



Presbyterian Press

A Publication of the First Presbyterian Church

February 2019



The Mustard Seed would like to thank all who contributed items to this year's Giving Tree. Your donation included so many warm hats, gloves, scarves, and socks.

Wayne and I gathered the

items and delivered them after church on January 6th. Your generosity continues to be amazing.

Thanks and Blessings to each of you,

Harriett Northey



Congregational Meeting is set for February 24th, 2019. The youth group will have a potato and chili fundraiser lunch before the meeting.

Congregational Meeting



Keep Christmas With You All Through the Year! We have had several discussions this season on how to keep the spirit of Christmas with us, to continue serving and doing good deeds for others.

The children and youth will be collecting items each month for service projects. Below is a schedule so as you come across things, you can pick them up, if you are interested in donating.

January- Souper Bowl of Caring (bring in canned food and other non-perishable items to be donated to the Mustard Seed and the Mission)

February- Have a heart for CASA- notebooks, markers, crayons, coloring books, colored pencils, journals

March- Clothing drive to donate to UHC. Many children and adults have emergency situations and only have the clothes they are wearing. Suggestions are sweatsuits and loose fitting clothes. These can be used, but need to be in good shape.

April- Humane Society

May- Stuffed animals, dolls, etc. for first responders to take with them on emergency calls

June- Children's books

I will add to the list as themes are established. Thank you for your help with these projects! If you have any suggestions, please let me know. Terra Burnett

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Sunday Worship
Church School
9:30 a.m.

Worship
10:45 a.m.

Live on WPDX
Radio, 104.9 FM

WORSHIP SCHEDULE FOR JANUARY

February 3rd 4th Sunday in Ordinary Time (Communion)

SCRIPTURES: Jeremiah 1:4-10 *1 Corinthians 13:1-13

SERMON TITLE: "Agape Update"

THEME: The church at Corinth had lots and lots of problems. The place to start addressing those problems, says the Apostle Paul, is by updating your understanding and practice of Christian Love (Agape).

February 10 5th Sunday in Ordinary Time

SCRIPTURES: *Isaiah 6:1-8, 1 Corinthians 15:1-11 Luke 5:1-11

SERMON TITLE: "Three People Changed by God"

THEME: Our scripture lessons for today tell us about how three men were changed and transformed by their encounter with Jesus. Although they were very different people from very different lifestyles, their stories are remarkably similar.

February 17 6th Sunday in Ordinary Time

SCRIPTURES: Jeremiah 17:5-10 *Luke 6:17-26

SERMON TITLE: "The Road to Happiness"

THEME: Our modern world tells us that happiness comes from having lots of things and experiencing lots of pleasure. But study after study shows that after one's basic needs are met, having lots of stuff has little relationship to happiness. Jesus talks about the basis of real and lasting happiness.

February 24 7th Sunday in Ordinary Time

SCRIPTURES: Genesis 45:3-11, 15 *Luke 6:27-38

SERMON TITLE: "God, is Another Name for Reality"

THEME: Jesus says, "Love your enemies. Do good to those who hurt you. . ." It is not another list of impossible things to do. It is rather a reflection on what God is like and how God has treated us. How we see God, shapes how we see the world. The God who created this world is not petty, vindictive, and out to get us. That's reality.

Activities & Meetings for

DEACON MEETING – Tuesday, February 12th at 4:30
PROPERTY COMMITTEE – Tuesday, February 19th at 5:00
SESSION MEETING – Tuesday, February 19th at 5:30
CHRISTIAN EDUCATION – Sunday February 19th after Church
WORSHIP & MUSIC – Sunday, February 19th after Church
PRAYER GROUP – Monday Mornings at 10:00
VISITATION COMM MEETING – FEBRUARY 24th after Church
BIBLE STUDY – Wednesdays at 6:30

Office Hours

Monday-Friday

9:00am to 2:00 pm

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Jenna Bennett

Chuck Leuliette

TREASURERS REPORT



| Net Cash Flow-Dec | 2017 | 2018 |
|-------------------|-----------|-----------|
| Income | \$186,930 | \$192,530 |
| Expenses | \$165,692 | \$169,232 |
| Net Income | \$21,239 | \$23,298 |

Then I considered all that my hands had done and the toil I had spent in doing it, and again, all was vanity and a chasing after wind, and there was nothing to be gained under the sun. (Ecclesiastes 2:11)

I just read a very interesting article by Anne Helen Petersen, "How Millennials Became the Burnout Generation." She is a Millennial writing to other Millennials (those born between 1981 and 1996), yet much of what she has to say has a much wider application.

