

SuffolkXCTF.com

Last Update: 4/30/2020

All-Time Section XI Girls 5k Times @ Sunken Meadow (Sub 20:00)

1	KATHERINE LEE	SHOREHAM- WADING RIVER	2016	18:10.4
2	KELSEY MARGEY	HARBORFIELDS	2010	18:13.4
3	LAURA CUMMINGS	BAY SHORE	2002	18:15.3
4	LAURA WHITNEY	STONY BROOK	1981	18:26.2
5	JILLIAN MASTROIANNI	SAYVILLE	1997	18:28.4
6	SARAH CONNELLY	MOUNT SINAI	2018	18:34.8
7	RACHEL PAUL	SACHEM EAST	2011	18:36.2
8	BRITTANY SHEFFEY	BELLPORT	2005	18:39.5
9	MARY KATE ANSELMINI	WARD MELVILLE	2010	18:45.5
10	HEATHER ZIMMERMAN	MILLER PLACE	1982	18:49.3
11	TIANA GUEVARA	MILLER PLACE	2012	18:49.7
12	JENNIFER NORTON	EAST ISLIP	1990	18:50.2
13	VERONICA HABERL	LONGWOOD	1982	18:50.6
14	CHRISTINE GENTILE	BABYLON	1984	18:52.0
15	BRIDGET BRENNAN	NORTHPORT	2009	18:52.6
16	KATHY PITCHER	BAY SHORE	1984	18:52.9
17	JACKLYN MARSHALL	KINGS PARK	2007	18:53.0
18	ELLEN DOUGHERTY	RIVERHEAD	2003	18:53.3
19	ROSHNI SINGH	BAY SHORE	2018	18:54.6
20	EDITH VILARDI	WILLIAM FLOYD	1984	18:54.8
21	KRISTY LONGMAN	SAYVILLE	2005	18:55.4
22	REGINA ROGERS	WARD MELVILLE	1978	18:56.0
23	KATIE WRINKLE	PATCHOGUE-MEDFORD	1996	18:56.4
24	FRAN MONTES	EAST ISLIP	1977	18:57.0
25	DEBBIE REBORE	WEST ISLIP	1983	18:57.9
26	ALI FOOTE	WEST ISLIP	2009	18:59.1
27	PIA PALLADINO	HUNTINGTON	1976	18:59.9
28	KATIE SKINNER	RIVERHEAD	2009	19:00.0
29	MICHELLE GAYE	HARBORFIELDS	2010	19:02.2
30	JACKIE BERMAN	SACHEM	1996	19:03.8
31	TONI-LYNN SALUCCI	SHOREHAM- WADING RIVER	2002	19:05.6
32	MELISSA MALAKOFF	BAY SHORE	1997	19:06.4
33	NOREEN GUILFOYLE	MOUNT SINAI	2016	19:07.4
34	ALEXANDRA DECICCO	SACHEM EAST	2015	19:08.4
35	ALLISON HOFMANN	ROCKY POINT	1998	19:11.2
36	TALIA GUEVARA	MILLER PLACE	2012	19:11.4
37	LAURA NOLAN	MILLER PLACE	2012	19:11.5
38	DANIELLE SAFRAN	BRENTWOOD	1994	19:12.1
39	CINDY BURGER	SMITHTOWN EAST	1984	19:12.3
40	LINDA DETLEFSEN	SACHEM	1978	19:13.0
41	ANN MARIE BRADY	SACHEM	1984	19:13.1
	SUEJIN AHN	WARD MELVILLE	2007	19:13.1
43	EMILY WEINERT	BELLPORT	1996	19:13.3
44	MARY LIZ MC CURDY	BAY SHORE	2004	19:13.5

