards Modalen, Norway's second smallest municipality. The crew takes us safely through powerful currents of the shallow and narrow Mostraumen straits. The further into the fjord we venture, the steeper and more powerful the mountain landscape becomes, and we pass several waterfalls along the way. The captain steers the boat so close to one of these waterfalls that you risk feeling its refreshing mist!

The beautiful fjord landscape is rich in bird and animal life, and, with a little luck, we might see seals sunbathing on the rocky shore or even eagles soaring over us.

Return to Bergen and enjoy a farewell feast. *Sleep in Bergen (B, D)*

### **Day 12: Thursday, August 15 - Return Home with a Lifetime of Memories!**

Your Scandinavia tour ends after breakfast in Bergen, Norway. Note: You may wish to stay on and further explore the fjords and enjoy the beauty of Norway. There is so much here to do and see!

*– Itinerary Details Subject to Change –*



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## Meet Your Host!



### About Your *Sunday Baroque* host Suzanne Bona

**Suzanne Bona** is the host and executive producer of *Sunday Baroque*, a syndicated weekly radio show of Baroque and early music. She originated the program in 1987 on WSHU Public Radio in her hometown of Fairfield, CT. *Sunday Baroque* has been distributed nationally since 1998, and is currently heard by more than a quarter million listeners every week on approximately 240 public radio stations and networks across the United States, and across the world at [www.SundayBaroque.org](http://www.SundayBaroque.org).

Suzanne is also a classically trained flutist who earned a Bachelor of Music degree from The University of Connecticut. She continues to perform frequently as a soloist and chamber musician and has especially enjoyed collaborating with some of her musically talented public radio colleagues in performances for listeners across the country. When she is not making radio, playing her flute, or traveling the world, Suzanne's hobbies include reading, running, cooking, and baking. She is also passionate about the cause of literacy; she was a longtime volunteer tutor and board member for her local Literacy Council and was a community advisory board member for a children's literacy initiative. Suzanne believes that travel, music and reading are among life's most transformational experiences.

## Reservations & Questions

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# Know Before You Go!

**Reservations and Deposits:** A \$500 per person deposit is needed to confirm your space on this journey. You can make a credit card deposit online or by phone. Once the deposit is processed, a deposit packet is emailed with pertinent journey details. Deposits are refundable, minus a \$150 per person cancellation fee, for 60 days from the processing date or 90 days prior to departure, whichever comes first. Deposits made 90 days prior to a trip departing are not refundable. Final payment is also non-refundable which is why we strongly urge guests to purchase travel insurance. Questions? Call our helpful travel staff at 800-723-8454.

**Not Included:** International airline tickets, alcoholic beverages, room and mini-bar service and gratuities for hotel staff, travel insurance, meals not listed in brochure, and any activities or items not listed in your itinerary.

**Physical Requirements:** In order to make the most of your custom journey and join all included activities, you should be able to walk at a moderate pace, independently for two to three miles, often over uneven cobblestones and be able to stand for a period of time during walking or museum tours or visits to other sights. Naturally, you may always choose to opt out of an activity and enjoy the sites while sipping a tea or coffee in a café or, hire a taxi, at your own expense to get you to the next attraction. Some museums may not have an elevator which means that to participate, you'll need to climb a few stairs. Most importantly, you'll need to be able to maneuver your luggage through train stations, ferry terminals and airports.

**Travel Insurance:** Earthbound Expeditions strongly encourages the purchase of travel insurance coverage. We include information on trip insurance in your deposit information.

**Events and Hosted Journeys:** If a planned event is cancelled for any reason, another event will be included in its place. This is not cause for refund. Events are subject to change. Also, if a host or special guest is unable to attend as planned, Earthbound Expeditions will do its utmost to find another host who has similar interests, talents, and expertise. The inability of a host to participate in a tour is not grounds for a full or partial refund.

**Terms & Conditions:** Click [here](#) to read the full terms and conditions.



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