

| Section XI Boys Winter Track & Field | | | | |
|--------------------------------------|---|----------------|-----------|------|
| Large School County Meet Records | | | | |
| 55 m Hurdles | Jaheim Dotson | Longwood | 7.52 | 2019 |
| 55 m Dash | Eddie Vu | William Floyd | 6.36 | 2022 |
| 300 m Dash | Jaheim Dotson | Longwood | 34.93 | 2019 |
| 600 m | Paul Ciurlys | Walt Whitman | 1:22.2 | 2000 |
| | Jake Burcham | HHH East | 1:22.43 | 2013 |
| 1000 m | Christopher Tibbets | Sachem North | 2:31.60 | 2017 |
| 1600 m | Aiden Symth | Walt Whitman | 4:24.94 | 2018 |
| 3200 m | Kris Moran | North Babylon | 9:27.05 | 2013 |
| 1600 m Racewalk | Paul Tavares | Centereach | 6:33.5 | 1990 |
| | | | | |
| Shot Put | Benjamin Bonhurst | Smithtown West | 63' 5.5" | 2014 |
| High Jump | Daniel Claxton | Smithtown East | 6' 9.25" | 2016 |
| Long Jump | Jadon Anglin | Connetquot | 23' 4" | 2026 |
| Triple Jump | Carlton Rowe | Walt Whitman | 48' 4.75" | 1995 |
| | | | | |
| 4 x 200 m | Patchogue Medford | | 1:31.78 | 2025 |
| | Evan Fraser, Brody Sorensen, Ryan Lazaridis, Jayden Stroman | | | |
| 4 x 400 m | Huntington | | 3:28.07 | 2020 |
| | Anthony Joseph, CJ Kiviat, Jonathan Smith, Justin Stevens | | | |
| 4 x 800 m | Middle Country | | 8:12.3 | 1998 |
| | J.R. Cruz - D. Muhleman - M. Dunn - S. Roberts | | | |

See Team Champions Below

Section XI Boys Winter Track & Field

Large School Champions

| | 1st Place | 2nd Place | 3rd Place |
|------|--|------------------------|------------------------|
| 2026 | Connetquot | North Babylon | Commack |
| 2025 | Connetquot | Commack | Longwood |
| 2024 | Longwood | Northport | Connetquot |
| 2023 | Connetquot | Huntington | Longwood |
| 2022 | Commack | Huntington | William Floyd |
| 2021 | COVID-19 (No Indoor Season or Championships) | | |
| 2020 | Huntington | Smithtown West | Longwood |
| 2019 | Huntington | Longwood | Northport |
| 2018 | Northport | Brentwood | Huntington |
| 2017 | Smithtown West | Huntington | William Floyd |
| 2016 | Central Islip | Longwood | Bay Shore |
| 2015 | Longwood | Bay Shore | Smithtown East |
| 2014 | Longwood | Northport | Half Hollow Hills East |
| 2013 | Northport | Smithtown West | Longwood |
| 2012 | Longwood | North Babylon | Smithtown West |
| 2011 | Longwood | Brentwood | Northport |
| 2010 | Longwood | North Babylon | Bay Shore |
| 2009 | Sachem North | Northport | North Babylon |
| 2008 | Northport | Longwood | Bay Shore |
| 2007 | Smithtown | Longwood | Brentwood |
| 2006 | Bay Shore | Longwood | Riverhead |
| 2005 | Longwood | Northport | Bay Shore |
| 2004 | Longwood | Commack | Bay Shore |
| 2003 | Northport | Middle Country | Central Islip |
| 2002 | Northport | Central Islip | Bay Shore |
| 2001 | Bay Shore | Smithtown | Northport |
| 2000 | Longwood | Commack | Middle Country |
| 1999 | Longwood | Middle Country | Smithtown |
| 1998 | Smithtown | Bellport | Bay Shore |
| 1997 | Smithtown | Middle Country | Half Hollow Hills East |
| 1996 | Middle Country | Longwood | Half Hollow Hills East |
| 1995 | Middle Country | Brentwood | Longwood |
| 1994 | Longwood | Connetquot | Brentwood |
| 1993 | Walt Whitman | Longwood | |
| 1992 | Longwood | Middle Country | Sachem |
| 1991 | Longwood | Sachem | Brentwood |
| 1990 | Longwood | Centereach | Connetquot |
| 1989 | Longwood | Centereach | Half Hollow Hills East |
| 1988 | Longwood | Half Hollow Hills East | Longwood |
| 1987 | Centereach | Longwood | Sachem |
| 1986 | Sachem | Brentwood | Longwood |
| 1985 | Deer Park | Bay Shore | Hauppauge |
| 1984 | North Babylon | Bay Shore | |
| 1983 | North Babylon | Half Hollow Hills East | Commack |
| 1982 | North Babylon | Patchogue-Medford | Northport |
| 1981 | North Babylon | Walt Whitman | Bay Shore |

| | | | |
|------|--------------|---------------|-----------|
| 1980 | Walt Whitman | North Babylon | Bay Shore |
| 1979 | Bay Shore | Walt Whitman | Brentwood |
| 1978 | Walt Whitman | North Babylon | |