

2024-2025

WINTER NEWSLETTER

Cambridge Lakes COMMUNITY ASSOCIATION

Ahh... Winter, a favorite time of year for many. The smell of fresh baked goods filling the air. The festive lights and decorations make the community sparkle! Where puddles become skating rinks, and the feeling of home fills the heart. "It's the most wonderful time of the year!"

We thank you for taking the time to read this addition of your quarterly newsletter and hope you find it useful. Inside you'll see winter tips, information on upcoming events, holiday hours and much more! Don't forget to stop in the Community Center and submit your entry for the Holiday Ham Raffle. We are taking entries until December 15th so hurry over!

I am so thankful to have spent another season at beautiful Cambridge Lakes as your Community Association Manager.

Wishing you & yours all the warmest wishes this holiday season, and always! Cheers!

Best wishes for the New Year!
Your Manager, Natalie Suarez



2025

Board Elections

Thinking about how you can get more involved in your community? Consider running for a spot on the HOA Board of Directors. Our elections are in February, so now is the time to start thinking and preparing! If you would like to find out more information about serving on the Board, the staff at Cambridge Lakes would be more than happy to get you the correct information and documents. Contact Natalie at:

natalie.suarez@mycambridgelakes.com
for more information!



3-7

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By
JEFF
KEANE

"I wish summer would hurry up
and get here. It's a lot less work
to go out and play."

Hi Neighbors!

I hope your holidays were happy and fun. It's time to celebrate 2025! Check out our Cambridge Lakes website for exercise, activities, and events:



<https://mycambridgelakes.com>. It is so easy to sign up now with online registration. Just create an account and find events you are interested in.

We had a beautiful fall, and our landscaping color was exquisite! We took a golf cart ride throughout the community in fall and spring to find where replacement trees and plants are needed. Yellowstone is in the process of mapping out our entire community (for free!) with the location and names of all the planting. This way we can plan for the most native and successful planting in our community.

I wish you health and happiness in 2025!

Julie Kallenbach

HOA Board President



Holiday Trash Schedule:

If a holiday falls on a weekday or a Sunday, and your regularly scheduled pickup is on or after the holiday, your pickup will be delayed by one day.

Friday customers will be serviced on Saturday.

Flood Brothers will not collect on the following holidays:

- NEW YEAR'S DAY
- MEMORIAL DAY
- INDEPENDENCE DAY
- LABOR DAY
- THANKSGIVING DAY
- CHRISTMAS DAY



Hello Cambridge Lakes!



We have been very busy in the studio dancing and tumbling away! Our Fall session was incredible, and it was so great to get back to our schedule! Meeting new friends, polishing up our technique and always learning and growing stronger! We offer all styles of dance training beginning at just 2 years old! Ballet Jazz, Hip Hop, Tap, Contemporary, Poms, and Tumbling, we sure know how to stay busy! We are so lucky to continue on through the winter months and look forward to our 2025 Spring Recital! There is so much to be grateful for and always looking ahead to all the excitement yet to come!!

We also want to acknowledge and congratulate our very own Inspirations Dance Company and Performance Dance Troupe! These girls have been training for months if not years to excel in their passion! We are thrilled to have returned for the Windy City Bulls Halftime Performance, and we look forward to the Kane County Cougars Game performance as well! These dancers are in year round classes, and most dancers train in every style we offer. We can't wait to show off with our own Company and Troupe Showcase in June! Stay tuned for those exciting details!

We are so lucky and honored to have the most inspiring teachers! Every week they continue to motivate, encourage and support all our students. Their time and dedication to every student and their wealth of knowledge sets us apart! We are forever grateful for each and every one of them!

We look forward to another exciting Recital this Spring as we are in preparation for the best season yet! We are celebrating our 11th year! We are very fortunate to have the continued support of the Cambridge Lakes Community!

Check out classes out and get registered online for our upcoming session!

<https://register.communitypass.net/CambridgeLakesCommunityAssociation>

Join us this season, and we hope to see you on the dance floor!





Kids Club

Cold and flu season is most certainly here! For the safety of our staff and other children, we ask that any child exhibiting any cold or flu symptoms within the last twenty-four (24) hours, do NOT attend Kids Club until all symptoms have cleared.

Symptoms include but are not limited to runny and/or stuffy nose, cough, fever, sore-throat, diarrhea, vomiting etc.

We understand your little ones enjoy their snacks just like we do! All that we ask is that any snacks being brought in are mess-free, nut-free, and nut butter free. Some examples of a good snack to bring are goldfish, cheerios, string cheese, granola bars, sliced mess-free fruits/veggies, etc.

We would like to stay away from any snacks that can stain or sour.

