

Saint Anthony's High School
52nd Annual Cross-Country Invitational

Sunken Meadow State Park, Kings Park, Long Island New York
Friday September 29th, 2023

Time Schedule:

3:30 pm	Boys CMSAA Race (0.9 miles)	4:20 pm	Boys Varsity 5K Race
3:40 pm	Girls CMSAA Race (0.9 miles)	4:47 pm	Girls Varsity 5K Race
3:50 pm	Boys FROSH Race (1.5 miles)	5:17 pm	Boys Junior Varsity 5K Race
4:05 pm	Girls FROSH Race (1.5 miles)	5:54 pm	Girls Junior Varsity 5K Race

Sanctions: This Invitational will be held under the rules of the National Federation.

Awards: Varsity Races → Medals to the Top 25 finishers. Team plaque, tee-shirts & medals to 1st place team. 2nd and 3rd place teams will receive medals. "Harry Crooke Memorial Plaque- Female" and the "Brother Antonio Montera Plaque-Male" will be presented for the best time of the day.

Frosh and JV Races → Top 25 finishers receive medals. Plaques and medals to the top finishing team in each race.

CMSAA Races → Medals to the Top 15 finishers, no team awards.

Entry Fee: \$50.00 per team (7 athletes) - \$10.00 per individual entry
Maximum Entry → \$250 per boys team and \$250 per girls team.

Make Checks Payable to: Saint Anthony's High School

Entry Due Date: September 26th, 2023 (Earlier entries are appreciated!!!)

Please include check or purchase order form and/or P.O. number.

Mail To: Joseph Minucci / Athlete Director
Saint Anthony's High School or Fax to 631-549-0620
275 Wolf Hill Road
South Huntington, New York 11747-1394

Rosters: You must submit your roster on MileSplit before Tuesday September 26th, 2023 @ 7:00pm.

Questions: Call Saint Anthony's High School @ 631-271-2020, extension 209

Meet Director: Tim Dearie St. Anthony's Head Boys Coach

SAINT ANTHONY'S HIGH SCHOOL XC INVITATIONAL ENTRY FORM

School: _____

Address: _____ Town/State/Zip: _____

A.D.'s Name: _____ and Phone: _____

Coach's Name: _____ and Phone: _____

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- ALL TEAMS (VARSITY, JV, & FRESHMEN) → \$50.00 per team of 7 athletes.
- A team consists of 7 runners. If you have 21 freshmen runners that counts as 3 teams.
- Individual Runners → \$10.00
- NO JUNIOR VARSITY ENTRIES ARE PERMITTED UNLESS A VARSITY TEAM HAS ALSO BEEN ENTERED.

Total Number of Boys Teams _____ x \$50 = _____

Total Number of Individual Boys _____ x \$10 = _____

If total is greater than \$250, Enter only \$250. Total Boys Fee _____

Total Number of Girls Teams _____ x \$50 = _____

Total Number of Individual Girls _____ x \$10 = _____

If total is greater than \$250, Enter only \$250. Total Girls Fee _____

TOTAL FEE OWED _____

Please make checks payable to: Saint Anthony's High School.

Entry must be Postmarked by Sept 22nd, 2023 & Include Check/Purchase Order

Mail To: Joseph Minucci / Athlete Director
Saint Anthony's High School
275 Wolf Hill Road
South Huntington, New York 11747-1394

Again, you must submit your roster on MileSplit before Tuesday September 26th, 2023 by 7:00pm.