Petersen talks at length about the pressure that Millennials feel to "optimize themselves." It starts with intense parenting. "Running around the neighborhood has become supervised play dates. Unstructured day care has become pre-preschool. Neighborhood Kick the Can or pickup games have transformed into highly regulated organized league play that spans the year. Unchanneled energy (diagnosed as hyperactivity) became medicated and disciplined."

The unfulfilled promise is that those who optimize themselves will gain employment that is secure, sounds cool to others, and be in line with one's passion. When that didn't happen, many Millennials doubled down and worked all that much harder. Clearly they were not efficient enough, not optimized enough, did not have enough education, etc. The result is a constant state of burnout. Burnout is living in a state of constant exhaustion while still being powered by a nervous energy that will not allow for rest.

The culture cure for such burnout is "self-care." Take a vacation. Engage in meditation. Get more physical exercise. Petersen points out that "self-care" is a multibillion dollar industry. But it is not the cure for burnout. She talks about approaching even self-care from a perspective of "How can I do these things in order to better optimize myself?"

Everything is about doing more, producing more, being more efficient. Even the word, "adult" has become a verb rather than a state of being. "*To adult* is to complete your to-do list, but of course, everything goes on the list and the list never ends." The result is a burnout that is not simply a temporary affliction. Petersen writes, "It's the millennial condition. It's our base temperature. It's our background music. It's the way things are. It's our lives."

Part of the price for this constant striving, burnout is that it takes things that should be enjoyable and flattens them into a list of tasks. Taking the kids to see the Christmas lights becomes just one more thing on the "to do" list.

Petersen says she is struggling to attain a new attitude, "a way of thinking about life, and what joy and meaning we can derive not just from optimizing it, but living it. Which is another way of saying: It's life's actual work." <https://www.buzzfeednews.com/article/annehelenpetersen/millennials-burnout-generation-debt-work?>

I think that Petersen has done a great job of defining the problem. The solution could use some theologian reflection. The problem feels ever more intense these days, but it is not really new. The world-weary preacher in Ecclesiastes commented on all the things that people do in order to try to secure for themselves meaning and enjoyment in life. His repeated comment is, "all is vanity and a chasing after the wind." His point is not that work is unnecessary or that all of our actions are worthless. His point is that God created us as human **beings**, not as human **doings**.

The modern church has responded to the anxiety of over-busy individuals by trying to make things easier. Thus the 20 minute drive in worship services, Ashes to Go, and online Bible Studies. None of these things are bad, but they can simply feed that "need to be more ever more efficient and optimized."

The cure is not in more efficiency or more optimization of the individual. The cure is in finding our self-worth in being instead of in doing. The good news of the gospel is that God accepts us right where we are. There is nothing that we can do to make God love us more. There is nothing that we can fail to do that will make God love us less.

I have sometimes heard it said that Jesus spent so much time in prayer, because he needed that strength to accomplish his work. That sounds a bit too much like Jesus was "optimizing himself for the really important work." I think Jesus spent so much time in prayer because he enjoyed **being** in God's company. The most important thing for Jesus was not **doing** prayer, but **being** in prayer.

The more that God wants for us begins with the fact that we are already loved and declared of infinite value. We are already "enough."

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Tuesday, January 15, 2019 5:30 p.m.

- Received new members Jeffery and Jennifer Smith and approved their baptism along with the baptism of their baby, Izabella Marie Smith.
- Approved the following dates for communion in 2019
 Jan. 6 April 18 Maundy Thursday Aug. 4 Dec. 1
 Feb. 3 May 12 Sept. 1 Dec. 24 Christmas Eve
 Mar. 3 June 9 Pentecost Oct. 6
 April 7 July 7 Nov. 3
- We will be working with the Red Cross to see if we can be a disaster shelter through them.
- Set coaching date with Bruce Stevens and volunteers from session.
- Approved the youth group doing a potato and chile lunch fund raiser on Feb. 24th before the Congregational meeting.
- Affirmed the decision of the deacons to set their quorum at 4.
- Extended the contract with Tim Gentilozzi for him to purchase the vacant lot that was given to the church. He should be able to close by the end of February.
- The Rev. Peter Vial, pastor of the Davis Memorial Presbyterian Church in Elkins will be our guest preacher for Scottish Heritage Sunday on May 5th.

