

INVICTA ATHLETE CODE OF CONDUCT

NAME _____ TEAM _____

THIS DOCUMENT SETS THE STANDARDS AND EXPECTATIONS FOR ALL INVICTA ATHLETES. WHILE IT MAY SEEM DAUNTING AT FIRST, WE BELIEVE IN CREATING WELL-ROUNDED YOUNG ADULTS. THE STANDARDS OUTLINED IN THIS DOCUMENT TEACH OUR ATHLETES HOW TO BE COMMITTED AND DEDICATED TO EACH OTHER AND THE TEAM.

INITIAL EACH LINE

____ I UNDERSTAND THAT BY SIGNING THIS CODE OF CONDUCT, I CAN BE REMOVED FROM THE TEAM AT ANY TIME, WITHOUT WARNING, AND WITHOUT A REFUND. I ALSO UNDERSTAND THAT ENFORCEMENT OF THE POLICIES IS AT THE DISCRETION OF THE COACHING STAFF. CIRCUMSTANCES WILL BE TAKEN INTO ACCOUNT BEFORE CONSEQUENCES ARE DECIDED UPON. I UNDERSTAND THAT THE OWNERS AND COACHES WILL DECIDE HOW TO ENFORCE THE POLICIES STATED IN THIS CODE OF CONDUCT.

____ I WILL NOT USE/DRINK TOBACCO, THC, VAPES/ECIGARETTES, ALCOHOL, OR ANY OTHER DRUGS OR ILLEGAL SUBSTANCES.

____ I WILL NOT BULLY, HAZE, OR ABUSE ANYONE.

____ I WILL NOT GOSSIP OR TALK NEGATIVELY ABOUT MY TEAMMATES OR COACHES TO ANYONE. THIS INCLUDES FAMILY MEMBERS.

____ I WILL ADHERE TO THE INVICTA SOCIAL MEDIA CODE OF CONDUCT.

____ I AM EXCUSED FOR MISSING PRACTICES AND TOURNAMENTS FOR WEDDINGS, FUNERALS AND SCHOOL ACADEMICS. FAMILY CIRCUMSTANCES NEED TO BE COMMUNICATED AND DISCUSSED WITH MY COACH. DANCES ARE NOT EXCUSABLE.

____ IF I MISS PRACTICES AND GAMES FOR ANY REASON OTHER THAN THOSE STATED ABOVE, I UNDERSTAND THAT I WILL HAVE TO SIT OUT A FULL MATCH IN A TOURMENT.

____ TOURNAMENT/GAME PROTOCOL: I WILL NOT USE MY CELLPHONE WHILE AT THE TOURNAMENT FACILITY, THIS INCLUDES DURING GAME TIME, REFFING, OR SITTING. MY PHONE NEEDS TO REMAIN IN MY BACKPACK OR IN MY COACHES BACKPACK. I CAN ASK MY COACH FOR PERMISSION TO TEXT OR CALL MY PARENTS. ALSO, WHILE AT TOURNAMENTS, I WILL SIT BY TEAMMATES DURING DOWN TIME AND NOT WITH MY FAMILY. I WILL USE THIS TIME TO CREATE TEAM UNITY, BUILD RELATIONSHIPS AND DISCUSS WAYS TO IMPROVE GAME PERFORMANCE AS A TEAM.

____ I WILL NOT SNEAK OUT, LEAVE, OR BRING ANYONE, INCLUDING MEMBERS OF THE OPPOSITE SEX INTO MY HOTEL ROOM WHILE AT TOURNAMENTS. I WILL OBEY ALL CURFEWS AND TIMELINES GIVEN BY MY COACH. I WILL RESPECT MY TEAMMATES AND MAINTAIN PERSONAL BOUNDARIES WHILE STAYING IN HOTELS DURING TRAVEL TOURNAMENTS. IF I VIOLATE THESE POLICIES, I WILL BE SENT HOME IMMEDIATLEY AT THE EXPENSE OF MY PARENTS, AND MAY BE REMOVED FROM THE CLUB.

____ I WILL PARTICIPATE IN ALL MANDATORY TEAM ACTIVITIES AND GIVE MY BEST EFFORT TO MAKE IT TO INFORMAL ACTIVITIES.

____ I WILL ENCOURAGE MY TEAMMATES, EMOTIONALLY AND MENTALLY, TO WORK HARD AND DO BETTER WHETHER I AM ON THE COURT OR ON THE SIDELINE.

____ I WILL WORK HARD TO BE RESILIENT AND IMPROVE MY MENTAL HEALTH.

____ IF I HAVE A PROBLEM OR AN ISSUE, I WILL BRING IT UP WITH THE COACHES. I WILL NOT ASK MY PARENTS TO DO IT FOR ME.

____ I WILL BECOME UNCONQUERED

SIGNATURE _____

DATE _____