

# Your Roadmap to a Cleaner, Calmer Home...

Welcome to our Ultimate Spring Decluttering Checklist! This comprehensive guide will help you transform your living space into a serene sanctuary by tackling clutter effectively. Follow these steps to streamline your belongings, clear your mind, and create a home you love.

## **Section 1: Preparing for Decluttering:**

- **Set Clear Goals:** Define what you want to achieve with your decluttering efforts.
- **Gather Supplies:** Collect boxes, bins, trash bags, and any other organizing tools you'll need.
- **Schedule Time:** Block off dedicated decluttering sessions in your calendar. We recommend keeping it short to start to prevent feeling overwhelmed, then increase allotted time as you gain more confidence.

## Section 2: Decluttering Room by Room:

### KITCHEN

- Expired food

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- Stained containers

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- Mismatched containers

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- Unused appliances

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- Broken mugs, plates, bowls, etc

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### BATHROOM

- Old travel items

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- Expired makeup

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- Expired medicinal products

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- Old toothbrushes

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- Dried nail polish

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- Duplicate items

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### BEDROOM

- Old clothes

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- Old shoes

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- Unpaired socks

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- Unused items

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- Broken or unused accessories

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- Extra hangers

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## OFFICE

- Old bills
- Used notebooks
- Dried pens and markers
- Old menus and flyers
- Used gift cards
- Old calendars

## GARAGE

- Empty boxes
- Loose screws and bolts
- Old paint
- Unused tools
- Boxes unopened for over one year
- Old party supplies

## MISCELLANEOUS

- Unused linen
- Expired cleaning products
- Burned candles
- Board games and puzzles with missing pieces
- Outdated consoles, phones and cords
- Old toys

### **Section 3: General Decluttering Tips:**

- Follow the "One In, One Out" Rule: For every new item brought into your home, remove one old item.
- Donate or Sell Unwanted Items: Consider donating gently used items to charity or selling them online.
- Get Rid of Sentimental Clutter: Keep only items that truly hold significance and let go of the rest.
- Be Ruthless: Ask yourself if each item serves a purpose or brings you joy. If not, it may be time to part ways.

### **Section 4: Maintenance and Organization:**

- Develop Daily Habits: Spend a few minutes each day tidying up to prevent clutter from accumulating.
- Implement Storage Solutions: Invest in storage bins, shelves, and organizers to keep belongings neatly arranged.
- Regularly Reevaluate: Schedule periodic decluttering sessions to ensure your home stays organized over time.

By following these steps, you've taken a significant step towards creating a more peaceful and organized home. Keep up the good work, and enjoy the benefits of your clutter-free space!

Stay connected so you don't miss out on more tips, tricks & helpful info!

Follow us!

DECORGANIZE IT

**XOXO,**

DECLUTTER • ORGANIZE • DESIGN

*Samantha*