### Guanajuato City, Guanajuato | April 17-22 2025

Weather: In Guanajuato during April average daily high temperatures increase from 79°F to 82°F and it is overcast or mostly cloudy about 41% of the time. The weather in Guanajuato in April is pleasantly warm and breezy, with average highs of 85°F (29°C) and lows of 52°F (11°C).

Currency: MXN Pesos

Exchange Rate: \$100 MXN ~ \$5 USD

### **Options Excursions:**

- Diego Rivera house
- Kayaking underwater temple
- Hike La Bufa
- Funicular to Monumento Al pipila
- Callejon de Besos
- Teatro Jurarez

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# **Options Activities:**

- Making pinatas
- Spanish lessons

# For those that prefer to get up and move, work later

April 17 -

Arrive (BJX), Check In

### April 18

- 9a Leave for coffee, breakfast
- 11a Day One excursion
- 1pm Lunch all together, room break
- 3pm Work session Prompt #1, 2, 3
- 7pm Dinner all together
- 9pm Evening Reflection, femmfluence time

### April 19

- 9a Leave for coffee, breakfast
- 11a Day Two excursion
- 1pm Lunch all together, room break
- 3pm Work session Prompt #4, 5, 6

- 7pm Dinner all together
- 9pm Evening Reflection, femmfluence time

### April 20

- 9a Leave for coffee, breakfast
- 11a All day Day Three excursion
- 5pm Back home, relax, room break
- 7pm Dinner all together
- 9pm Prompt 7, Evening Reflection, femmfluence time

### April 21

- 9a Leave for coffee, breakfast
- 11a Day Four excursion
- 1pm Lunch all together, room break
- 3pm Work session Prompt #4, 5, 6
- 7pm Dinner all together
- 9pm Evening Reflection, femmfluence time

April 22 - Check out, drive to airport (BJX)

## For those that prefer to get up and create, play later

#### April 17 -

- Arrive (BJX), Check In

### April 18

- 8a-10a Breakfast in the house
- 11a Work session Prompt #1, 2, 3
- 1pm Lunch all together, room break
- 3pm Day One excursion
- 7pm Dinner all together
- 9pm Evening Reflection, femmfluence time

#### April 19

- 9a Leave for coffee, breakfast
- 11a Work session Prompt #4, 5, 6
- 1pm Lunch all together, room break
- 3pm Day Two excursion
- 7pm Dinner all together
- 9pm Evening Reflection, femmfluence time

- 9a Leave for coffee, breakfast
- 11a All day Day Three excursion
- 5pm Back home, relax, room break
- 7pm Dinner all together
- 9pm Prompt 7, Evening Reflection, femmfluence time

#### April 21

- 9a Leave for coffee, breakfast
- 11a Work session Prompt #8, 9, 10
- 1pm Lunch all together, room break
- 3pm Day Four excursion
- 7pm Dinner all together
- 9pm Evening Reflection, femmfluence time

April 22 – Check out, drive to airport (BJX)

- Complete survey about your time here

### Prompt #1, 2, 3

- 1. Why are you here be honest with yourself. This is only for you.
- 2. How does being here connect to your path? Doesn't have to be work related. It can be all the different part of your path The things you have always been interested in, the person that you identify yourself as, what you were hoping to learn or find here, a direct correlation to how you think, etc.
- 3. When you get home, how do you describe your time here to your friends and family? Are you accomplished, relaxed, inspired, engaged?

4.

### Room Break

A time to be by yourself. Living with people is hard. Traveling around with different personalities can be difficult too. These room breaks are a scheduled time for you to retreat if you need to. Consider it a time out. Go to your room and think about what you did. A bit of reprieve. So that you can be in your own space with your own thoughts, and recharge however you need. Of course, you can opt out of the excursions and stay behind to get some of your own time and spend it however you choose. This is your trip, your inspiration. We are here for guidance, for framework, for transport.

## Evening Reflection, FemmFluence time

A time to come together. To talk through our experiences, our learnings, how things resonated with you. Did something you see, smelled, felt, experienced today, inform your thinking around the connections you are looking for here? We will discuss our daily prompts, our desires for the next day, the things that block us on normal days. The days that we return home and return to our routines.