Thank you all for your understanding and cooperation!



Advertise in the Newsletter

You have the opportunity to advertise your business with us! Each newsletter has businesses advertising in past and present issues.

As you flip through the pages, you can see the different ads and the different sizes of them, from full page to a business card size.

You can select how many newsletters you would like to advertise, from one to four, and the size of the ad that you would like to advertise.

I can provide you with the pricing sheet and form to advertise with us and payment can be either mailed in or paid at the front desk. Each newsletter is a quarterly issue, and they cover Spring, Summer, Fall and Winter. Newsletter has a deadline for ad submissions and ads will need to be either a .jpeg or .pdf file.

If you are interested in advertising with us, please email me at:

michelle.arvanitakis@mycambridgelakes.com



HOA Winter Storage Rules:

- A. Front and back yards are to be cleaned of debris.
- B. Bring in all loose toys.
- C. Protect outdoor furniture (if you do not have a shed to put your outdoor furniture in)
- D. Take down any temporary structures (such as canopies, temporary gazebos/pergolas, etc.)
- E. Unhook hoses from your spigots to avoid frozen pipes and costly repairs



Holiday Tree Collection

Holiday greenery must have all tinsel, ornaments, lights and nails removed before being placed out at the curb for pickup. Holiday greenery collection and pickup is **FREE OF CHARGE** The first three weeks in January.

Collection of holiday greenery after the third week of January will be billed as a bulk item pickup on your next invoice.

**Flood Brother's Disposal/
Recycling Services**

Phone: 630-261-0400

patrick.flood@floodbrothersdisposal.com





Cambridge Lakes Community Association

Snow Plowing



Please note who takes responsibility for plowing throughout Cambridge Lakes:

Main Roads within Cambridge Lakes:

Village of Pingree Grove (847)-464-5533

Community Center Parking Lot:

Master Association (Yellowstone) (847)-464-1515

Cambridge Lakes Public Roads:

Village of Pingree Grove (847)-464-5533



Townhome/Condo Driveways & Parking Areas

All townhouses and condo snow plowing are managed by your specific manager. Please see the chart of streets below for your specific street and manager.

(Townhouses and Condos are colored).

Street	Neighborhood	NH#
Allison Avenue		33
Alta Vista Drive	1132, 1126, 1120, 1114, 1108, 1102, 1137, 1131, 1125, 1119, 1113	23
Alta Vista Drive	THE DUNES/PRAIRIE SPRINGS	14
Anchorage Court	BAYSIDE	18
Aurora Drive	SUNSET COVE No unit number	19B
Aurora Drive	SUNSET COVE 1215, 205, 225, 245, 2150, 2275, 2405	19
Bar Harbor Court	NORTH BAY	11
Bayberry Circle	PARKSIDE	29
Bayberry Lane	PARKSIDE	29/30
Bay Shore Drive	WEST HAMPTON	5
Beachview Road	HIGH POINT	13
Bella Lane		33
Berkshire Lane	SOUTH HAMPTON	8
Birchwood Drive	BAYFIELD	1
Blue Bell Lane	STILLWATER	4
Boathouse Road	THE HARBOUR	17
Brighton Circle	SOUTH HAMPTON	7
Brighton Drive	SOUTH HAMPTON	7
Bristol Street	SOUTH HAMPTON	8
Broadland Drive	HIGH POINT	12
Brookhaven Trail	EAST HAMPTON	6
Canterbury Lane	SOUTH HAMPTON	7
Cape Cod Lane	THE POINT	15
Catamaran Circle	THE SHORES/THE HARBOUR	16/17
Cedarwood Circle	PARKSIDE	31
Cedarwood Lane	PARKSIDE	31
Cherry Lane	ORCHARD WALK	24
Chestnut Drive	ORCHARD WALK/NEPORT	24/26
Clearwater Drive	SOUTH BAY	9
Clover Lane	WATERFORD	2
Cottage Drive	PARKSIDE	
Crest Drive	WHITE CAPS/NEWPORT	25/26
Daytona Way	SOUTH BAY	9
Dempsey Circle	PARKSIDE	30
Derry Lane	WATERFORD	2
Diamond Head Trail	THE POINT	15
Dover Court	SOUTH HAMPTON	7
Dover Street	SOUTH HAMPTON	7/8
Driftwood Lane	THE DUNES	14
Dublin Drive	PARKSIDE	32
Emerald Drive	WATERFORD	2
Emma Drive	PARKSIDE	32
Evergreen Lane	BAYFIELD	1
Galway Lane	WATERFORD	2
Glen Cove Lane	WEST HAMPTON	5
Hollow Tree Lane	PARKSIDE	31/32

