



## Spinach and Strawberry Salad

**Prep Time** : 10 m **Cook Time** : 10 m **Servings** : 8 servings **Source** : Allrecipes.com

### INGREDIENTS

2 bunches spinach, rinsed and torn into bite-size pieces

4 cups sliced strawberries

1/2 cup vegetable oil

1/4 cup white wine vinegar

1/2 cup white sugar

1/4 teaspoon paprika

2 tablespoons sesame seeds

1 tablespoon poppy seeds

### DIRECTIONS

In a large bowl, toss together the spinach and strawberries.

In a medium bowl, whisk together the oil, vinegar, sugar, paprika, sesame seeds, and poppy seeds. Pour over the spinach and strawberries, and toss to coat.

### NUTRITION

Per Serving: 235 calories; 15.9 g fat; 22.8 g carbohydrates; 3.6 g protein; 0 mg cholesterol; 69 mg sodium. Full nutrition