#### Township of King Trails Overview



For more information about trails in King contact:

King Township Parks 905-833-5321 parks@king.ca king.ca

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Reserve

Area

Cawthra Mulock Nature

Centennial Park Trail

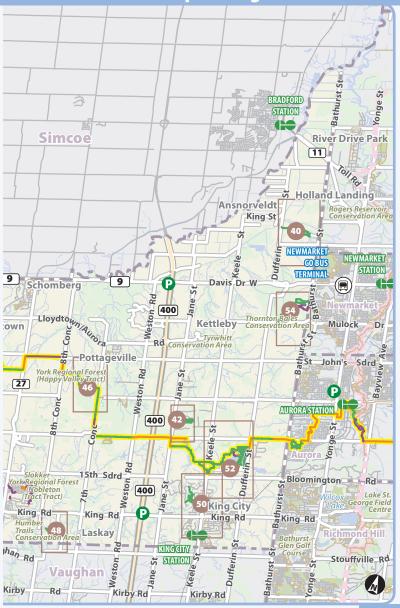
Happy Valley Forest **Humber Trails Conservation** 

King City Trail

# Cold Creek Conservation Area Seneca College King Campus Thornton Bales Conservation



### **Township of King Trails Overview**





Situated north of the Oak Ridges Moraine, the Cawthra Mulock Nature Reserve's rolling hills and forested ridges are a refuge for wildlife. Donated to Ontario Nature in 2003 by the Mulock family, the Cawthra Mulock Nature Reserve is a valuable contribution towards the conservation of nature. Its most notable feature is the diversity of habitats it encompasses. The property hosts a large tract of mature hardwood and mixed forests with enormous beech trees. tall maples and hemlock. A small wetland area, dominated by birch trees and larch, is part of the larger Ansnorveldt wetland complex. Located in the West Holland River watershed, the property boasts two creeks. White-tailed deer, red fox, great blue herons, red-tailed hawks

and great-horned owls are just a few of the residents who call this nature reserve home.

In 2007, the York-Simcoe Field Naturalists' Club became the official stewards of the reserve and actively assists with restoration, monitoring and access improvement projects on the property. There is a system of well-marked trails, including interpretive signs, and visitors are invited to walk the property.

#### Be sun safe

If you use both sunscreen and insect repellent, always put your sunscreen on first.

Ontario Nature protects wild species and wild spaces through conservation, education and public engagement. Ontario Nature is a charitable organization representing more than 30,000 members and supporters and 150 member groups across Ontario. To learn more, visit ontarionature.org.





**Trail difficulty:** Easy-Moderate **Distance:** 3.5 km

Access points: Dufferin Street and Bathurst Street,

both north of Miller's Sideroad

For more information: Ontario Nature 1-800-440-2366 info@ontarionature.org ontarionature.org





A well-established system of trails exists in Centennial Park. An information sign is posted and outlines the trails available, and colour markings on the trees help hikers and cyclists find their way. In addition to existing plant and animal life, many trees and shrubs have been planted to establish an arboretum and wildlife habitat.

An excellent cross-country ski area, the **Centennial Park Trail** provides several loops with varying degrees of challenge for beginner, intermediate or expert.



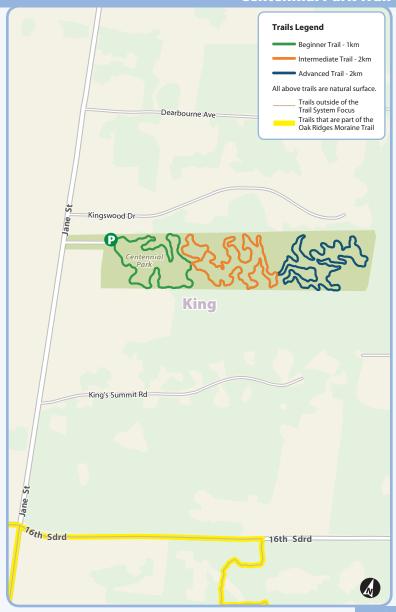


#### **Bike safety**

Ensure your bike is well maintained and safe to ride on the trails. Check your brakes, tires, chain and gears.



Trail difficulty: Moderate-Difficult
Distance: 5 km
Access points: East side of Jane Street, north of 16th Sideroad
For more information: Township of King
905-833-5321 king.ca



## Township of King Cold Creek Conservation Area



Cold Creek Conservation Area is an ecologically diverse and sustainable natural area. It shows sustainability can be achieved by protecting and enhancing the area's natural environment while providing outdoor education, cultural and heritage experiences and recreation.