Street	Neighborhood	NH#
Homewood Road	PARKSIDE	31
Isle Royale Court	NORTH BAY	11
Lake Bluff Lane	HIGH POINT	12/13
Lakeland Lane	ORCHARD WALK	24
Lancaster Drive	NORTH HAMPTON	3
Larkspur Court	STILLWATER	4
Leeward Lane	THE SHORES	16
Lighthouse Lane	NORTH BAY	11
Lookout Drive	HIGH POINT/THE POINTE	13/15
Loon Lake Court	THE SHORES	16
Maryland Lane	CHESAPEAKE	27
Middlestone Road	PARKSIDE	
Montauk Lane	EAST HAMPTON	6
Newport Circle	NORTH BAY	11
Norfolk Lane	CHESAPEAKE	27
Oxford Court	SOUTH HAMPTON	8
Padre Island Lane	SOUTH BAY	10
Peninsula Court	THE POINT	15
Port Royal Road	SOUTH BAY	10
Portsmouth Drive	SOUTH HAMPTON	8
Promontory Drive	THE POINT	15
Prospect Circle	HIGH POINT	12
Redwood Road	PARKSIDE	31
Ruby Drive	STONE HARBOR	23
Sandcastle Lane	THE DUNES	14
Sapphire Lane	STONE HARBOR	23
Sarasota Drive	SOUTH BAY	10
Shamrock Lane	WATERFORD	2
Shelter Island Lane	EAST HAMPTON	6
Shoreline Court	THE SHORES	16
Shoreline Drive	THE SHORES	16
Silver Lake Court	THE SHORES	16
Spinnaker Court	PRAIRIE SPRINGS	22
Spinnaker Street	THE POINT/PRAIRIE SPRINGS	15/22
Spinnaker Street	STONE HARBOR	23
Summit Lane	WHITE CAPS	25
Upland Road	SEABOARD	20
Valley Stream Drive	WEST HAMPTON	5
Waterfront Lane	THE SHORES	16
Wester Boulevard	THE SHORES	16
Westport Drive	EAST HAMPTON	6
White Pine Trail	BAYFIELD	1
Whitecaps Court	THE SHORES	16
Wildwood Drive	WHITE CAPS	25
Windward Drive	THE DUNES	14
Woodfern Drive	STILLWATER	4
Yorkshire Lane	NORTH HAMPTON	3

*7 Pocket Parks within the community are maintained by the HOA

Neighborhood #2 Managed by: Retro Community Management Property Manager: Melissa Khan Email: customercare@retrocmweb.com Phone: 847-874-7300

Neighborhood #3 Managed by: PSI Property Manager: Leslie Beltran Email: lbeltran@psimanagement.net Phone: 847-806-6121

Neighborhoods: TH#11 Managed by: Foster Premier Property Manager: Janel Santilli Email: jsantilli@fosterpremier.com Phone: 847-459-1222
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Neighborhoods: TH#14 Managed by: McGill Management Property Manager: Nicole Broughton Email: Nicole@mcgillmanagement.com Phone: 847-259-1331

Neighborhoods #18, #19A, 23 & PARKSIDE Managed by Foster Premier Property Manager: Linda Raam Emails: lraam@fosterpremier.com Phone: 847-484-2123
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Neighborhoods: TH19B, 20 & 33 Managed by: Foster Premier Property Manager: Gene Polissky Email: epolissky@fosterpremier.com Phone: 847-459-1222
--

Parks Maintained by Village of Pingree Grove Pocket Park behind the Community Ctr Skate Park off of Wester Blvd Pocket Park by the Charter School Heritage Park on Reinking next to the Milk Pail
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Cost Sharing Neighborhoods These owners do NOT receive monthly statements for the Community Association assessment The Community Association assessment is included in their townhome/condo/Parkside assessment Condo #19A, TH #19B, TH #20, TH #33 and Parkside
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Sponsorship Opportunities

April 2024—April 2025

Lifestyle would like to take this time to thank our Events Sponsors for this year. Without these four extremely generous local sponsors, we could not have offered so many free and lower-cost events to all of you without their efforts.

Thank you to our 2024 Sponsors, Hanna Bierman with HomeSmart Connect, Anchor Spa and Pool, Lifestone Mortgage Corporation, and Stacy Kieffer with New York Life. Your partnership with Lifestyle has greatly helped our community to attend events and enjoy all that we have to offer. We would love to have you with us for the upcoming year in 2025.



Stacy Lynn Kieffer
Agent

New York Life Insurance Company
475 North Martingale Road
Suite 1250
Schaumburg, IL 60173-2405
B 847.804.0443 F 847.585.4918
skieffer@ft.newyorklife.com
www.illinoisnyl.com



Ready To Dive In?
Connect With Us Today!

