

SuffolkXCTF.com

Last Update: 8/9/2023

All-Time Section XI Girls 5k Times @ Sunken Meadow (Sub 20:00)

1	KATHERINE LEE	SHOREHAM- WADING RIVER	2016	18:10.4
2	SARAH CONNELLY	MOUNT SINAI	2018	18:17.7
3	KELSEY MARGEY	HARBORFIELDS	2010	18:13.4
4	LAURA CUMMINGS	BAY SHORE	2002	18:15.3
5	LAURA WHITNEY	STONY BROOK	1981	18:26.2
6	JILLIAN MASTROIANNI	SAYVILLE	1997	18:28.4
7	RACHEL PAUL	SACHEM EAST	2011	18:36.2
8	ZARIEL MACCHIA	WILLIAM FLOYD	2022	18:38.3
9	BRITTANY SHEFFEY	BELLPORT	2005	18:39.5
10	MARY KATE ANSELMINI	WARD MELVILLE	2010	18:45.5
11	HEATHER ZIMMERMAN	MILLER PLACE	1982	18:49.3
12	TIANA GUEVARA	MILLER PLACE	2012	18:49.7
13	JENNIFER NORTON	EAST ISLIP	1990	18:50.2
14	VERONICA HABERL	LONGWOOD	1982	18:50.6
15	CHRISTINE GENTILE	BABYLON	1984	18:52.0
16	BRIDGET BRENNAN	NORTHPORT	2009	18:52.6
17	KATHY PITCHER	BAY SHORE	1984	18:52.9
18	JACKLYN MARSHALL	KINGS PARK	2007	18:53.0
19	ELLEN DOUGHERTY	RIVERHEAD	2003	18:53.3
20	ROSHNI SINGH	BAY SHORE	2018	18:54.1
21	EDITH VILARDI	WILLIAM FLOYD	1984	18:54.8
22	KRISTY LONGMAN	SAYVILLE	2005	18:55.4
23	REGINA ROGERS	WARD MELVILLE	1978	18:56.0
24	KATIE WRINKLE	PATCHOGUE-MEDFORD	1996	18:56.4
25	FRAN MONTES	EAST ISLIP	1977	18:57.0
26	DEBBIE REBORE	WEST ISLIP	1983	18:57.9
27	PIA PALLADINO	HUNTINGTON	1976	18:59.0
28	ALI FOOTE	WEST ISLIP	2009	18:59.1
29	KATIE SKINNER	RIVERHEAD	2009	19:00.0
30	MICHELLE GAYE	HARBORFIELDS	2010	19:02.2
31	FIONA MCLOUGHLIN	COMMACK	2018	19:03.7
32	JACKIE BERMAN	SACHEM	1996	19:03.8
33	TONI-LYNN SALUCCI	SHOREHAM- WADING RIVER	2002	19:05.6
34	MELISSA MALAKOFF	BAY SHORE	1997	19:06.4
35	NOREEN GUILFOYLE	MOUNT SINAI	2016	19:07.4
36	SIERRA GRAY	MILLER PLACE	2021	19:07.8
37	ALEXANDRA DECICCO	SACHEM EAST	2015	19:08.4
38	ALLISON HOFMANN	ROCKY POINT	1998	19:11.2
39	LAURA NOLAN	MILLER PLACE	2012	19:11.5
40	TALIA GUEVARA	MILLER PLACE	2012	19:11.6
41	DANIELLE SAFRAN	BRENTWOOD	1994	19:12.1
42	CINDY BURGER	SMITHTOWN EAST	1984	19:12.3
43	JORDYN MCDONNELL	SACHEM NORTH	2018	19:12.9
44	LINDA DETLEFSEN	SACHEM	1978	19:13.0
45	ANN MARIE BRADY	SACHEM	1984	19:13.1
	SUEJIN AHN	WARD MELVILLE	2007	19:13.1
47	EMILY WEINERT	BELLPORT	1996	19:13.3
48	MARY LIZ MC CURDY	BAY SHORE	2004	19:13.5
49	JEANNA COMPOSTI	SACHEM	1997	19:13.8
50	ALEXANDRA HAYS	SHOREHAM- WADING RIVER	2016	19:14.2
51	TAYLOR MCCLAY	EASTPORT-SOUTH MANOR	2016	19:14.3
52	MARIA SMITH	SHOREHAM- WADING RIVER	2016	19:14.6