45	JEANNA COMPOSTI	SACHEM	1997	19:13.8
46	ALEXANDRA HAYS	SHOREHAM- WADING RIVER	2016	19:14.2
47	MARIA SMITH	SHOREHAM- WADING RIVER	2016	19:14.6
48	FIONA MCLOUGHLIN	COMMACK	2018	19:14.7
49	LINDSAY SUNDELL	NORTHPORT	2002	19:14.8
	ERIN HAYS	SHOREHAM- WADING RIVER	2006	19:14.8
51	ALLISON STAPLETON	COMMACK	2010	19:14.9
52	MELISSA TEMPESTA	PATCHOGUE- MEDFORD	2003	19:15.8
53	KIM BOWMAN	CENTERREACH	1982	19:16.0
54	EMILY GERMANO	BAY SHORE	1992	19:16.1
55	ERIN DOLAN	LONGWOOD	1992	19:16.5
56	KIM CERTAIN	HALF HOLLOW HILLS	1983	19:16.7
57	ALYSSA KNOTT	SMITHTOWN	2010	19:16.8
	KATIE MURPHY	HAUPPAUGE	2014	19:16.8
59	CHRISTINE SKINNER	HARBORFIELDS	1980	19:17.0
60	SHARON HOFFMAN	ROCKYPOINT	1982	19:17.0
61	BRIDGET KANALEY	BAY SHORE	2016	19:18.3
62	CHANTE DAILY	BAY SHORE	1994	19:19.4
63	CALLIE HOGAN	BAY SHORE	2006	19:19.9
64	JORDAN McDONNELL	SACHEM NORTH	2018	19:21.0
65	BRONWYN PAYNE	BELLPORT	1983	19:20.3
66	KIM MORAN	BAY SHORE	2008	19:21.2
67	CAROLINE O'HEA	WARD MELVILLE	2009	19:21.4
68	ERIN NEVILLE	COMMACK	2010	19:21.7
69	KERI SEHER	SACHEM	1995	19:22.0
70	MEGAN O'SHEA	MILLER PLACE	1999	19:22.4
71	MICHELLE STEFANO	HALF HOLLOW HILLS	1995	19:24.2
72	VICTORIA D'AMATO	NORTHPORT	2011	19:24.8
73	JESSICA HAMPSON	SMITHTOWN	2005	19:24.9
74	KATHLEEN NAEHER	KINGS PARK	2012	19:25.3
75	PAYTON CAPES-DAVIS	SHOREHAM- WADING RIVER	2016	19:25.4
76	SANDRA SINDACO	KINGS PARK	1985	19:26.0
77	KAREN LABADDIA	SACHEM	1992	19:26.8
	ALLISON KIEFFER	WEST ISLIP	2003	19:26.8
79	GABRIELLE SCHNEIDER	SMITHTOWN	2015	19:27.6
80	LEIF-ANN REILLY	SMITHTOWN	1998	19:27.7
81	DONNA DALEY	CENTEREACH	1983	19:27.8
82	JACKIE NUNEZ	MOUNT SINAI	1996	19:28.0
83	JANICE CROSS	PORT JEFFERSON	1979	19:28.1
84	BECKY WILLIAMS	PORT JEFFERSON	1985	19:28.8
85	BROOKE JOHNSON	SHOREHAM- WADING RIVER	2007	19:28.9
86	ELISE RAMIREZ	SACHEM NORTH	2014	19:29.5
87	MEGAN HOLDEN	SHOREHAM- WADING RIVER	1985	19:30.0
88	CAROLYN WAHL	BAYPORT-BLUE POINT	1983	19:30.3
	KELLY LILJEBLAD	WEST ISLIP	1986	19:30.3
90	STEPHANIE HENDERSON	LONGWOOD	2001	19:30.4
91	SHANNON WEEKS	SACHEM	1995	19:31.1
92	RACHEL RUGGIERO	SACHEM EAST	2016	19:31.6
93	COURTNEY WILLIAMS	WARD MELVILLE	2012	19:31.7
94	LAUREN SCHMIDT	BAYSHORE	2004	19:32.1