847-669-2727 • AnchorSpaAndPool.com
14N042 Reinking Rd., Pingree Grove, IL 60140

DESIGN  BUILD  SERVICE



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REALTOR® Illinois & Wisconsin

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Office: 630-849-9349
Hanna@BuyWithBierman.com
www.BuyWithBierman.com
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Each Office is Independently Owned and Operated



LIFESTONE
Mortgage Corporation

If your business is interested in becoming an event sponsor, please reach out to Michelle Arvanitakis at michelle.arvanitakis@mycambridgelakes.com.

Winter Fire and Emergency Safety Tips

As we move through the winter months into early spring, it's important to stay mindful of seasonal safety concerns that can affect our homes, families, and community. With the cold temperatures and frequent use of heating sources, along with unpredictable weather conditions, the risk for fire hazards and emergencies is elevated. Here are some key safety tips to keep in mind:



1. Heating Safety

- Make sure to have your furnace inspected annually by a professional. This ensures it's running safely and efficiently.
- If you're using space heaters, keep them at least three feet away from anything flammable, such as curtains or furniture. Never leave a space heater unattended.
- For those with fireplaces or wood stoves, have your chimney cleaned at least once a year, and always use a fire-resistant screen.

○ Carbon Monoxide (CO) Awareness

- Winter is prime time for carbon monoxide risks due to the increased use of gas appliances and wood-burning stoves. Install CO detectors on every level of your home, especially near sleeping areas. Test them monthly and replace the batteries regularly.

○ Winter Storm Preparedness

- Northern Illinois often faces heavy snowfalls and ice storms during this time of year. Be prepared by keeping an emergency kit in your home and vehicle, stocked with essentials like blankets, water, non-perishable food, flashlights, and a first-aid kit.
- In case of a power outage, use generators with caution—keep them outdoors in well-ventilated areas, far from windows or doors to avoid CO poisoning.

○ Outdoor Safety

- Snow and ice accumulation on driveways and sidewalks can lead to slips and falls, which are a common cause of injury in the winter. Shovel promptly and apply salt or sand to reduce risk.
- If you're using a snowblower, never attempt to clear a jam with your hands. Always turn it off and use a clearing tool to avoid injury.

○ Smoke Alarms

- Make sure all smoke alarms in your home are working properly. Test them monthly and replace the batteries every six months, or upgrade to 10-year battery units for convenience.
- During the winter months, fires can spread quickly due to the dry air and increased use of heating devices, so having functioning smoke alarms is vital.

○ Fire Hydrant Clearance

If you have a fire hydrant near your home, please take a moment to clear snow and ice away from it. This simple act can save precious time for firefighters responding to an emergency.

By following these safety tips, you can help protect your home and loved ones during the colder months. Our department is always here to serve and assist, so don't hesitate to reach out with any questions or concerns.

Non-emergencies: (847) 741-3151 or <http://www.pgfpd.com>.

Stay safe and warm this winter!

Captain Scott Fehrman

Pingree Grove and Countryside Fire Protection District



Cops Corner

Winter Driving Tips:

- Increase your following distance to five to six seconds. This will help avoid crashing into the vehicle in front of you if you have to break suddenly.
 - Accelerate and decelerate slowly. Apply the gas slowly to regain traction and avoid skids. Remember that it takes longer to slow down on icy roads
 - Check for proper tire inflation and tread. Winter tires have better flexibility and grip in colder temperatures.
 - Check your battery. Batteries normally last about 5 years in our climate.
 - Check your windshield wipers. Winter blades normally have a rubber coating over the blade and assist in removing snow and slush from the windshield as they typically bend easier in colder climate.
 - Check your antifreeze. Having the correct ratio of antifreeze and water will help protect your engine block from freezing and cracking..
- Keep at least half of tank of fuel in your vehicle at all times. This will prevent you from becoming stranded on an icy road.

The Pingree Grove Police Department has a Citizen's Online Reporting system that can be accessed at <https://www.frontlinepss.com/pingreepd>. You can also link to this page from the Police Department website. This provides our residents with the ability to initiate a variety of reports without the need to speak with an officer in person. Non in progress crimes can be reported electronically and then they will be followed up by an officer.

Please let us know if you have any questions about this. Remember to always call 9-1-1 in case of an emergency.

Like us on Facebook and follow us on Instagram to find out more about upcoming events and community safety.



