

# Fall 2025 Cross-Country

*\*The wooden bridge is back in service at Sunken Meadow State Park\**

August 25	First Day of Practice
August 26	Varsity Section XI Coaches Meeting (BBP HS, 1:15pm)
August 25-28	10-5 Rule in Effect
September 1	First Possible Contest or Scrimmage
<b>September 4</b>	<b>Rosters are due by 8pm on MileSplit. (See page 5)</b>
September 6	Peconic Invitational @ Red Creek Park (Hampton Bays)
September 8	Middle School Section XI Coaches Meeting (Virtual, 7:00pm)
September 13	Jim Smith Invitational @ Sunken Meadow (Port Jefferson)
September 20	Bob Pratt Invitational @ Sunken Meadow (Smithtown)
September 27	Suffolk Coaches Invitational @ Sunken Meadow (Rocky Point)
October 3	Tom Knipfing/Paul Koretski Invite @ Fireman's Park (SWR)
October 11	Suffolk Officials Invitational @ Sunken Meadow (Bayport-BPT)
October 16	Middle School Invitational (rain date 10/17)
October 20	Medical Waiver for Divisional Race due to Sport Chair
October 27	Section XI Divisional Championships 1:00pm (rain date 10/28) <b>(Entries Due by noon on October 23)</b>
October 30	Medical Waiver for County Championship Race due to Sport Chair
October 31	Suffolk Frosh-Soph Championships (Port Jefferson)
November 6	Section Championship & State Qual Meet 1:00pm (rain date 11/7) <b>(Entries Due by 7:00 pm on November 4)</b>
November 10 <sup>th</sup>	<b>Suffolk All-Sectional Dinner 7:30 pm @ Villa Lombardi's</b> <b>*Written intention of competing at Federation Meet is due to</b> <b>Section Coordinator</b>
November 15	NYSPHSAA XC Championships Queensbury HS (Section II)
November 22	NYS Federation Championships/NXR Wappingers Falls

## Websites:

Suffolk County XC & TF Association

Link: <https://suffolkxctf.com>

## Elitefeats

Link: [Elitefeats](#)

## MileSplit NY

Link: [MileSplit NY](#)