



# SERENDIPITIES

— sit in — take-away —

## Who are we?

Serendipities is a social enterprise working with adults with additional needs, dedicated to creating and inspiring social change. We believe in equality for all, and everything that we do is to help build socially and environmentally sustainable communities. All our profits go into developing the skills & confidence of our members, individuals with additional needs, autism and mental health barriers. We are the safe training space of Uppertunity. Google us.

## About our food

We aim to create a sustainable future not only for our members, but for our environment too.

We do this by using only plant based ingredients (yes, 100% vegan, but our food is for all!) and locally sourced wherever possible, and we aid in preventing food waste by using perishable food still fit for consumption that would otherwise go to waste. So some things on our menu change on a daily basis. This is where we get fun and experimental! All our drinks are ethical and sustainable too. The coffee and teas are traceable, with their profits made going to social causes.

Our recipes are our own and all made with love by our staff and volunteers.

## Why are we awesome?

We are changemakers! We are people, community and environmentally led. We aren't fancy or "smanshy". Instead, we are an inclusive and open space for everyone, bringing the community together. We run evening events, helping to reduce isolation and increase community awesomeness. We offer "pay what you" can on our soups and hot drinks. We offer a free exhibition space for local artists. And we work with various other groups, creating waves of love!

## How can you be awesome?

Simple. Buy our food. Experience our culture. Taste yummy vegan food. Chat to us. Spread the love. Repeat.

If you have a food aversion, please let us know and we will assist.

## All Day Breakfast

**TOASTED BAC\*N BAGEL & SYRUP** £3.00

VEGAN BACON STRIPS TOPPED WITH MAPLE SYRUP (CONTAINS GLUTEN & SOYA)

**MORNING ROLL WITH 1 FILLING** £3.00

**MORNING ROLL WITH 2 FILLINGS** £4.00

**MORNING ROLL WITH 3 FILLINGS** £5.00

CHOOSE FROM: VEGAN BACON WITH GRILLED TOMATO, VEGAN LORNE, VEGAN SAUSAGE, VEGAN HAM OR VEGAN BLACK PUDDING (CONTAINS GLUTEN & SOYA)

**ADD BAKED BEANS, HASHBROWN OR POTATO SCONE** £0.50

**SERENDIPITIES WEE WAFFLES** £3.00

**SERENDIPITIES WAFFLES** £5.00

WAFFLES SERVED WITH FRUIT, ICE CREAM, SYRUP, CHOCOLATE SAUCE & CREAM. ASK FOR CHOCOLATE WAFFLES IF AVAILABLE. (CONTAINS GLUTEN & SOYA)

**FRENCH TOAST (SWEET)** £3.50

2 SLICES OF BREAD GRILLED IN HOMEMADE SAVOURY VEGAN 'EGGY' SAUCE, WITH FRUIT AND SYRUP (CONTAINS GLUTEN & ALMONDS, GLUTEN FREE OPTION).

**FRENCH TOAST (SAVOURY)** £4.00

2 SLICES OF BREAD GRILLED IN HOMEMADE SAVOURY VEGAN 'EGGY' SAUCE, WITH BACON AND SECRET BREAKFAST SAUCE (CONTAINS GLUTEN & ALMONDS)

**BREAKFAST BURRITO** £4.50

A UNIQUELY FOLDED WRAP WITH 2 MEATY VEGAN FILLINGS, OUR SECRET BREAKFAST SAUCE AND SCRAMBLED TOFU. CHOOSE FROM SAUSAGE, LORNE OR BLACKPUDDING (CONTAINS GLUTEN & SOYA)

**WEE FRY UP** £7.50

VEGAN SAUSAGES, VEGAN BACON, HOMEMADE POTATO SCONE AND HASH BROWN, VEGAN BLACK PUDDING, SECRET BREAKFAST SAUCE, SLICES OF TOAST, BEANS, GRILLED TOMATO & MUSHROOM (CONTAINS GLUTEN & SOYA, GLUTEN FREE OPTION)

## Pies and Toasties

**MAC & CHEESE PIE** £2.00

OUR OWN HOMEMADE MAC AND CHEESE IN A PIE  
(CONTAINS GLUTEN, SOYA, COCONUT & MUSTARD)

**CHEEKIN CURRY PIE** £2.00

OUR HOMEMADE CHEEKIN CURRY MIX IN A PIE  
(CONTAINS GLUTEN & SOYA)

