2021 Nike Girls All Region Teams

First Team	Second Team	Third Team

2021 Nike Boys All Region Teams

<u>First Team</u>	Second Team	Third Team

^{**}Runners receive all region honors by finishing in the top 21 at the Nike Cross Country Regional Meet. Runners in red qualified for the Nike Cross Country National Meet as an individual.**

^{**}Note: 2021 did not have a Nike Cross Country National Meet. This meet was much lower attended than normal. Very few Suffolk County runners attended the meet. Not a true reflection of this years talent level of kids**