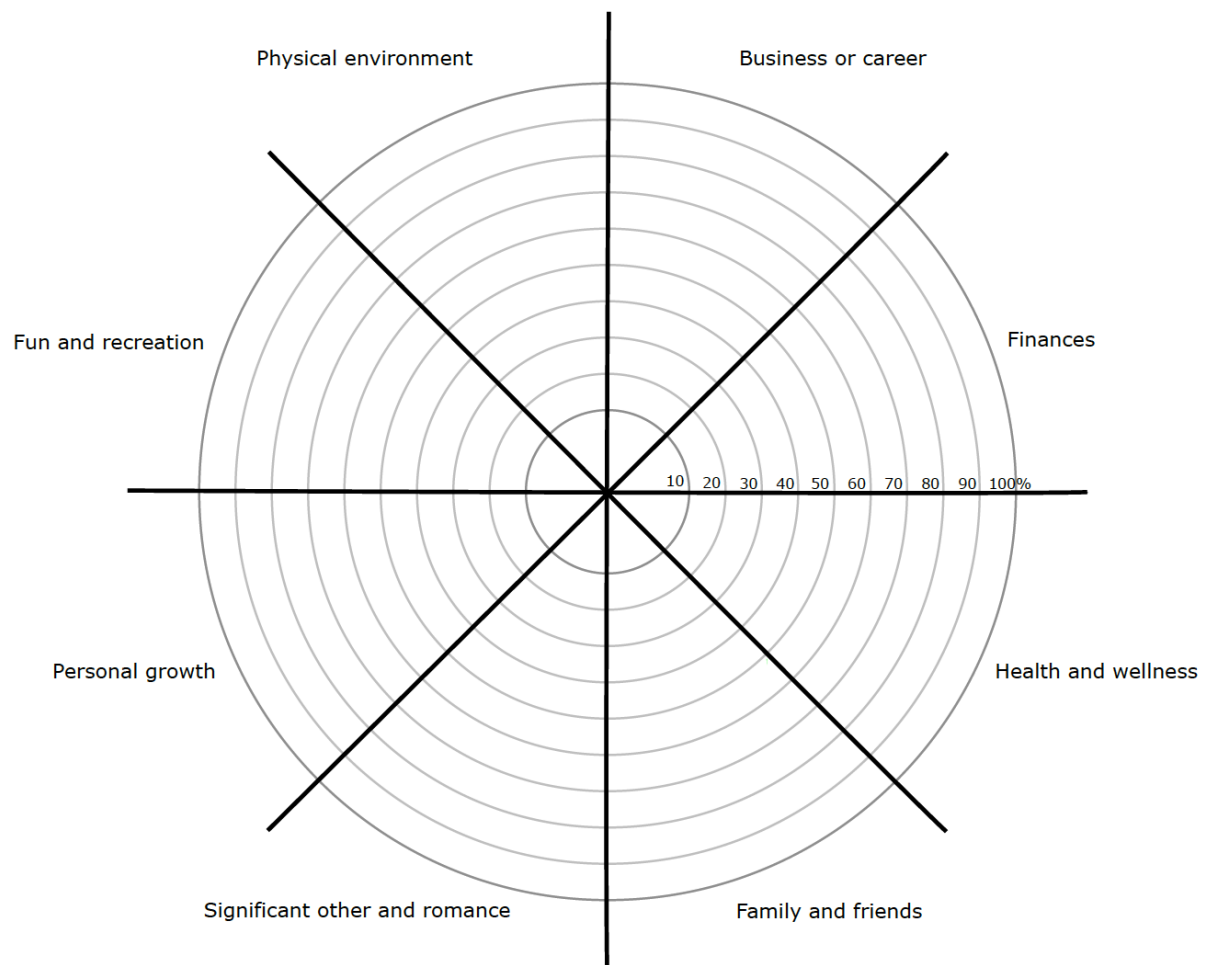


Wheel of Life

Exploring balance in your life

Take the time to explore your Wheel of Life. Fill in the percentages representing your satisfaction levels from 0% at the model's center to 100% at the outer rim. Once you have completed your ratings, shade in each section to get a clear picture of your wheel.



Given your current Wheel of Life, list your top three goals within your areas of focus:

- 1.
- 2.
- 3.

Set a time to review your Wheel of Life in 3-6 months.