**BREAKFAST PIE** £2.00

LAYERS OF VEGAN SAUSAGE, BEANS, SCRAMBLED  
TOFU & TOPPED WITH A HASHBROWN (CONTAINS  
GLUTEN & SOYA)

**MINCE PIE** £2.00

HOMEMADE VEGAN MINCE, ONION AND GRAVY  
FILLING IN A PIE  
(GLUTEN & SOYA)

MAKE A PIE A MEAL BY ADDING GARLIC BREAD  
AND SIDE SALAD OF THE DAY +£2.00

**CHEESE TOASTIE** £3.00

TRADITIONAL GRILLED CHEESE TOASTIE WITH A  
SIDE SALAD AND CRISPS (CONTAINS GLUTEN &  
COCONUT)

**CHEESE AND HAM TOASTIE** £4.00

TRADITIONAL GRILLED CHEESE AND VEGAN HAM  
TOASTIE WITH A SIDE SALAD AND CRISPS  
(CONTAINS GLUTEN & COCONUT)

ADD CHUTNEY, TOMATO, PICKLED ONION AND/OR  
GHERKINS. +£0.50

## Platter for One

**PLATTER FOR ONE** £7.95

5 DIFFERENT VEGAN CHESES SERVED WITH  
CRACKERS, CHUTNEY AND A MEDITERRANEAN  
SKEWER (GLUTEN FREE, CONTAINS SOYA &  
COCONUT. CRACKERS CONTAIN GLUTEN)

## All Day Lunch

**SOUP OF THE DAY FOR ALL** PWYC

FRESHLY MADE BOWL OF SOUP SERVED WITH  
HOMEMADE CROUTONS AND BREAD. SEE SPECIALS  
BOARD (BREAD CONTAINS GLUTEN, GF OPTION)

**THE SALAD OF THE DAY** £3.95

LARGE BOWL OF THE SALAD OF THE DAY ON A  
BED OF LEAFY GREENS AND MIX SALAD. SEE  
SPECIALS BOARD. (ASK FOR GLUTEN FREE)

**SERENDIPITIES MAC & CHEESE** £7.95

BAKED MAC & CHEESE USING HOMEMADE VEGAN  
CHEESE SAUCE, GARLIC BREAD & MIX SALAD  
(CONTAINS GLUTEN, COCONUT & SOYA)

**VEGETABLE LASAGNA** £7.95

HOMEMADE LASAGNA WITH VEG, HOMEMADE  
TOMATO SAUCE AND HOMEMADE CHEESE SAUCE,  
SERVED WITH MIX SALAD AND HOMEMADE GARLIC  
BREAD (CONTAINS GLUTEN & SOYA)

**WASTE NOT CHEESY CASSEROLE** £6.95

HOMEMADE LAYERED BAKED CASSEROLE DISH  
USING A MIX OF VEG AND LENTILS, TOPPED WITH  
SLICED POTATOES & GRILLED CHEESE, SERVED  
WITH MIX SALAD AND HOMEMADE GARLIC BREAD  
(CONTAINS MUSTARD, BREAD CONTAINS GLUTEN)

## Signature Filling

CHOOSE A BAKED POTATO, WRAP OR BAGEL. ALL  
COME WITH SALAD OF THE DAY, OR HAVE YOUR  
FILLING WITH AN EXTRA LARGE SALAD OF THE DAY

**CORONATION CHEEKIN** £5.95

CREAMY INDIAN STYLE VEGAN CHICKEN, HOMEMADE  
CHUTNEY, FRESH SPINACH & HUMMOUS (CONTAINS  
GLUTEN, MUSTARD & ALMONDS)

**CHUNKY CHICKPEA TOONA** £5.95

CHICKPEA MIX TO SIMULATE CREAMY TUNA WITH  
FRESH SPINACH AND HUMMOUS (GLUTEN FREE &  
SOYA FREE. CONTAINS MUSTARD)

**MEDITERRANEAN VEG** £5.95

MIXED BAKED MEDITERRANEAN VEGETABLES WITH  
HERBS AND GARLIC, FRESH ROCKET AND GREEN  
PESTO (GLUTEN FREE & SOYA FREE)

## Sweet Treats

SEE OUR CAKE DISPLAY FOR OUR HOMEMADE  
CAKES WHERE WE GET CREATIVE WITH  
INGREDIENTS (GLUTEN & SOYA FREE OPTIONS)

