# Tom Knipfing Memorial Cross-Country Invitational 

Sponsored by the Shoreham-Wading River XC Teams
Friday Sept 29, 2023
Firemen's Field, Ridge NY

4:00 Freshmen Boys 1.7 miles
4:15 Freshmen Girls 1.7 miles
4:30 Girls Varsity A 5000 m

4:55 Boys Varsity A 5000 m
5:20 Girls Varsity B 5000m
5:50 Boys Varsity B 5000m

Awards: Tee Shirts to all finishers, Medals to the top 25 in each race

Course: Flat and fast. 60\% pavement, $40 \%$ grass.
Fee: $\quad \$ \mathbf{2 0 0}$ per team (Boys and Girls are separate teams) Or $\mathbf{\$ 2 0}$ per individual.
Maximum per school (two teams B\&G) \$340.00 Each school attending will be billed for an Officials fee by Section XI. There will be 5 Officials split amongst the usual 30 schools that attend. (Estimated at $\$ 25$ per school)

Entries: All members of your team run together in each race. Your roster is your team.

## Roster must be entered on MileSplit by Wednesday, September 27 ${ }^{\text {th }} @ 7: 00 \mathrm{pm}$.

Directions: Firemen's Field is a Town of Brookhaven park located on Route 25 in Ridge. It is approximately one mile east of William Floyd Parkway on your left hand side. From the East it is approximately one mile west of Calverton National Cemetery on your right hand side. Please enter the parks main entrance. Bathrooms will be open.

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## School:

Boy's Coach: $\qquad$ Tele \# $\qquad$
Email: $\qquad$

Girl's Coach: $\qquad$ Tele \# $\qquad$

## Email:

$\qquad$
Boys Team @ \$200.00
Girls Team @ \$200.00
Combined (B\&G) Teams @ \$340.00

If not entering a team
Number of individuals @ \$20.00

Total Owed:
$\qquad$
$\qquad$

Checks payable to: Wildcat Athletic Club Mail to Paul Koretzki SWR Community Programs 250B Route 25A, Shoreham, NY 11786

Email the following information to: pkoretzki@aol.com
Approximate Number of Boys $\qquad$ Girls $\qquad$
We need the number to order shirts!!!

