

Title: Surf Soup TV Moon Day and the Double-Headed Dragon  
Sub-title: Harvest Moon Mid- Autumn Festival Adventure  
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## Moon Day Reader's Guide

Welcome to Moon Day!

Get ready to dive into an exciting adventure with Koa and his friends as they celebrate Moon Day and learn all about the Mid-Autumn Festival! This guide will help you explore the book's themes, engage in fun activities, and discover fascinating facts about Moon Day.

### \*\* 1. Moon Day Adventure Checklist

#### 1. Read the Book:

Start by reading Surf Soup TV: Moon Day and the Double-Headed Dragon. Discover Koa's exciting journey and the magical Moon Day celebrations.

#### 2. Explore Moon Day Traditions:

Learn about the Mid-Autumn Festival traditions mentioned in the book. Look for the different customs, foods, and decorations.

#### 2. Fun Activities

##### 1. Create Your Own Mooncake:

Ingredients:

1 cup of lotus seed paste or red bean paste

1/2 cup of salted egg yolks (optional)

Mooncake molds (or use a cupcake tin)

Instructions:

Take a small piece of mooncake dough and flatten it into a disk.

Place a spoonful of lotus seed paste or red bean paste in the center.

Add a salted egg yolk if desired.

Fold the dough around the filling and press it into the mold.

Chill in the refrigerator for a few hours before enjoying your homemade mooncakes!

2. Make Lanterns:

Materials:

Colored paper or construction paper

Scissors

Glue or tape

String or ribbon

Instructions:

Cut a piece of paper into a rectangle.

Fold the paper in half lengthwise.

Cut slits along the folded edge, leaving about 1 inch uncut at the top and bottom.

Unfold the paper and roll it into a cylinder, securing the ends with glue or tape.

Add a handle with a strip of paper or ribbon.

3. Dragon Dance:

Materials:

A large sheet of red paper

Markers or crayons

Sticks or straws

Instructions:

Draw or color a dragon face on the red paper.

Cut out the dragon face and attach it to a stick or straw.

Perform a dragon dance by waving the dragon face around to celebrate Moon Day!

3. History and STEAM Exploration

1. Learn About the Mid-Autumn Festival:

The Mid-Autumn Festival is celebrated in many Asian countries and is also known as the Moon Festival. It marks the harvest season and the full moon, symbolizing family reunions and gratitude.

## 2. Fun Facts:

Did you know the full moon during the Mid-Autumn Festival is sometimes called the Harvest Moon?

The festival often includes storytelling about ancient legends, including the tale of Chang'e, the Moon Goddess.

## 3. Science Experiment: Create Your Own Moon Phases:

### Materials:

A flashlight

A small ball (representing the Moon)

A larger ball (representing the Earth)

### Instructions:

Place the larger ball in the center of the room to represent the Earth.

Shine the flashlight on the smaller ball to represent the Sun.

Move the smaller ball around the larger ball to see how the moon phases change based on its position relative to the Sun.

## 4. Storytelling and Imagination

### 1. Write Your Own Moon Day Story:

Imagine you are part of Koa's adventure. What magical creatures or events would you encounter on Moon Day?

Write a short story or draw pictures of your Moon Day adventure.

### 2. Share Your Moon Day Adventure:

Share your mooncake creations, lanterns, and dragon dances with friends or family. Tell them about the Mid-Autumn Festival and the exciting adventures from Surf Soup TV.

## 5. Reflection and Gratitude

### 1. Gratitude Activity:

Write or draw about something you are thankful for and share it with someone special. Reflect on how the Mid-Autumn Festival is a time to express gratitude and appreciate the people around you.

Enjoy your Moon Day celebration, and remember that every moment under the Harvest Moon is a chance to learn, have fun, and celebrate togetherness