53	LINDSAY SUNDELL	NORTHPORT	2002	19:14.8
	ERIN HAYS	SHOREHAM- WADING RIVER	2006	19:14.8
55	ALLISON STAPLETON	COMMACK	2010	19:14.9
56	MELISSA TEMPESTA	PATCHOGUE- MEDFORD	2003	19:15.8
57	KIM BOWMAN	CENTERREACH	1982	19:16.0
58	EMILY GERMANO	BAY SHORE	1992	19:16.1
59	ERIN DOLAN	LONGWOOD	1992	19:16.5
60	KIM CERTAIN	HALF HOLLOW HILLS	1983	19:16.7
61	ALYSSA KNOTT	SMITHTOWN	2010	19:16.8
	KATIE MURPHY	HAUPPAUGE	2014	19:16.8
63	CHRISTINE SKINNER	HARBORFIELDS	1980	19:17.0
	SHARON HOFFMAN	ROCKYPOINT	1982	19:17.0
65	BRIDGET KANALEY	BAY SHORE	2016	19:18.3
66	KAITLYN CHANDRIKA	MOUNT SINAI	2018	19:17.8
67	CHANTE DAILY	BAY SHORE	1994	19:19.4
	CAROLINE O'HEA	WARD MELVILLE	2011	19:19.4
69	CALLIE HOGAN	BAY SHORE	2006	19:19.9
70	BRONWYN PAYNE	BELLPORT	1983	19:20.3
71	KIM MORAN	BAY SHORE	2008	19:21.2
72	ERIN NEVILLE	COMMACK	2010	19:21.7
73	KERI SEHER	SACHEM	1995	19:22.0
74	MEGAN O'SHEA	MILLER PLACE	1999	19:22.4
75	MICHELLE STEFANO	HALF HOLLOW HILLS	1995	19:24.2
76	VICTORIA D'AMATO	NORTHPORT	2011	19:24.8
77	JESSICA HAMPSON	SMITHTOWN	2005	19:24.9
78	KATHLEEN NAEHER	KINGS PARK	2012	19:25.3
79	PAYTON CAPES-DAVIS	SHOREHAM- WADING RIVER	2016	19:25.4
80	SANDRA SINDACO	KINGS PARK	1985	19:26.0
81	KAREN LABADDIA	SACHEM	1992	19:26.8
	ALLISON KIEFFER	WEST ISLIP	2003	19:26.8
83	GABRIELLE SCHNEIDER	SMITHTOWN	2015	19:27.6
84	LEIF-ANN REILLY	SMITHTOWN	1998	19:27.7
85	DONNA DALEY	CENTEREACH	1983	19:27.8
86	JACKIE NUNEZ	MOUNT SINAI	1996	19:28.0
87	JANICE CROSS	PORT JEFFERSON	1979	19:28.1
88	BECKY WILLIAMS	PORT JEFFERSON	1985	19:28.8
89	BROOKE JOHNSON	SHOREHAM- WADING RIVER	2007	19:28.9
90	ELISE RAMIREZ	SACHEM NORTH	2014	19:29.5
91	MEGAN HOLDEN	SHOREHAM- WADING RIVER	1985	19:30.0
92	CAROLYN WAHL	BAYPORT-BLUE POINT	1983	19:30.3
93	KELLY LILJEBLAD	WEST ISLIP	1986	19:30.3
94	STEPHANIE HENDERSON	LONGWOOD	2001	19:30.4
95	SHANNON WEEKS	SACHEM	1995	19:31.1
96	RACHEL RUGGIERO	SACHEM EAST	2016	19:31.6
97	COURTNEY WILLIAMS	WARD MELVILLE	2012	19:31.7
98	LAUREN SCHMIDT	BAYSHORE	2004	19:32.1
99	NIAMH ASHE	EAST ISLIP	2012	19:32.3
100	KATHRYN ALLARD	MILLER PLACE	2003	19:32.4
101	TAYLOR MCCLAY	EASTPORT-SOUTH MANOR	2015	19:32.6
102	KARISSA HORSLEY	BELLPORT	1996	19:33.2