Village of Pingree Grove

Heritage Holiday Lane 2024 Schedule of Events

Canadian Pacific Kansas City Holiday Train

Heritage District Activities

Wednesday, November 27 - 8:30 am – 10:30 am

Holiday Tree Sponsor Decorating Contest

November 29 – December 19

Home Holiday Lights Contest

November 22 – December 11

Electric Holiday Parade

December 7 – 5:00pm

Holiday Tree Lighting and Visit with Santa & Mrs. Claus

December 7 – 5:30pm – 7:00 pm



GROUP FITNESS CLASS SCHEDULE

CAMBRIDGE LAKES COMMUNITY CENTER

CLASSES ARE 50 MINUTES LONG WHEN ANOTHER CLASS DIRECTLY FOLLOWS
CLASSES ARE FREE FOR RESIDENTS, \$5 FOR GUESTS

REGISTER ONLINE AND RESERVE YOUR SPOT!

SUNDAY	08:45 AM 09:30 AM	TABATA WERQ	AMY AMY
MONDAY	08:40 AM 09:20 AM 05:30 PM 07:00 PM	STRENGTH (LOWER BODY) ALL ABS STRONG NATION BARRE	JESS A JESS A ADRIANA JESS T
TUESDAY	09:00 AM 05:00 PM 06:00 PM 07:00 PM	UPLIFT & UNWIND BODY BALANCE & STRENGTH YOGA/STRETCH STRONG NATION	KARA ANETA ANETA ADRIANA
WEDNESDAY	08:40 AM 09:20 AM 07:00 PM 08:00 PM	STRENGTH (UPPER BODY) ALL ABS TABATA WERQ	JESS A JESS A AMY AMY
THURSDAY	09:00 AM 05:00 PM 06:00 PM 07:05 PM	CARDIO SCULPT BODY BALANCE & STRENGTH YOGA/STRETCH ANYTHING GOES	JESS T ANETA ANETA CHRISTINE
FRIDAY	08:00 AM 09:00 AM	BODY BALANCE & STRENGTH YOGA	ANETA ANETA
SATURDAY		NO CLASSES PRESENT	

UPDATED: 11/06/24



<https://register.communitypass.net/CambridgeLakesCommunityAssociation>

Group Fitness Class Descriptions

All Abs

Not your average ab workout! Each class we spend a few minutes on breath work, connecting with the muscles that help brace your core. From there, we challenge all layers of your abdominal muscles, working from the inside out. Done consistently, you'll have a stronger, more functional core!

Anything Goes!

Anything Goes is just that...in this class anything goes! A perfect mixture of strength, cardio and ab work makes this a well-rounded fitness class that is different every week. Come torch some calories AND have fun doing it!

Barre

Hybrid class combining ballet inspired movements with elements of Pilates, and strength training. A total body workout with movements done as time under tension. Upper body strength training combined with classic moves that target the lower muscle groups and core is what you will find in this class! Low impact, a workout that will give you a solid burn and challenge your balance and flexibility!

Body Balance & Strength

Improve muscle tone, flexibility, and strength! Work on stability and toward a longer, leaner look! You'll improve not only your core strength, but also your mental health and wellbeing!

Cardio Sculpt

Cardio Sculpt is a full body strength and cardio endurance class that is easy to adjust to your needs. Each class follows a similar structure of varying moves and styles repeated for maximum burn. Bodyweight moves, dumbbells and bands or balls are often used in this class and are provided for you, just bring some water! Classes generally run 45-50 minutes which includes a warm up and cool down. Let's get ready to sweat!

PBT Core & Stretch

a specialized program which focuses on muscle memory, tension/fascia release, body alignment and mental focus. Though it was originally created for dancers, this class is for athletes and people of all stages of fitness and all walks of life. If you are healing from an injury, wanting to improve your technique in your workouts, or need to improve your posture, this relaxing and easy to follow class is for you!

Strength

Strength training is one of the best types of workouts you can include consistently in your routine! Whether you have goals toward fat loss, toning, gaining strength, boosting metabolism, supporting aging joints...building muscle helps you get there! On Mondays we focus on lower body, Wednesdays on upper. These classes accommodate all fitness levels, with modifications & progressions to challenge you where YOU are at.

Strong Nation

A high intensity workout in 50 minutes. Strong Nation combines body weight, muscle conditioning, cardio, plyometric and explosive moves like high knees, burpees and jumping jacks all SYNCed to original music. If you've got 50 minutes, you've got time to blitz this high intensity workout with us. Moves build and there are modifications for every fitness level!

TABATA

This is a high-intensity interval training (HIIT) class that uses simple, intense exercises to burn calories and provide results quickly. Class begins with a short warm-up followed by a series of four-minute exercise sequences. Each sequence is broken into eight 20/10 intervals (20 seconds of intense work followed by 10 seconds of rest). Many exercises will use just body weight, but dumbbells and resistance bands may also be used. Class will end with a short cool down and stretch.

