

Name: _____

Credentials: _____

Address: _____

City: _____

State: _____ Zip: _____

Employer: _____

Phone: _____

Email: _____

Registration fee: _____

ASPMN-LI Members*	\$75*
Non-Members	\$100
Students with ID	\$50
Full day Zoom*	\$50**

*National ASPMN ID # _____

****Live Zoom only, there will be no recorded lectures, Zoom link will be emailed to you**

Mail by May 30, 2026

Send registration and check to:
ASPMN-LI
PO Box 405
East Setauket, New York 11733

OR

Paying via PayPal
www.aspmn-li.org
under **Services** tab

Overall objective:

By the end of the session, the participants will enrich their knowledge with common pain management issues and modalities of treatment.

The attendees of this activity will be able to:

1. Recognize and approach psychiatric comorbidities of chronic pain
2. Understand diagnostic criteria and treatment of headaches
3. Define pet therapy, appropriate integration to the pain management plan of care, considerations and evaluation
4. Comprehend sleep architecture, abnormal sleep and consequences, and treatments
5. Provide evidence-based patient centered management of both acute and chronic pain in individuals with Sickle Cell Disease, using a comprehensive, interdisciplinary approach
6. Pain Management Nurses will be able to develop a personalized action plan for integrating self-care strategies to enhance their personal and professional resilience

The ASPMN-LI Chapter

Presents the 24th Annual Pain Conference

“Pain Management:

Head



to Tail”



***Friday, June 12, 2026
8 AM to 4:30 PM***

DeMatteis Center

***101 Northern Boulevard
Greenvale, NY 11548***

***CEU's, Breakfast, and Lunch provided
Handouts available at
www.aspmn-li.org***

**Welcome to the 24th Annual Pain
Conference sponsored by
ASPMN-LI**



Long Island Chapter – 2000

8:00-8:30
Registration, Breakfast & Exhibitors

8:30 – 8:45
Welcome:
**Maria Rubino, ANP-C, AGACNP-BC,
PMGT-BC**
President, ASPMN-LI Chapter

8:45 – 9:45
Keynote:
“Chronic Pain and Psychiatric
Comorbidities: A Clinical Update”
Xavier Jiminez, MD
Director, Consultation Psychiatry,
Chronic Pain and Addiction Medicine
Northwell/ LIJ

9:45-10:00
Break & Exhibitors

10:00 – 11:00
“Headache Pain: Evaluation and
Treatment”
Robert Duarte, MD
Director, Pain Management, Dept of
Neurosciences, Northwell, NSUH/ LIJ;
Assoc Professor, Hofstra/ Northwell
School of Medicine

11:00 – 12 noon
“Understanding Pet Therapy”
Jean Zebroski-Clifford, CDVS, MHS
Director, Volunteer Services, NYU
Langone Long Island

12 noon – 1:00
Lunch, Exhibitors & Raffles

1:00 – 2:00
“Pain and Insomnia; When Sleep
Becomes the Vicious Cycle”
**Mary Milano Carter, ANP-BC, PMGT-
BC, AP-PMN**
Chronic Pain Service, Northwell/ NSUH;
Lead NP, Long Island Brain and Spine

2:00 – 2:15
Break & Exhibitors

2:15 – 3:15
“Management of Pain in Sickle Cell
Disease”
Jamina John, ACNP-BC
Director, Advanced Clinical Providers;
Acute and Chronic Pain Services,
Northwell/ LIJ Forest Hills

3:15-4:15
“Your Rx for Resilience: Self Care for
Pain Management Nurses”
**Laura Vinci, AGPCNP-BC, PMGT-BC,
APHN-BC; Margaret Scharback, RN,
HN-BC, Reiki Master; Christine Cirolì,
RN, Yoga Instructor**
Integrative Care and Pain Management
Program, Northwell/Mather

4:15 – 4:30
Questions & Answers
Evaluations & CEUs

Contact Hours:
Greater Kansas City Chapter of the
American Society for Pain Management
Nursing is approved as a provider of
continuing nursing education by the
Kansas State Board of Nursing.
Application has been made to
GKCCASPMN for continuing nursing
education, an approved provider by the
Kansas State Board of Nursing. Kansas
State Board of Nursing Provider Number:
LT02790412GKCC555

Planning Committee:
Mary Milano Carter, NP
Margaret Fischer, NP
Marie O’Brien, NP

Cancellation:
Refund requests must be received 1
week prior by email to
mafischer56@gmail.com