Pastor’s Report:

hospital visits: 13 Other significant Pastoral visits: 21

Sacrament of Communion: Was celebrated on January 6th served to 49 people.
Home communion was served with the help of elder Connie Leuliette to 12 people.

Pastor’s Discretionary Fund 2018

| Month | Request | Completed | Pledged | Disbursed |
|-----------|---------|-----------|-----------|-----------|
| January | 11 | 11 | \$691.03 | \$691.03 |
| February | 9 | 9 | \$765.60 | \$765.60 |
| March | 13 | 13 | \$900.22 | \$900.22 |
| April | 13 | 13 | \$888.65 | \$888.65 |
| May | 19 | 19 | \$1118.81 | \$1118.81 |
| June | 17 | 17 | \$1001.85 | \$1001.85 |
| July | 7 | 7 | \$477.42 | \$477.42 |
| August | 8 | 8 | \$508.00 | \$508.00 |
| September | 7 | 7 | \$443.25 | \$443.25 |
| October | 8 | 8 | \$520.00 | \$520.00 |
| November | 7 | 7 | \$400.00 | \$400.00 |
| December | 6 | 6 | \$400.00 | \$400.00 |
| Total | 119 | 119 | \$8114.83 | \$8114.83 |



Children's Moments

February 3rd – Terra Burnett
February 10th- Jeanne Harris
February 17th- Terra Burnett
February 24th- Pam Mitchell

Worship Leaders

February 3rd Harriett Northey
February 10th Karen Tyson
February 17th James Harris
February 24th Doris Holt

Deacon Greeters

February 3rd -Judy McQuaid
February 10th-Susie Saunders
February 17thDottie Rinehart
February 24th-Karen Tyson

Acolytes

February 3rd Hannah Burnett
and Gia Corsini
February 10th Bradley Burnett
and Anthony Corsini
February 17th - Amelia Harris
and Kierra Harris
February 24th - Bradley
Burnett and Quentin Harris

**REREDOS
FLOWERS**



February 3, 10, 17
March 3, 10, 17, 24, 31



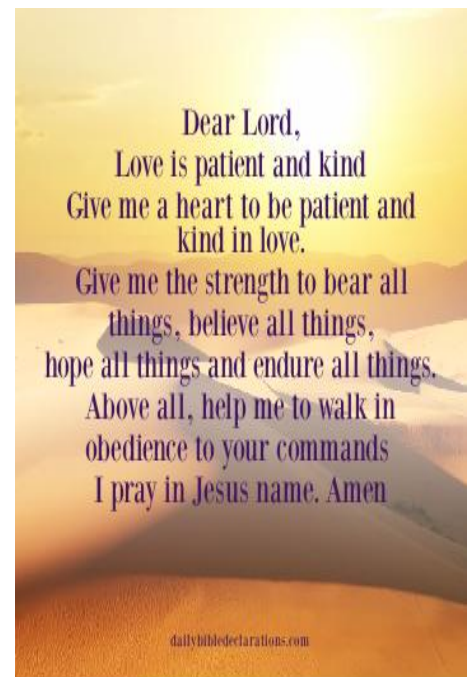
- 3 - Dottie Rinehart
- 5 - Anne McAvey
Wadsworth
- 5 - Dennis McAvey
- 6 - Wilson Leiberling
- 6 - Susan McElroy
- 8 - Susan Hollandsworth
- 10 - Harmony Compton
- 13 - Sally Gray
- 13 - Micah Plants
- 14 - Kris Pulling
- 15 - Megan Strange
- 17 - Linda Lonsinger
- 17 - Bradley Burnett
- 22 - Elizabeth Moore
- 22 - Karen Tyson
- 24 - Sarah Weese
- 24 - Carter Morrison
- 24 - Victoria Morrison
- 26 - Genie Koerner



Happy Birthday!



- ADKINS, Charles
- FOWLER, Angie
- GAINER, Hugh
- HOLT, Jack
- HOOD, Robbie
- KUHENS, Eric
- MCCAMMON, Kyle
- MORGAN, Misty & Todd
- MUMMERT, George
- OLDAKER, Kenneth
- OLDAKER, Wilma
- SHIFFRA, Donna
- SHIFFRA, EVERETT
- SMITH, Donna
- STROMBERG, Rosemary



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