Group Fitness Class Descriptions

Uplift and Unwind

This slow flow Vinyasa style class combines both traditional and modern aspects of yoga. Each class will begin with sun salutations and then move through a standing flow and seated sequence. The class will focus on proper alignment and linking the breath with movement along with some yoga philosophy sprinkled in. An ever-changing lyrical playlist will be the soundtrack for this uplifting, yet mindful class. All levels are welcome.

WERQ

WERQ is a wildly addictive cardio dance workout based on the hottest pop and hip-hop music. This nonstop, high-energy class has repetitive athletic moves and fresh dance steps to give you the best sweat. Our heart pumping WERQouts are designed for everyone. This isn't just about burning calories...it's about showing up and having fun!

Yoga

This class caters to those that want an introduction to yoga! No past yoga is necessary for this class is needed! We adjust to those that are 1st level beginners, or even 0-level beginners! You will learn how to breathe to create a hit in your core and calm your mind and body. This class flows at a slower pace allowing students to become familiar with poses, vocabulary become familiar with props and learn anatomical benefits of the poses. You don't even need to bring a yoga mat!

Yoga/Stretch

Yoga after Body Balance & Strength will contain of mindful relaxing your body after workout through stretching calm breathing and toning your muscles.

Zumba®/Aqua Zumba®

Zumba - A total workout, combining all elements of fitness – cardio, muscle conditioning, balance, and flexibility, boosted energy and a serious dose of awesome each time you leave class.

Aqua Zumba - Takes place in the pool over the summer as weather permits and will move indoors when the weather does not!

Greetings from the Lifestyle Department



Winter is here, that happened so fast! We were just enjoying summer and warm fall weather!

We had such fun this fall with all of you. Social Salsa has been super popular, we loved seeing you at our Fall Craft & Vendor Fair, Candy Apple Making, and Glow Slime Lab all made October one great month to remember! We had so much fun with you at Jam-mies, Cocoa, Cookies & Stories, and Milk & Cookies with Santa!

We have a very event packed January to April planned. We cannot wait to see you at all these amazing events!

I want to take a moment to thank every one of you. I love being able to bring all this fun to you and events would not be the same without you. Your attendance at events is what makes every event wonderful!

Online registration is in full swing for Events & Activities and beginning in January, for all Group Fitness Classes. Registering for Group Fitness Classes not only helps you plan your schedule and stay committed to your health and fitness journey, but also helps our instructors as well. If you have questions on how to create your online registration account, the front desk is more than happy to assist, as well as both Ruth and I. Each class is available to register, and you can register for a month at a time, they are individually listed for each day! We have all the best instructors and such a great variety of classes and both morning and evening class times to fit your schedule! I am always open to new talent, if you have anyone you know of, please send them my way. They can email me at michelle.arvanitakis@mycambridgelakes.com Lifestyle is always in need of volunteers for events. If you are interested in volunteering, please reach out to me at the above email. Additionally, NHS and Beta Club, I am always happy to have you help with events and contribute to the hours you need. You can always email me as well or stop by to chat any time after school. I am in the office Monday - Friday 9:30 am – 5:00 pm. You can also find me at events and stop by there to chat.

My door is always open for any questions, suggestions, concerns or just to stop by and visit. My lollipop tree is always here for all ages. Just as much as we love to have the little ones stop by to say hi and take a lollipop, it is just as fun to have all the middle and high school teens stop by too!

There are a few thank you's that I have to mention as October and November have been hard to say the least. First, I want to thank Natalie Suarez, Community Manager. Natalie has been simply amazing, and I appreciate her immensely. Next, I have to thank Ruth Nava, Administrative Assistant. Ruth has been awesome at taking more on, and I am so grateful. Foster Premier, Jamie and Cheryl are both wonderful. HOA Board of Directors, your kindness is unmatched, and I am most thankful.

My hope is that this newsletter finds you well. I wish you all a Happy Holidays full of family and friends, health, and days full of laughter and love.

We look forward to seeing you soon!

Michelle Arvanitakis

Ruth Nava

Lifestyle & Group Fitness Director

Administrative Assistant



Lifestyle Events

January 2025 - April 2025

Pickleball—EVERY Monday

5:00pm-9:00pm

Two Courts, one-hour time slots, and all the fun on the court!

Residents are Free, Guests \$5

Call, email, or register at the front desk! (no online registration)

Pickleball registration is out every Monday for the following Monday!



Glow-in-the-Dark Snowman Craft—Monday, January 13th

10:30 am - 11:30 am & 5:00 pm - 6:00 pm

Stay warm indoors while you make your glow-in-the-dark snowman! With cotton, glow-in-the-dark glitter mix in a Ziplock bag, that you'll decorate with a snowman face! All supplies provided!