**ICE CREAM SUNDAE** £2.50

2 SCOOPS OF VEGAN ICE CREAM, WITH HOMEMADE  
FRUIT COMPOTE AND TOPPED WITH SQUIRTY  
CREAM (GLUTEN FREE)

**ADD 3 TOPPINGS** £1.00

CHOOSE FROM OREO CRUMBLE, BISCOFF  
CRUMBLE, MARSHMALLOW, WHITE CHOCOLATE  
CHIPS, BISCOFF SPREAD OR CHOCOLATE SAUCE

**PUPMEAL (ALL VEGAN)** £4.00

A DOG FRIENDLY MEAL CONTAINING A HOMEMADE  
CUPCAKE TOPPED WITH A DOGGIE TREAT,  
RAMEKIN OF CREAM AND A DOG CHEW TREAT

## Cold Drinks

**JAZZED UP SPRITZER** £2.50

OUR SPECIAL BLEND OF CORDIAL (ELDERFLOWER,  
OR RASPBERRY & LEMON, OR BLUEBERRY &  
BLACKCURRANT, OR GINGER) WITH CRUSHED ICE,  
SODA WATER & FRUIT

**COLD CANS (SPARKLING)** £1.80

KARMA COLA , PASSION FRUIT & MANGO, APPLE &  
RHUBARB, LEMON, ORANGE, GINGER BEER

**FRESH ORANGE OR APPLE JUICE (SEASONAL)** £1.50

## Teas

**REGULAR BREAKFAST TEA (CUP/POT)** £1.85/£2.50

**SPECIALITY TEAS (CUP/POT)** £1.85/£2.50

EARL GREY, BLACK LEMON, CRANBERRY ROSE  
GREEN, ROOIBOS, STRAWBERRY OLD LOVE, LIFE'S  
A PEACH, PEPPERMINT, CHAI, LEMONGRASS &  
GINGER, RHUBARB SPRITZER, MELON & MINT, PEAR  
& CINNAMON, CHAMOMILE, STRAWBERRIES &  
CREAM.

**CHAI TEA LATTE** £2.50

CHAI TEA BREW BLENDED WITH YOUR CHOICE OF  
MILK, MIXED WITH CINNAMON SYRUP

## Coffees

AVAILABLE MILKS: OAT, SOYA, ALMOND, COCONUT,  
HAZELNUT AND PEA

**AMERICANO** £1.90

**ESPRESSO** £1.90

**FLAT WHITE** £2.35

**CAPPUCCINO** £2.65

**LATTE** £2.65

**ICED LATTE** £2.80

COLD COFFEE WITH CRUSHED ICE, CHOICE OF  
YOUR MILK AND TOPPED WITH CREAM

**MOCHA** £2.80

**SYRUPS** £0.50

CHOCOLATE COOKIE, CARAMEL, SALTED CARAMEL,  
VANILLA, HAZELNUT, TOFFEE APPLE, MAPLE SPICE,  
CURAÇAO TRIPLE SEC (ORANGE), CREME BRÛLÉE,  
FOREST NOIRE, TOASTED MARSHMALLOW, MINT

**HOT CHOCOLATE** £2.40

MARSHMALLOWS/WHIPPED CREAM 25p each

## Speciality Drinks

**COOKIES AND CREAM** £3.50

YOUR CHOICE OF COFFEE OR HOT CHOCOLATE,  
BLENDED WITH MARSHMALLOW SYRUP AND  
TOPPED WITH OREO'S AND CREAM

**MARVELOUS MINT** £3.50

YOUR CHOICE OF COFFEE OR HOT CHOCOLATE,  
BLENDED WITH FROSTED MINT SYRUP AND  
TOPPED WITH MINT CHOCOLATE AND CREAM

**CREME BRULEE** £3.50

YOUR CHOICE OF COFFEE OR HOT CHOCOLATE,  
BLENDED WITH CREME BRULE SYRUP AND TOPPED  
WITH BISCOFF COOKIE AND CREAM

**CHOCOLATE ORANGE SURPRISE** £3.50

YOUR CHOICE OF COFFEE OR HOT CHOCOLATE,  
BLENDED WITH CITRUS SYRUP AND TOPPED WITH  
ORANGE CHOCOLATE AND CREAM

**GINGERBREAD GINGERNESS** £3.50

YOUR CHOICE OF COFFEE OR HOT CHOCOLATE,  
BLENDED WITH GINGERBREAD SYRUP AND TOPPED  
WITH GINGER NUT COOKIE AND CREAM