103	MELISSA MERONE	SACHEM EAST	2018	19:33.3
104	NICOLE ALESKOWITCH	SHOREHAM- WADING RIVER	1987	19:33.9
105	JANELLE KRAUS	SHELTER ISLAND	1981	19:34.0
	LIANNE FARBER	NORTHPORT	2009	19:34.0
107	JODI LECKIE	LONGWOOD	1987	19:34.1
108	MIA WICKARD	NORTHPORT	2021	19:34.3
109	CHRISTINA DEROSA	MILLER PLACE	2002	19:34.7
110	ANNA CORRIGAN	NORTHPORT	2010	19:34.8
111	PATTI COSTELLO	COMSEWOGUE	1981	19:34.9
112	JUDY CROSS	PORT JEFFERSON	1978	19:35.0
113	KATHY SULLIVAN	KINGS PARK	1977	19:35.1
114	KELLY IOCCA	CONNETQUOT	2016	19:35.2
115	VALERIE BERTRAND	NEWFIELD	1984	19:35.7
116	GININE LUCARALLO	WILLIAM FLOYD	1999	19:36.3
117	DANIELLE CIRRITO	MILLER PLACE	2021	19:36.4
118	CATHERINE COFONE	MILLER PLACE	1998	19:36.8
119	SAMI REILLY	WARD MELVILLE	2009	19:37.5
120	SHANNON O'HEHIR	SACHEM EAST	2011	19:37.7
121	AMY DE MARCO	SHOREHAM- WADING RIVER	2000	19:38.2
122	SHANNON AHEARN	KINGS PARK	2012	19:38.3
123	NOEMI SEPULVEDA	BRENTWOOD	1983	19:38.8
124	SUSAN O'SICKEY	MILLER PLACE	1978	19:39.0
	KRISTEN FOSDICK	LONGWOOD	1992	19:39.0
126	KRISTEN WOJTUNIAK	LONGWOOD	2007	19:39.7
	PAIGE KOENIG	SMITHTOWN	2010	19:39.7
128	CAITLIN BRADY	SAYVILLE	2002	19:40.0
129	KIM CARAMANICA	MILLER PLACE	2001	19:40.2
130	ALLISON REID	NORTHPORT	2021	19:40.3
131	PAIGE SHEIFFELE	MOUNT SINAI	2021	19:40.8
132	JESSICA EDBERG	ROCKY POINT	1996	19:42.0
	VICTORIA LOWE	SMITHTOWN	2009	19:42.0
134	MELISSA SALERNO	ROCKY POINT	2001	19:42.5
135	JANIE TUREK	MOUNT SINAI	2008	19:42.7
136	JESSICA SMILLIE	CONNETQUOT	2011	19:42.8
137	KATIE SAROKA	BAYPORT-BLUE POINT	2011	19:43.2
138	JANIE TUREK	MOUNT SINAI	2008	19:43.3
139	LINDSEY DODENHOFF	SACHEM EAST	2016	19:43.4
140	CATHERINE FARRELL	SMITHTOWN	2016	19:43.6
141	SYDNEY CARPENTER	BAY SHORE	2018	19:43.7
142	PAM O'SULLIVAN	BAY SHORE	2003	19:44.3
143	LAURA MINA	BAY SHORE	1996	19:44.4
144	CHARLENE WALSH	WILLIAM FLOYD	1998	19:44.7
145	JENNA NEWMAN	SAYVILLE	2018	19:44.9
146	CATHY PARBST	CENTEREACH	1984	19:45.0
	KATRINA KOTHE	SHOREHAM- WADING RIVER	1985	19:45.0
148	CHRISTINA YAKABOSKI	RIVERHEAD	2018	19:45.2
149	DANIELLE KARAGANNIS	NORTHPORT	2005	19:45.3
150	VALERIE ROMERO	SACHEM EAST	2014	19:45.5
151	FINNLEY WICKARD	NORTHPORT	2022	19:45.9
152	KRISTEN HOMEYER	KINGS PARK	2012	19:46.0
153	KATHRYN SHEEHAN	SHOREHAM- WADING RIVER	2007	19:46.2