Residents are Free, Guests \$5

Spaces limited to 16 in each time slot.

Register online by Monday, January 6th

Free Family Movie Night—Friday, January 10th—6:00 pm - 8:30 pm

Wear your favorite pj's and bring your coziest blankets for this family-friendly movie night featuring *Smallfoot*! Popcorn, water, and juice boxes will be provided, but feel free to bring anything else your family would love.

Residents are Free, Guests \$5

Register online by Monday, January 6th

National Bubble Gum Day—January 24th - February 4th

Get ready to test your counting skills! Stop by the front desk and place your guess on how many pieces of bubble gum are in a jar! We will collect all guesses and announce the winner with the exact or closest number on Monday, February 3rd!



Hustle House Basketball—Saturdays—January 11th - February 15th

Ages 5 to 7 - 9:00 am - 10:00 am

Ages 8 to 10 - 10:00 am - 11:00 am

Ages 11 to 13 - 11:00 am - 12:00 pm



Age groups will learn skills that help prepare them to play or help build on what they already know. Dribbling, passing, shooting and agility are some of the skills to be taught.

Residents are Free, Guests \$5—Spaces are limited.

Register online by Monday, January 6th

Styrofoam Cup Polar Bears Craft—Monday, January 27th

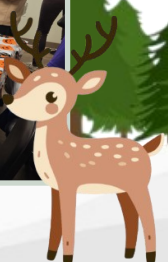
10:30 am - 11:30 am & 5:00 pm - 6:00 pm

Aren't polar bears the cutest marine mammals ever? Come on over to make your personal little polar bear using paper cups, cotton, polar bear cutouts, googly eyes, and glue! All supplies provided!

Residents are Free, Guests \$5

Spaces limited to 16 in each time slot.

Register online by Monday, January 13th





Lifestyle Events

January 2025 - April 2025



Story Time—Thursdays

January 9th January 30th February 20th, March 13th and April 10th

10:30 am – 11:30 am ONLY. 10:30 am – 11:30 am & 5:00 pm – 6:00 pm

Ages 6 months old – 6 years old

Bring your little one for stories, coloring, interactive development, and socialization.

Residents are Free, Guests \$5

Drop in, no online registration is necessary!

Galantine's Day Party—Saturday, February 1st

6:00 pm – 9:00 pm

Gather your besties and get ready for the most comfiest night ever! Our dress code requires your comfiest attire while we snack on charcuterie goodies, champagne glasses full of fresh fruits and chocolate fondue ready to enjoy! We cannot wait to see you there!

Residents \$15, Guests \$20

Register online by Monday, January 13th

Sensory Bins—Thursdays

January 16th, February 6th, February 27th March 20th and April 17th

10:30 am – 11:30 am & 5:00 pm – 6:00 pm

Ages: 6 months old – 6 years old

Sensory play helps little ones with cognitive development, language and motor skills and socialization.

Residents are Free, Guests \$5

Drop in, no online registration is necessary!

Valentines Paint & Sip—Friday, February 7th

6:00 pm – 9:00 pm

Calling all singles and couples! This Paint & Sip is a night you don't want to miss! All ages welcome, 21+ BYOB with snacks provided!

Paint options and pricing soon to come!



Little Gym

Tuesdays—January 7th to April 29th Thursdays—January 23rd, February 13th,
March 6th, March 27th, and April 24th

10:30 am – 3:00 pm

10:30 am – 6:00 pm

Bring your children to the gymnasium for free play! They can explore, play on mats, climb through tunnels, use ride-on scooters, play soccer or basketball, and more!

Residents are Free, Guests \$5

Drop in, no online registration is necessary!

National Pizza Day—Sunday, February 9th

12:00 pm – 1:00 pm

What better way to celebrate National Pizza Day than with free pizza at the Community Center We will be here with a table filled with pizza slices for our residents! The three favorites (cheese, pepperoni, and sausage, of course!) will be here waiting for you!

Please limit slices to 2 per person.

Resident: Free





Lifestyle Events

January 2025 - April 2025



Heart Tree Craft—Wednesday, February 12th

10:30 am – 11:30 am & 5:00 pm – 6:00 pm

Love is in the air! Construction paper and glue will create a lovely tree with heart shaped leaves to make the sweetest little craft. All supplies provided!

Residents are Free, Guests \$5

Spaces limited to 16 in each time slot.

Register online by Monday, February 10th

Upside Down Leprechaun Craft—Wednesday, March 12th

10:30 am – 11:30 pm & 5:00 pm – 6:00 pm

Ready to feel lucky? With construction paper and glue you'll definitely find some four leaf clovers to make this upside down leprechaun! All supplies provided!

