

SuffolkXCTF.com

Last Update: 2/5/26

Section XI Girls Spring Track & Field

County D Meet Records

100m Hurdles	Kate Del Gandio	Mount Sinai	14.72	2022
100m Dash	Alexa Jacobs	Port Jefferson	11.85	2024
200m Dash	Alexa Jacobs	Port Jefferson	24.64	2026
400m Dash	Alexa Jacobs	Port Jefferson	56.60	2026
400m Hurdles	Kelly Hughes	Mount Sinai	66.51	2025
800m Run	Sophia McInnes	Bayport-Blue Point	2:07.17	2025
1500m Run	Sophia McInnes	Bayport-Blue Point	4:33.24	2025
1500m Walk	Ruby Ray	Port Jefferson	7:38.07	2023
2000m Steeple	Emily LaMena	Elwood/John Glenn	7:13.53	2023
3000m Run	Sophia McInnes	Bayport-Blue Point	9:55.99	2023
Shot Put	Jillian Scully	Miller Place	46-6.25	2025
Discus	Jillian Scully	Miller Place	178-10	2025
Long Jump	Cameron Stanton	Southold	18-2	2024
Triple Jump	Leeann Redlo	Bayport-Blue Point	37-06.00	2022
High Jump	Olivia Misiukiewicz	Southold	5-04.00	2023
Pole Vault	Shayna Selnick	Miller Place	10-3	2025
Pentathlon	Casey Szczotka	Mattituck	2620	2022
4 x 100	Southampton		51.32	2024
	Katherine Terry	Daelyn Palmore		
	Zoey Sulph	Kyla Cerullo		
4 x 400	Bayport - Blue Point		4:04.14	2023
	Ansley Brogan	Ava Brogan		
	Margaret Yost	Sophia McInnes		
4 x 800	Mount Sinai		9:59.60	2024
	Cali Gabrielson	Taylor Pedra		
	Paige Sheiffele	Carli Sheiffele		
Records for Division Championship Meets were compiled by Vin Ungaro and Jim Christian.				

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County C Team Champions

	1st Place	2nd Place	3rd Place
2026	Port Jefferson - 139	Mount Sinai - 106	Elwood/John Glenn - 85
2025	Mount Sinai - 141	Port Jefferson - 79	Bayport-Blue Point - 76
2024	Bayport-Blue Point - 142	Mount Sinai - 132	Elwood/John Glenn- 46
2023	Mount Sinai - 137	Bayport-Blue Point - 90.5	Elwood/John Glenn - 66
2022	Mount Sinai - 143	Bayport- Blue Point - 95	Elwood/John Glenn - 74