

ADHD Positives for Parents

Circle the items that best suit your child

Children with ADHD are:

1. **Compassionate**
2. **Highly Creative**
3. **Excellent Problem Solvers**
4. **Multi-taskers**
5. **Thoughtful**
6. **Intuitive**
7. **Innovative**
8. **Function well in a Crisis**
9. **Artistic**
10. **Highly Intelligent**
11. **Good with their Hands**
12. **Insightful**

Place Score Here _____



Quote

"...Whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if their be any virtue, and if there be any praise, think on these things. "

St. Paul

Our Mission

To provide therapy and training to families and educators in the management of attention deficit hyperactivity disorder (ADHD) and co-occurring disorders in an effort to improve the social and academic expectancy of Caribbean children diagnosed with the disorder.

At "**THE ARC**" we have developed a specialist centre to meet the needs of parents, teachers and children who have been struggling with attention deficit hyperactivity disorder (ADHD). With several years of training and work with families with ADHD we are able to provide the necessary resources and people to advance the success of some of our nation's most gifted children. Our international partnership with CHADD USA allows us to provide training for parents and teachers, and access online help, resources, and the most current and up to date research in the field. We are also pursuing local and regional partnerships to facilitate the achievement of our mission and goals through the development of synergies and mutual cooperation.

We hope that you will join our mission to improve the lives of families effected by this often hidden disorder.

Al Layne
Director

THE ARC

FHCI General Family Therapy

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ADHD: Attention Deficit Hyperactivity Disorder



What Parents Should Know

THE ARC

THE ADHD RESOURCE CENTRE

Tele. 1-(246)-239-3616

ADHD: What Parents Should Know

Attention deficit hyperactivity disorder (AD/HD) is a neurobiological disorder affecting 5 – 8 percent of school age children worldwide. Of these it is estimated that 60 percent will experience symptoms in adulthood. The disorder is characterized by inattention – the inability to pay close and sustained attention, hyperactivity – the inability to stay quiet for long periods, and impulsivity – the inability to control impulses. These behavioral deficits cause children to be poorly adapted to the classroom and other social settings. Children with AD/HD may also exhibit symptoms of other co-existing disorders, such as, behavioral disorders, learning disabilities, anxiety or depression.

Since 1902 medical science has documented children with inattention, hyperactivity and impulsivity, giving the disorder numerous names, like minimal brain dysfunction and hyperkinetic disorder. The Diagnostic and Statistical Manual, fourth edition (DSM-IV) classification system has renamed the disorder, attention deficit/ hyperactivity disorder, or AD/HD.

Attention deficit hyperactivity disorder is a major social concern due to the potential for its negative social impact when undiagnosed and untreated. According to Research Professor of Psychiatry at the State University of New York, and
author of *Taking Charge of ADHD;* as many as 35% of children with the disorder will fail to complete high school, about 60% will display serious defiant behavior affecting relationships with family and peers, approximately 30% will engage in theft, 40% may be involve in early alcohol use, and 25% will be expelled from school.

The message here is simple, early diagnosis and treatment provides the best opportunity for a positive outcome.

The following is an AD/HD checklist. The symptoms should have been noticeable before age 7. They should be more severe than other children of the same age. If the child exhibits 6 or more of the 9 symptoms in **Section A** or **Section B** or both, then you should contact your childcare professional or THE ADHD RESOURCE CENTRE at 246-266-7930.

AD/HD Checklist

(circle the appropriate symptoms)

Section A: Inattention

1. Fails to pay close attention to details or makes careless mistakes
2. Has difficulties sustaining attention in task or play activities
3. Does not seem to listen when spoken to directly
4. Does not follow through on instructions and fails to finish schoolwork or chores
5. Has difficulty organizing task or activities
6. Avoids, dislikes or is reluctant to engage in task that require sustained mental effort
7. Loses things necessary for task or activities (e.g. toys, homework, pencils, books, etc.
8. Is easily distracted
9. Is forgetful of daily activities

Section B: Hyperactivity

1. Fidgets with hands or feet, or squirms while seated
2. Leaves seat in classroom or other situations where staying seated is required
3. Runs about and climbs excessively where this is inappropriate
4. Has difficulty playing or engaging in leisure activities quietly
5. Is on the go, or acts as if driven by a motor
6. Talks excessively

Impulsivity

7. Blurts out answers before questions have been completed
8. Has difficulty waiting in line and taking turns
9. Interrupts or intrudes on others

Score: Section A ____Section B _____

Both _____

SPONSOR A CHILD WITH AHHD



OR REFER A FAMILY