95	NIAMH ASHE	EAST ISLIP	2012	19:32.3
96	KATHRYN ALLARD	MILLER PLACE	2003	19:32.4
97	TAYLOR MCCLAY	EASTPORT-SOUTH MANOR	2015	19:32.6
98	KARISSA HORSLEY	BELLPORT	1996	19:33.2
99	MELISSA MERONE	SACHEM EAST	2018	19:33.3
100	NICOLE ALESKOWITCH	SHOREHAM- WADING RIVER	1987	19:33.9
101	JANELLE KRAUS	SHELTER ISLAND	1981	19:34.0
	LIANNE FARBER	NORTHPORT	2009	19:34.0
103	JODI LECKIE	LONGWOOD	1987	19:34.1
104	CHRISTINA DEROSA	MILLER PLACE	2002	19:34.7
105	ANNA CORRIGAN	NORTHPORT	2010	19:34.8
106	PATTI COSTELLO	COMSEWOGUE	1981	19:34.9
107	JUDY CROSS	PORT JEFFERSON	1978	19:35.0
108	KATHY SULLIVAN	KINGS PARK	1977	19:35.1
109	KELLY IOCCA	CONNETQUOT	2016	19:35.2
110	VALERIE BERTRAND	NEWFIELD	1984	19:35.7
111	GININE LUCARALLO	WILLIAM FLOYD	1999	19:36.3
112	CATHERINE COFONE	MILLER PLACE	1998	19:36.8
113	SAMI REILLY	WARD MELVILLE	2009	19:37.5
114	SHANNON O'HEHIR	SACHEM EAST	2011	19:37.7
115	AMY DE MARCO	SHOREHAM- WADING RIVER	2000	19:38.2
116	SHANNON AHEARN	KINGS PARK	2012	19:38.3
117	NOEMI SEPULVEDA	BRENTWOOD	1983	19:38.8
118	SUSAN O'SICKEY	MILLER PLACE	1978	19:39.0
	KRISTEN FOSDICK	LONGWOOD	1992	19:39.0
120	KRISTEN WOJTUNIAK	LONGWOOD	2007	19:39.7
	PAIGE KOENIG	SMITHTOWN	2010	19:39.7
122	CAITLIN BRADY	SAYVILLE	2002	19:40.0
123	KIM CARAMANICA	MILLER PLACE	2001	19:40.2
124	ZARIEL MACCHIA	WILLIAM FLOYD	2019	19:41.7
125	JESSICA EDBERG	ROCKY POINT	1996	19:42.0
	VICTORIA LOWE	SMITHTOWN	2009	19:42.0
127	JESSICA SMILLIE	CONNETQUOT	2011	19:42.8
128	KATIE SAROKA	BAYPORT-BLUE POINT	2011	19:43.2
129	JANIE TUREK	MOUNT SINAI	2008	19:43.3
130	LINDSEY DODENHOFF	SACHEM EAST	2016	19:43.4
131	CATHERINE FARRELL	SMITHTOWN	2016	19:43.6
132	SYDNEY CARPENTER	BAY SHORE	2018	19:43.7
133	PAM O'SULLIVAN	BAY SHORE	2003	19:44.3
134	LAURA MINA	BAY SHORE	1996	19:44.4
135	CHARLENE WALSH	WILLIAM FLOYD	1998	19:44.7
136	CATHY PARBST	CENTEREACH	1984	19:45.0
	KATRINA KOTHE	SHOREHAM- WADING RIVER	1985	19:45.0
138	DANIELLE KARAGANNIS	NORTHPORT	2005	19:45.3
139	VALERIE ROMERO	SACHEM EAST	2014	19:45.5
140	KAITLYN CHANDRIKA	MOUNT SINAI	2018	19:45.8
141	KRISTEN HOMEYER	KINGS PARK	2012	19:46.0
142	KATHRYN SHEEHAN	SHOREHAM- WADING RIVER	2007	19:46.2
143	CHRISTINA YAKABOSKI	RIVERHEAD	2018	19:45.7
144	SARAH ZIEVE	NORTHPORT	2008	19:46.3

