

The background of the cover features a teal, ethereal, wavy fabric with small golden sparkles. In the lower half, three lit white candles of varying heights are placed on a dark, reflective circular surface. A small, dark, faceted crystal sits between the two shorter candles. On the left side, a portion of a white flower with teal petals is visible.

# *Spirit Circle Foundations*

**CHEAT SHEETS**

[www.psychicmediumbella.com](http://www.psychicmediumbella.com)

# MONTH SYMBOLS

Mth	Symbol	Clue
Jan	 Snow	Winter birthday / start
Feb	 Hearts	Valentine's, short month
Mar	 Shamrock	Spring / St. Patrick's
Apr	 Rain /  Flowers	Renewal
May	 Mother vibe	Family / Growth
Jun	 Cap / Wedding	Transition
Jul	 Fireworks	Holiday
Aug	 Sun	Vacation / Heat
Sep	 Books	School / Shift
Oct	 Pumpkins	Fall, Halloween
Nov	 Turkey / Poppies	Remembrance
Dec	 Tree /  Gift	Holidays

# ZODIAC SHORTCUTS

 *Aries*

 *Taurus*

 *Gemini*

 *Cancer*

 *Leo*

 *Virgo*

 *Libra*

 *Scorpio*

 *Sagittarius*

 *Capricorn*

 *Aquarius*

 *Pisces*

# Occupation Hints

— Flash Words & Tools —

## Medical / Healing



● Doctor, Nurse

● Paramedic

● Therapist

● Energy Healer

## Service / Uniform



● Police, Firefighter

● Military

● Security, Trades

## Education / Law / Office



● Teacher, Judge

● Lawyer

● Business / Office

## Creative / Other



● Musician, Actor

● Stylist, Realtor

● Photographer

# COMMON SPIRIT SYMBOLS

Symbol	Possible Message
 Butterfly	Transformation, soul is free
 Feather	You are protected
 Clock / Time	Divine timing or time of passing
 Apple	Teacher or school connection
 Bread	Grandmother, nurturing
 Car	Travel, accident, freedom
 Ring	Engagement, inheritance, bond
 Candle	Vigil, memorial
 Coin	“I’m around,” good luck
 Bird / Dove	Peace, afterlife

# *BODY ZONES*

*(Use Sensations, Not Diagnosis)*

❤️ Chest Heart, lungs “ I feel tightness here”

🧠 Head Stroke, memory “ Pressure in the head”

🫁 Breathing COPD, asthma “I’m short of breath”

🧑♀️ Whole body Cancer, chemo “ Tired, run-down feeling”

💉 Sugar / insulin Diabetes “I see a needle, or blood sugar issue”

◆ Never say a condition. Do say what you feel or see.