



Sick Child Policy & Food Policy



Sick Child Policy

We have developed a list to assist the parents' decision in whether your child should be in Kid's Club. Please keep in mind if there are sick employees, Kids Club will be closed until the staff is healthy.

- 1) If your child has a temperature over 102 degrees and exhibits behavior changes or other signs that your child does not feel well enough to participate comfortably in the daily activities. **All children from 1 year to 12 years old with a temperature of 101, or higher, should seek medical attention.** Please keep your child home until his/her behavior returns to normal.
- 2) If your child has had diarrhea in the past 24 hours, keep your child at home until the child has been diarrhea-free for 24 hours or stools are formed enough that they are contained in the diaper. Potty-trained children should be accident-free for one day.
- 3) If your child is vomiting, please keep your child home for up to 24 hours after the vomiting has ended.
- 4) If your child has a runny nose, fever and/or coughing. Please keep your child home until the child is feeling better and fever/cough-free. Young children do not realize coughing spreads the cold.
- 5) If your child is experiencing itchy, watery eyes (often symptoms of pink eye), please keep your child home until the condition has been evaluated and treatment has begun.
- 6) If your child exhibits an unexplained skin rash, please keep your child home until the condition has been evaluated and treated.
- 7) As parents, use your best judgement in determining your child's health. Please take your child seriously when he/she says they are not feeling well.

You, as the parents, are ultimately responsible for determining your child's ability to actively participate in Kid's Club. While we sympathize with the needs of each parent and their child, we must provide a healthy environment for the other children in the center and staff.

We have instituted this policy based on the wishes and opinions of our parents to avoid any confusion over the health and wellbeing of our children. The Kid's Club appreciates your compliance with our Sick Child Policy. As always, feel free to call if you are uncertain about your child's condition. As a general rule, if your child is not up to par due to illness, please keep your child at home.

Food Policy

We understand your little ones enjoy their snacks just like we do! All we ask is that you try your best to follow our guidelines to better

Snacks must be:

- mess-free
- nut-free
- nut butter free

Approved snacks:

- goldfish / crackers
- cheerios / dry cereals
- string cheese
- granola bars
- sliced mess-free fruits/veggies, etc.

We ask that you do not bring any snacks or food items that may stain or sour.

As always, we appreciate everyone's full cooperation in making Kids Club a safe and fun environment for everyone!!

Please sign below to assure your understanding of everything listed above.

Parent/Guardian Signature: _____ **Date:** _____

Printed Name: _____

CLCA Representative: _____ **Date:** _____