Cold Creek consists of 190 hectares within the Humber River watershed (a designated Canadian Heritage

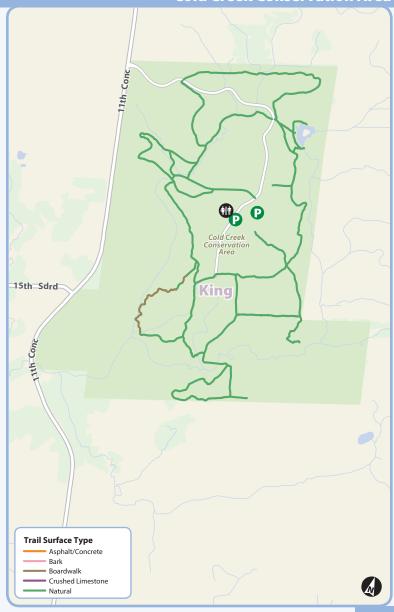
River). A portion of the property lies within the "Natural Linkage" policy area of the Oak Ridges Moraine.
The Conservation Area is significant due to its unique natural features.
Existing mixed conifer swamp forest contains black spruce, which is rare in Southern Ontario and is home to a wide array of plant and animal species.

Visit Cold Creek to enjoy the more than six-kilometre marked nature trail. Gates are open from 8:30 a.m. to 4:30 p.m. Monday to Saturday, and during special events. If you are outside open hours, you can park your vehicles at the main gate and follow the trail arrows for hours of enjoyment.





Trail difficulty: Easy-Moderate
Distance: 6.6 km
Access points: 11th Concession Parking: Pay to Park
For more information: Township of King
905-833-5321 king.ca





Happy Valley Forest is located at the centre of King. It is one of the largest intact hardwood forests on the Oak Ridges Moraine. The forest is classified as a provincially significant Area of Natural and Scientific Interest by the Ontario Ministry of Natural Resources and Forestry and is protected by the Oak Ridges Moraine Conservation Plan. It is over 1000 hectares in size consisting of an upland forest on steeply rolling topography, old field habitats, several creek valleys, various wooded swamps and wetland areas.

The forest is divided by Lake Simcoe Region Conservation Authority to the north and the Toronto and Region Conservation Authority to the south. Landowners within the forest include both conservation authorities, the Township of King, York Region, the Nature Conservancy of Canada, Oak Ridges Moraine Foundation and private land owners.

In addition to the Oak Ridges Trail, York Region's property and a number of other informal trails have been historically used for equestrian riding.





Trail difficulty: Moderate Distance: 6.5 km

Access points: 7th Concession south of 18th Sideroad

Parking: On-street parking

For more information: Nature Conservancy of Canada 416-932-3202 natureconservancy.ca

#### Township of King Happy Valley Forest Tract





Humber Trails Conservation Area is 19.4 hectares with approximately 2.4 kilometres of trails through the property, which includes two tributaries of the Humber River, a Canadian Heritage River.

The property has a unique history dating back to the beginning of the 19th century. Early pioneers established the hamlet of King Creek, which is the old name of the area in which Humber Trails is located. A post office and three mills were built in this small community including the first sawmill in King to have a circular saw. With the introduction of steam and electric power, these mills became obsolete and the community mostly dissolved around the time period of World War I. There is little

information regarding Humber Trails or King Creek between around 1913 and 1954.

Today the property has several trails that are used and maintained by the local community. In the winter, one small pond is cleared by neighbours and becomes a skating rink. Another unique aspect of the property is a 180 year-old bur oak tree. Due to its unique placement (next to remains of a well), it is thought that this tree was planted with the initial development of the community of King Creek.

#### Go active and be healthy

Participating in physical activity can reduce the risk of heart disease, stroke, high blood pressure, certain types of cancer, type 2 diabetes, osteoporosis, overweight and obesity.



**Trail difficulty:** Easy-Moderate **Distance:** 2.4 km

Access points: Off of Elpine Trail or Mill Road
For more information: Toronto and Region Conservation Authority
416-661-6600 trca.ca

## Township of King Humber Trails Conservation Area





Be active in nature. Nature can make you happier, healthier and more relaxed.

The **King City Trail** is located in the valleyland area following the route of the Humber River. It is ideal for walking, hiking, jogging or cross-country skiing. Young and old can enjoy bird watching in a setting abundant with wild flowers, plant life, trees and waterways. Bridges, boardwalks and stepping stones allow for safe marsh and river crossings.

#### Stay hydrated

Water is a healthy, calorie-free way to stay hydrated before, during and after activity.

