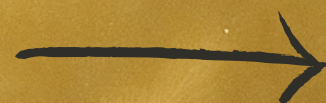


DECODE YOUR SIGNS

11 Ways Spirit
Communicates With You

by Medium Bella
Where Spirit Meets Science



Welcome from Bella

IF YOU'VE EVER WHISPERED,
"WAS THAT A SIGN?"

THIS IS FOR YOU.

SPIRIT DOESN'T USE WORDS; IT SPEAKS IN
FREQUENCY, REPETITION, AND EMOTION.
THIS GUIDE WILL HELP YOU RECOGNIZE THE
WAY ENERGY REACHES OUT TO YOU SO YOU
CAN STOP DOUBTING AND START DECODING.



ENERGY SPEAKS THROUGH RESONANCE NEVER
COINCIDENCE

How Spirit Gets Your Attention

EVERYTHING IN THE UNIVERSE VIBRATES. WHEN YOUR FREQUENCY MATCHES THE VIBRATION OF A MESSAGE MEANT FOR YOU, YOU'LL NOTICE IT AGAIN AND AGAIN.

WHETHER YOU CALL IT ALIGNMENT, SYNCHRONICITY, OR DIVINE TIMING, IT'S YOUR HIGHER AWARENESS TRANSLATING ENERGY INTO SIGNS YOU CAN UNDERSTAND.





The 11 Ways Spirit Communicates

REPEATING NUMBERS (11:11, 333, 777)

SPIRIT'S CONFIRMATION CODE.

TRY THIS: EACH TIME YOU SEE ONE, PAUSE AND
NOTE WHAT YOU WERE THINKING.

SONGS & LYRICS

SPIRIT LOVES MUSIC—IT MIRRORS EMOTION.

TRY THIS: WRITE DOWN THE LYRIC THAT STANDS
OUT; THAT'S YOUR MESSAGE.

FEATHERS OR COINS

TOKENS OF PRESENCE; TANGIBLE REMINDERS
YOU'RE GUIDED.

DREAMS

MESSAGES ARRIVE WHEN THE LOGICAL MIND
SLEEPS.

KEEP A NOTEBOOK BESIDE YOUR BED

ELECTRICAL FLICKERS
ENERGY FIELDS SHIFT WHEN SPIRIT IS
NEARLIGHTS, DEVICES, EVEN CANDLES.

CHILLS & GOOSEBUMPS
YOUR BODY FEELS TRUTH AS VIBRATION.
NOTICE WHERE IT HAPPENS.

ANIMALS & BIRDS
MESSENGERS WEARING FEATHERS OR FUR.
LOOK UP SYMBOLIC MEANINGS THAT REPEAT.

SCENTS & SMELLS
FAMILIAR FRAGRANCE = A MEMORY PORTAL.
OFTEN CONNECTED TO LOVED ONES IN SPIRIT.

RANDOM CONVERSATIONS
SPIRIT SPEAKS THROUGH OTHERS WHEN YOU NEED
TO HEAR IT MOST.

10 BODY SENSATIONS
HEART WARMTH, TINGLING PALMS, CROWN BUZZ
SPIRIT'S WAY OF SAYING "PAY ATTENTION."

INTUITIVE KNOWING
THAT CALM I JUST KNOW MOMENT.
TRUST IT BEFORE LOGIC TALKS YOU OUT OF IT

YOUR PERSONAL SPIRIT CODE
THINK OF THREE MOMENTS WHEN YOU FELT
SPIRIT CLOSE.
WHAT REPEATED? WHAT EMOTION DID IT
BRING?



Ready to Go Deeper?



THE MORE YOU UNDERSTAND YOUR SIGNS, THE CLEARER YOUR INTUITION BECOMES.

WHEN YOU'RE READY TO GO DEEPER, JOIN ONE OF MY SPIRIT CIRCLES LIVE GATHERINGS WHERE WE PRACTICE READING ENERGY, INTERPRETING SIGNS, AND STRENGTHENING YOUR CONNECTION WITH SPIRIT.

YOUR INTUITION IS ALREADY SPEAKING. IT'S TIME TO TRUST WHAT YOU HEAR.