145	GIANNA MARQUEZ	DEER PARK	2019	19:46.7
146	SHARI MARK	SACHEM	1991	19:46.9
147	VERONICA SZYGALOWICZ	LINDENHURST	2019	19:47.1
148	KRISTEN DEMPSEY	CONNETQUOT	1989	19:47.8
149	DIANE KIRCHOFF	HARBORFIELDS	1978	19:48.0
	THERESA FATH	BELLPORT	1999	19:48.0
	RENE COVI	ROCKY POINT	1985	19:48.0
152	AMY IRVING	CONNETQUOT	2012	19:48.4
153	LISA MELCHIONE	SHOREHAM- WADING RIVER	1996	19:48.6
154	MADLINE MEEK	WARD MELVILLE	1999	19:48.6
155	GRACE WEIGELE	WALT WHITMAN	2019	19:48.7
156	LORA PRESTANDREA	MILLER PLACE	1987	19:49.4
157	SUZANNE KENNEDY	HARBORFIELDS	1985	19:49.8
	JACKIE THORNE	NORTHPORT	2014	19:49.8
159	FRAN PALLADINO	HUNTINGTON	1981	19:50.0
	DIANE TWARDZIK	WILLIAM FLOYD	1981	19:50.0
161	MOLLY DEARIE	WARD MELVILLE	2014	19:50.2
162	JEAN REILLY	MILLER PLACE	1984	19:50.3
163	REGINA ELY	CONNETQUOT	1994	19:50.5
164	PETRA FICKEN	WILLIAM FLOYD	1981	19:51.0
	ELLEN WALKER	MILLER PLACE	1982	19:51.0
166	VICTORIA LAGUERRE	WARD MELVILLE	2019	19:51.4
167	LINDSAY KAHN	PORT JEFFERSON	2004	19:51.5
168	CHRISTINE JOHNSON	LONGWOOD	2005	19:51.8
169	MARISSA BANDUCCI	CENTER MORICHES	2004	19:52.0
	BRIANA GRANT	WARD MELVILLE	2019	19:52.0
171	JULIANA MARUCCI	WARD MELVILLE	2011	19:52.8
172	BRITTANY CARTER	WESTHAMPTON BEACH	2002	19:52.9
173	LYNDSAY WEBBER	SAYVILLE	1998	19:53.0
174	MELISSA DE MICCO	BABYLON	1991	19:53.4
175	VICTORIA INGRAM	SMITHTOWN	2012	19:53.9
	KAITLYN OHRTMAN	SHOREHAM- WADING RIVER	2015	19:53.9
177	KELLY ABBATE	NORTHPORT	2007	19:54.1
178	FAITH REYNOLDS	WARD MELVILLE	2014	19:54.4
179	JENNA NEWMAN	SAYVILLE	2018	19:54.4
180	JENNIFER GRAHAM	BAY SHORE	1982	19:54.5
	JOSEPHINE CRITCHLEY	WEST BABYLON	2018	19:54.5
182	VANESSA HAMBLET	SHELTER ISLAND	1999	19:54.6
183	SARAH MC CURDY	BAY SHORE	2007	19:54.7
184	SHERRY LITTLE	BAY SHORE	1985	19:55.1
185	BRIDGET REILLY	WARD MELVILLE	2005	19:55.5
186	KELLY LAVAN	SACHEM NORTH	2011	19:55.7
	SARAH HARDIE	JOHN GLENN	2012	19:55.7
	KAITLYN DE YULIO	COMMACK	2018	19:55.7
189	STEPHANIE BARNES	BAY SHORE	2008	19:56.1
190	DANIELLE PARITI	SACHEM	1985	19:56.3
191	LAURA BARRECA	MILLER PLACE	2014	19:56.6
192	ASHLEY WAROKOMSKI	WARD MELVILLE	2016	19:56.7
193	JENNIFER MERSCHOFF	CONNETQUOT	1996	19:56.8
194	MEGAN KIELBASA	RIVERHEAD	2019	19:56.9

195	JASMIN REYES	BAYSHORE	2015	19:57.3
196	JACKIE AMATO	WESTHAMPTON BEACH	2018	19:57.7
	EMILY LA MENA	JOHN GLENN	2019	19:57.7
198	BRIANA SHEWAN	WARD MELVILLE	2003	19:57.8
199	MARI PARKS	BAY SHORE	1982	19:58.0
	JILLIAN HANCOCK	SHOREHAM- WADING RIVER	1996	19:58.0
201	JESSICA LEE	LONGWOOD	1998	19:58.1
202	DELORES LICKUM	COMMACK	1986	19:58.4
203	DAISY GOLDSTEIN	MILLER PLACE	2000	19:58.6
204	EMILY GINTY	SMITHTOWN	2018	19:58.9
205	ERIKA THURO	JOHN GLENN	1978	19:59.0
	DIANA HEISER	BAYPORT- BLUEPOINT	1999	19:59.0
207	SANDRA PARITI	SACHEM	1984	19:59.2
	ERIN SILVERING	SACHEM	1997	19:59.2
209	JENN GIVEN	BAY SHORE	1986	19:59.3
	MELANIE PFENNIG	MATTITUCK	2015	19:59.3
211	MARGARET GERMANO	BAY SHORE	1996	19:59.4
	NICOLE GARCIA	SHOREHAM- WADING RIVER	2019	19:59.4
213	MARY MELFI	SACHEM	1985	19:59.5

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