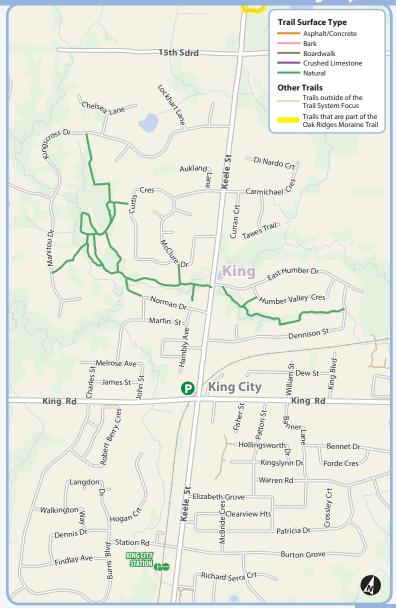


**Trail difficulty:** Easy-Moderate **Distance:** 2.4 km

Access points: Off Keele Street, 400 m north of King Road at St. Andrew's Presbyterian Church; Doris Patton Park, Norman Drive King City

**For more information:** Township of King 905-833-5321 **king.ca** 

#### Township of King King City Trail





The trails at Seneca College have been described as one of the best kept hiking secrets in Ontario. They allow hikers to experience old growth forests, rolling hills, meadows, wetlands and the historic pathways of Eaton Hall.

Four kilometres of the Oak Ridges Trail also pass through the campus. Seneca has approximately 14 kilometres of trails for hiking in the summer and cross-country skiing and snowshoeing in the winter.

Parking is Pay to Park in all lots with all credit cards accepted.

#### Be sun safe

Tips to protect yourself from the sun's UV rays:

- Cover up with light coloured, loose fitting, closely woven clothing
- Wear a large brimmed hat and UV protected sunglasses
- Use sunscreen with a SPF of 30 or higher, including a SPF lip balm





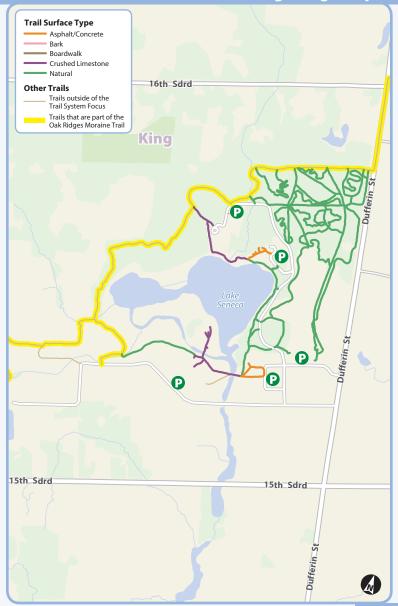
**Trail difficulty:** Easy-Moderate **Distance:** 14 km

Access points: Dufferin Street north of 15th Sideroad

Parking: Pay to Park \$5 per car (rates subject to change without notice);
limited free parking also available along Dufferin Street

For more information: Seneca College King Outdoor Education Centre

416-491-5050 ext. 55042 senecaoutdoorcentre.com





Thornton Bales Conservation Area is a 19.6 hectare Area of Natural and Scientific Interest located along the northern margin of the Oak Ridges Moraine, and has an elevation that drops 54 metres from its south-west corner to its northern boundary. Nicknamed "99 Steps", Thornton Bales trails are best fitted for the fit and adventurous. The most significant feature of the area is the kame moraine (a ridge or mound of sand and gravel deposited during the melting of glacial ice) that formed an extremely steep slope along this small section of the Oak Ridges Moraine.

This conservation area is heavily forested with sugar maple and American beech and is home to a variety of wildlife including pileated woodpeckers and white-tailed deer. Vast arrays of wildflowers bloom each spring, including hepatica, trilliums, violets, lily of the valley, wild ginger and spring beauty. Numerous ferns, such as Christmas and rattlesnake, can also be found in the summer. Thornton Bales Conservation Area provides a large contiguous block of wildlife habitat on the margins of Newmarket and Aurora.

Thornton Bales is approximately one and a half kilometres west of the Town of Newmarket and 2 kilometres northwest of the Town of Aurora. The mixture of earthen trails, rolling topography, as well as its linkage to the University of Toronto Koffler Scientific Reserve along "Koffler-Bales Side Trail" provides excellent opportunities for hiking and nature appreciation.



**Trail difficulty:** Easy-Moderate **Distance:** 6 km

Access points: 19th Sideroad, 2 km west of Bathurst Street, Bathurst Street, 2 km north of Mulock Drive

For more information: Lake Simcoe Region Conservation Authority

905-895-1281 **Isrca.on.ca** or

University of Toronto Koffler Scientific Reserve

647-261-6362 ksr.utoronto.ca

