



BROADWAY PARK CROSS COUNTRY COURSE

The course is made up of 2000 meter loops. The women will run 2 loops = 4000 meters = 2.48 miles. The men will run 3 loops = 6000 meters = 3.73 miles. The course will be marked with blue and yellow cones. Keep the blue cones on your right and the yellow cones on your left. Please note the yellow lines on the map that denote the modifications for the first loop and the red line that shows the final straightaway.