

SuffolkXCTF.com

Last Update: 8/10/21

Suffolk, Nassau, & NSCHSAA Combined Girls Outdoor Records

100 m	Keyon Soley	Uniondale	11.40 #	6/13/1997	National Scholastic T&F Championships- Raleigh NC
200 m	Shana Cox	Holy Trinity	23.24	6/14/2003	Adidias Outdoor Nationals- Raleigh NC
400 m	Shana Cox	Holy Trinity	52.94	6/14/2003	Adidias Outdoor Nationals- Raleigh NC
800 m	Charlene Lipsey	Hempstead	2:05.83	5/2/2009	St. Anthony's Invitational- Huntington NY
1500 m	Katherine Lee	Shoreham-Wading River	4:23.48	6/10/2017	New York State Championships- Union-Endicott NY
1 Mile	Christine Curtin	Mepham	4:43.34 ^	6/12/1982	Kinney Invitational- Berkeley CA
3000 m	Christine Curtin	Mepham	9:25.72	7/1/1982	US Junior National Championships-Westwood CA
2 Mile	Diana Vizza	North Shore	10:29.93	6/18/2016	Brooks PR Invitational- Renton WA
5000m	Daniela Locastro	Cold Spring Harbor	17:05.81	6/17/2016	New Balance Outdoor Nationals- Greensboro NC
10000m	Tara Flynn	Massapequa	36:59.89	7/30/1987	Empire State Games- Syracuse NY
100 m Hurdles	Chibugo Obichere	Valley Stream North	13.80	5/11/2019	Glenn D Loucks Games- White Plains NY
300m Hurdles	Allison Williams	Brentwood	42.68	6/17/1989	18th Keebler Invitational- Elmhurst Illinois
400 m Hurdles	Shevonne Stoddart	Uniondale	58.86	6/24/2000	US Junior National Championships- TX
1500 m Racewalk	Lauren Harris	Sachem East	6:17.20	6/3/2017	Section XI State Qual Meet- Port Jefferson NY
1 Mile Racewalk	Lauren Harris	Sachem East	6:52.23	6/17/2016	New Balance Outdoor Nationals- Greensboro NC
3K Racewalk	Lynn Weik	Sayville	14:35.38	6/21/1985	TAC Junior National Championships, IA
5K Racewalk	Katherine Newhoff	East Islip	24:14.60	4/23/2015	Penn Relay Carnival- Philadelphia PA
2K Steeplechase	Brianna Nerud	North Shore	6:29.56	7/10/2012	IAAF World Junior Championships- Barcelona Spain
3K Steeplechase	Brianna Nerud	North Shore	10:00.72	7/11/2013	8th IAAF World Youth Championships- Donetsk Ukraine
Shot Put	Cheryl Klein	Bellport	49' 8.5"	5/19/1984	Suffolk County Class Championships- Patchogue NY
Discus	Diane Pugh	Amityville	162' 0.5"	5/14/1979	Suffolk County Girls Conference Championships - Bayport NY
Hammer	Olivia Seifert	St. Anthony's	177' 3"	3/28/2016	39th Annual Iona Prep/Ursuline Invitational- New Rochelle NY
High Jump	Joy Gaines	Bay Shore	5' 10.75"	5/12/1996	Hartford Invitational- Hartford CT
Long Jump	Lynette Wigington	Mattituck	20' 11.25"	6/22/1997	USATF Jr National Championships- Edwardsville IL
Triple Jump	Lynette Wigington	Mattituck	42' 0.5"	6/21/1997	USATF Jr National Championships- Edwardsville IL
Pole Vault	Amy Linnen	Mount Sinai	13' 0.25"	6/17/2000	Foot Locker National Championships- Raleigh NC
Pentathlon	Zaria Fuller	Uniondale	3544 Points	6/8/2019	New York State Championships- Middletown NY
Hepthalon	Zaria Fuller	Uniondale	4808 Points	6/16/2019	New Balance Outdoor Nationals- Greensboro NC
4 x 100 m	Uniondale	46.71	6/8/1999	Girls Eastern States Championships- NY	
	Shelly Antoine, Nicole Machen, Shavonne Stoddart, Lotoya Moore				
4 x 200 m	Uniondale	1:40.82	6/17/2000	Foot Locker Outdoor Nationals- Raleigh NC	
	Shelly Antoine, Nicole Machen, Shavonne Stoddart, Lotoya Moore				
4 x 400 m	Hempstead	3:42.13	6/12/2004	Golden West Invitational-Sacramento CA	
	Nikeshia Brown, Terry Ann Green, Javan Benjamin, Kailor Roper				
4 x 800 m	Garden City	8:47.90	6/18/2010	New Balance Outdoor Nationals- Greensboro NC	
	Emily Menges, Michelle Rotondo, Katie O'Neill, Emma Gallagher				
4 x Mile	Shoreham-Wading River	20:00.59	6/16/2017	New Balance Outdoor Nationals- Greensboro NC	
	Alexandra Hays, Payton Capes-Davis, Amanda Dwyer, Katherine Lee				
800m SMR	Bay Shore	1:44.39	6/16/2012	New Balance Outdoor Nationals- Greensboro NC	
	Anisa Toppin, Briannah Allen, Imani McGhee, Jessica Gelibert				
1000m SMR	Huntington	2:14.08	6/14/2019	New Balance Outdoor Nationals- Greensboro NC	
	Brianna Halbeisen, Olivia Conte, Alicia Brooks, Anaisse Batista				
1600m SMR	West Babylon	3:52.33	6/17/2017	New Balance Outdoor Nationals- Greensboro NC	
	Nadja Ashley, Paige Keefer, Dana Beggins, Brittany Korsah				
DMR	North Shore	11:30.45	6/18/2011	New Balance Outdoor Nationals- Greensboro NC	
	Brianna Nerud, Emily Osman, Elizabeth Sheerin, Samantha Nadel				
4 x 100m Shuttle Hurdle Relay	Kellenberg Memorial	59.28	6/17/2011	New Balance Outdoor Nationals- Greensboro NC	
	Crystal Green, Brittney Webley, Adrianna Powell, Tawanda Francis				

Time was run in trials with a +0.5 legal wind

^ Hand time + 0.24