

SuffolkXCTF.com				
Last Update: 1/20/25				
Suffolk County Girls Winter Track & Field				
League 4 Records				
55 m Hurdles	Kate DelGaudio	Mt. Sinai	8.22	2022
55 m Dash	Sarah Militano	Miller Place	7.25	2015
300 m Dash	Amanda Stead	Miller Place	41.56	2017
600 m	Katherine Lee	Shoreham-WR	1:35.15	2017
1000 m	Kristy Longman	Sayville	2:54.20	2006
1500 m	Lily Strebl	Westhampton	4:45.97	2024
3000 m	Talia Guevara	Miller Place	10:24.79	2013
1500 m Racewalk	Annica Penn	Westhampton	6:51.38	2013
Shot Put	Jillian Scully	Miller Place	39'8.5"	2024
High Jump	Danielle Legendre	Port Jefferson	5' 5"	1986
Long Jump	Sabrina Gardner	Miller Place	17' 11.5"	2001
Triple Jump	Alexandra Kelly	Rocky Point	40'8.5"	2022
4 x 200 m	Miller Place	1:49.43	2017	
	Amanda Stead - Cassandra Sperl - Carissa Militano - Kelly Holowina			
4 x 400 m	Miller Place	4:14.73	2015	
	Kiera Lopez - Jenn Holownia - Laura Nolan - Siara Guevara			
4 x 800 m	Miller Place	9:52.59	2013	
	Laura Barreca - Laura Nolan - Talia Guevara - Tiana Guevara			

A special thanks to Steve Borbet, Kurt Pasler, Paul Koretzki, Alex Young & Jim Crowley for compiling and updating the records.

SuffolkXCTF.com			
Suffolk County Girls Winter Track & Field			
League 4 Team Champions			
	1st Place	2nd Place	3rd Place
2025	Sayville - 132	Hauppauge - 83	Islip - 83
2024	Sayville - 134	Westhampton Beach - 103	Islip - 82
2023	Sayville - 121	Westhampton Beach - 114	Islip - 72
2022	Westhampton Beach - 114	Sayville - 110	Mt. Sinai - 70
2021	COVID - 19 (Outdoor Season - No League Champion)		
2020	Westhampton Beach - 100	Miller Place - 83	Sayville - 71
2019	Westhampton Beach - 125	Kings Park - 57.5	Sayville - 53
2018	Miller Place - 105	Hauppauge - 89	Westhampton Beach - 88
2017	Miller Place - 100.75	Shoreham-WR - 97	Westhampton Beach - 93
2016	Westhampton Beach - 65	Hauppauge - 64	Harborfields - 61
2015	Miller Place - 105	Kings Park - 90	Westhampton Beach - 81
2014	Kings Park - 101	Westhampton Beach - 96	Harborfields - 77
2013	Miller Place - 93	Kings Park - 79	Islip - 55
2012	Kings Park - 97	Islip - 85	Huntington - 57
2011	Kings Park - 118	Sayville - 62	Islip - 57
2010	Kings Park - 133	Eastport-SM - 75	Sayville - 67
2009	Sayville - 118	Kings Park - 96	Islip - 66
2008	Kings Park - 144	Sayville - 115	Islip - 49
2007	Sayville - 133	Kings Park - 95.5	Comsewogue - 54
2006	Sayville - 135	Kings Park - 74	Islip - 66
2005	Snowed Out		
2004	Sayville - 120	Islip - 82	Rocky Point - 82
2003	Shoreham-WR - 148	Sayville - 70	Comsewogue - 66
2002	Shoreham-WR - 109	Rocky Point - 86.5	Sayville - 71
2001	Miller Place - 117	Rocky Point - 84.5	Sayville - 79
2000	Miller Place - 128.5	Kings Park - 78.67	Rocky Point - 62
1999	Miller Place - 121	Kings Park - 98	Sayville - 75.5
1998	Westhampton Beach - 112	Miller Place - 107	Sayville - 82
1997	Shoreham Wading River - 127	Rocky Point - 111	Mount Sinai - 65
1996	Snowed Out		
1995	Shoreham Wading River - 129	Westhampton Beach - 85	Mount Sinai - 70
1994	Shoreham Wading River - 158	Sayville - 66	Comsewogue - 40
1993	Shoreham Wading River - 127	Sayville - 123	Kings Park - 38.5
1992	Shoreham Wading River - 100	Sayville - 98	Kings Park - 63
1991			
1990	Shoreham Wading River - 83	Comsewogue - 82	Bellport - 54
1989	Shoreham Wading River - 159	Sayville - 60	Miller Place - 47
1988			
1987			
1986	Shoreham Wading River- 117	Harborfields - 78	Sayville - 48