Residents are Free, Guests \$5

Spaces limited to 16 in each time slot

Register online by Wednesday, March 5th



Afternoon Adult Tea Party—Sunday, March 2nd

3:00 pm – 5:00 pm

Its tea time! Bring your friends and wear your most glorious hat! Tea, tea cakes, finger sandwiches and all the fun of a fancy tea party right here in your community!

Residents \$10, Guests \$15

Register online by Monday, February 17th

Color Theme Party—Friday, March 21st

6:00 pm – 7:30 pm

With paints of all kinds and white t-shirts, bring those closest to you to this lovely event. Wear your shirt, paint arms and hug your partner or family members. You will always have their hug forever painted around you on your shirt. Paints and t-shirts provided!

Residents \$7, Guests \$12

Register online with your selected t-shirt size by Friday, March 7th.

Barbie's Birthday Movie Night—Saturday, March 8th

6:00 pm – 8:30 pm

Dress in your best pink or Barbie attire while we watch *Barbie* (2023) on our big screen! Popcorn and juice boxes will be on the menu to enjoy!

Residents \$7, Guests \$12

Register online by Monday, February 24th



Bunny Breakfast & Egg Hunt—Sunday, April 6th

9:00 am – 11:00 am

Hop on over for our annual Bunny Breakfast and Egg Hunt! There are two options to choose from:

Option #1 - Breakfast includes your photo with the bunny, crafts, plus the egg hunt! – *Residents \$10 per person, Guests 15 per person.*

Option #2 - Egg hunt and Photo Only – *Residents \$7 per person, Guests \$12 per person.*

Register online by Sunday, March 16th for both options!



Scan this QR Code for
Online Registration!



Lifestyle Events

January 2025 - April 2025



Flower Pot Painting—Wednesday, April 9th

10:30 am – 11:30 am & 5:00 pm – 6:00 pm

Mini ceramic flower pots and a variety of paints will help create your favorite little design to take home with you.

Residents are Free, Guests \$5

Spaces limited to 10 in each time slot.

Register online by Friday, April 4th.

Cupcake Liner Flower Craft—Wednesday, April 23rd

10:30 am – 11:30 am & 5:00 pm – 6:00 pm

Colorful cupcake liners, construction paper, glue, paint, pompons and buttons are all provided for the sweet little flower craft.

Residents are Free, Guests \$5

Spaces limited to 10 in each time slot.

Register online by Monday, April 21st.

Spring Craft, Vendor & Home Improvement Fair— **Saturday, April 12th**

10:00 am – 3:00 pm

The best Craft, Vendor and Home Improvement Fair is back! Our fall fair had 600 people come visit and so many bought from our amazing vendors! This event is the only time our Community Center is open and free for the public!

If you are interested in becoming a vendor for our Spring Fair, you can visit our online registration website and submit your completed application and payment there! Please be advised that booths are first come, first serve and may run out before our deadline. Both the application and payment are available online. If you need a copy emailed to you or having trouble online, please email Michelle Arvanitakis, Lifestyle & Group Fitness Director at michelle.arvanitakis@mycambridgelakes.com

Resident Booth: \$30, Non-Resident Booth: \$40

Registered limit to 55 booth spaces.

Register online with complete application by Monday, March 24th.

We're officially online, Cambridge Lakes!

Registering online for not just events, but also Inspirations: Dance & Tumbling, and even Group Fitness Classes are easier then ever!

Scan the QR code below to create your account if you haven't already! It's quick and easy! Then you're ready to register for all things current at the Community Center!

If you're having any sort of online issues feel free to contact us! We are happy to help resolve any issues that may occur!



Scan here to get sent to our Online Registration log in!

If you haven't made an account please be sure to create one and soon you can begin to register for any events, activities, programs, and more!

QR not working for you? Type out this link into any search engine online:

<https://register.communitypass.net/CambridgeLakesCommunityAssociation>

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Lynne Del Re at 847-464-0330
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Cambridge Lakes



Contacts, Hours, Upcoming Closures

Community Center Hours:

Monday—Friday 5:00am-10:00pm

Saturday & Sunday 7:00am-10:00pm

Kids Club:

Monday—Thursday 8:30am-11:30am

Community Association Manager

Natalie Suarez

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(847)-464-1515

Admin Assistant

Ruth Nava

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(847)-464-1515

HOLIDAY CLOSURES

Tuesday December 24th, 2024—CLOSED

Wednesday December 25th, 2024—CLOSED

Tuesday December 31st, 2024—CLOSED

Wednesday January 1st, 2025—CLOSED