154	SARAH ZIEVE	NORTHPORT	2008	19:46.3
155	GIANNA MARQUEZ	DEER PARK	2019	19:46.7
156	SHARI MARK	SACHEM	1991	19:46.9
157	VERONICA SZYGALOWICZ	LINDENHURST	2019	19:47.1
158	KRISTEN DEMPSEY	CONNETQUOT	1989	19:47.8
159	DIANE KIRCHOFF	HARBORFIELDS	1978	19:48.0
	THERESA FATH	BELLPORT	1999	19:48.0
	RENE COVI	ROCKY POINT	1985	19:48.0
162	AMY IRVING	CONNETQUOT	2012	19:48.4
163	LISA MELCHIONE	SHOREHAM- WADING RIVER	1996	19:48.6
164	MADELINE MEEK	WARD MELVILLE	1999	19:48.6
	GRACE WEIGELE	WALT WHITMAN	2019	19:48.7
165	LORA PRESTANDREA	MILLER PLACE	1987	19:49.4
166	SUZANNE KENNEDY	HARBORFIELDS	1985	19:49.8
167	JACKIE THORNE	NORTHPORT	2014	19:49.8
168	FRAN PALLADINO	HUNTINGTON	1981	19:50.0
	DIANE TWARDZIK	WILLIAM FLOYD	1981	19:50.0
170	MOLLY DEARIE	WARD MELVILLE	2014	19:50.2
171	MULLANE BAUMILLER	SAYVILLE	2022	19:50.2
172	JEAN REILLY	MILLER PLACE	1984	19:50.3
	ANNA GANSROW	EASTPORT-SOUTH MANOR	2021	19:50.3
174	REGINA ELY	CONNETQUOT	1994	19:50.5
175	PETRA FICKEN	WILLIAM FLOYD	1981	19:51.0
	ELLEN WALKER	MILLER PLACE	1982	19:51.0
177	VICTORIA LAGUERRE	WARD MELVILLE	2019	19:51.4
178	LINDSAY KAHN	PORT JEFFERSON	2004	19:51.5
179	CHRISTINE JOHNSON	LONGWOOD	2005	19:51.8
180	MARISSA BANDUCCI	CENTER MORICHES	2004	19:52.0
	BRIANA GRANT	WARD MELVILLE	2019	19:52.0
182	JULIANA MARUCCI	WARD MELVILLE	2011	19:52.8
183	BRITTANY CARTER	WESTHAMPTON BEACH	2002	19:52.9
184	LYNDSAY WEBBER	SAYVILLE	1998	19:53.0
185	ERIN MELLY	CONNETQUOT	2013	19:53.3
186	MELISSA DE MICCO	BABYLON	1991	19:53.4
187	VICTORIA INGRAM	SMITHTOWN	2012	19:53.9
188	KAITLYN OHRTMAN	SHOREHAM- WADING RIVER	2015	19:53.9
	KELLY ABBATE	NORTHPORT	2007	19:54.1
191	JENNIFER GRAHAM	BAY SHORE	1982	19:54.5
	JOSEPHINE CRITCHLEY	WEST BABYLON	2018	19:54.5
	FAITH REYNOLDS	WARD MELVILLE	2014	19:54.5
194	VANESSA HAMBLET	SHELTER ISLAND	1999	19:54.6
195	SARAH MC CURDY	BAY SHORE	2007	19:54.7
196	SHERRY LITTLE	BAY SHORE	1985	19:55.1
197	BRIDGET REILLY	WARD MELVILLE	2005	19:55.5
198	KELLY LAVAN	SACHEM NORTH	2011	19:55.7
	SARAH HARDIE	JOHN GLENN	2012	19:55.7
	KAITLYN DE YULIO	COMMACK	2018	19:55.7
201	STEPHANIE BARNES	BAY SHORE	2008	19:56.1
202	DANIELLE PARITI	SACHEM	1985	19:56.3

203	LAURA BARRECA	MILLER PLACE	2014	19:56.6
204	ASHLEY WAROKOMSKI	WARD MELVILLE	2016	19:56.7
205	JENNIFER MERSCHOFF	CONNETQUOT	1996	19:56.8
206	MEGAN KIELBASA	RIVERHEAD	2019	19:56.9
207	JASMIN REYES	BAY SHORE	2015	19:57.3
208	JACKIE AMATO	WESTHAMPTON BEACH	2018	19:57.7
	EMILY LA MENA	JOHN GLENN	2019	19:57.7
210	BRIANA SHEWAN	WARD MELVILLE	2003	19:57.8
211	MARI PARKS	BAY SHORE	1982	19:58.0
	JILLIAN HANCOCK	SHOREHAM- WADING RIVER	1996	19:58.0
	ALEXANDRA RUSSO	SACHEM EAST	2011	19:58.0
214	JESSICA LEE	LONGWOOD	1998	19:58.1
215	SOFIA CONDRON	JOHN GLENN	2021	19:58.2
216	DELORES LICKUM	COMMACK	1986	19:58.4
217	DAISY GOLDSTEIN	MILLER PLACE	2000	19:58.6
218	EMILY GINTY	SMITHTOWN	2018	19:58.9
219	ERIKA THURO	JOHN GLENN	1978	19:59.0
	DIANA HEISER	BAYPORT- BLUEPOINT	1999	19:59.0
221	SANDRA PARITI	SACHEM	1984	19:59.2
	ERIN SILVERING	SACHEM	1997	19:59.2
223	JENN GIVEN	BAY SHORE	1986	19:59.3
224	MELANIE PFENNIG	MATTITUCK	2015	19:59.4
	MARGARET GERMANO	BAY SHORE	1996	19:59.4
	NICOLE GARCIA	SHOREHAM- WADING RIVER	2019	19:59.4
227	MARY MELFI	SACHEM	1985	19:59.5
228	ALICIA DeFILIPPIS	NORTH BABYLON	2022	19:59.5

Special thanks to Tom Putnam, Jim Crowley, Steve Borbet, Paul Koretzki, Kurt Pasler,
Vin Ungaro and Jim Christian for compiling and updating the records.