

NA BY PHONE Meeting Schedule – NABYPHONE.ORG

<u>Eastern</u>	<u>Central</u>	<u>Mountain</u>	<u>Pacific</u>	<u>Group & ICC# (If Applicable)</u>	<u>Length</u>	<u>Number</u>	<u>Access</u>	<u>Playback 24/7</u>
Sunday								
EVERY 2 HOURS	OF EACH DAY			Infinity Marathon Meeting	2.0 Hr.	712.770.5326	450878#	712.770.5596
8:30a	7:30a	6:30a	5:30a	Our Gratitude Speaks	1.0 Hr.	712.770.5597	890926#	712.770.5596
8:40a	7:40a	6:40a	5:40a	Spirit Of Gratitude	1.0 Hr.	712.770.5600	848885#	712.770.5601
8:00p	7:00p	6:00p	5:00p	The Bridge	1.5 Hr.	712.770.5310	887281#	
Monday Tuesday Wednesday Thursday Friday Saturday								
7:30a	6:30a	5:30a	4:30a	What A Way To Start A Day	1.0 Hr.	712.432.0075	299757#	712.432.1085
8:30a	7:30a	6:30a	5:30a	Keeping It Real Group of NA	1.0 Hr.	848.777.1212	5574929#	
9:00a	8:00a	7:00a	6:00a	Freedom From Insanity	1.0 Hr.	712.775.7465	312121#	712.770.5090
10:30a	9:30a	8:30a	7:30a	One Primary Purpose	1.5 Hr.	712.775.7035	753870#	712.775.7039
12:00N	11:00a	10:00a	9:00a	Keeping It Real Group of NA	1.0 Hr.	848.777.1212	5574929#	
2:00p	1:00p	12:00N	11:00a	Simply Sweet Serenity	1.5 Hr.	712.775.7465	849404#	
8:00p	7:00p	6:00p	5:00p	Keeping It Real Group of NA	1.0 Hr.	848.777.1212	5574929#	
Monday								
12:00N	11:00a	10:00a	9:00a	Recovery At Noon	1.5 Hr.	774.220.4000	6213845#	
3:00p	2:00p	1:00p	12:00N	Miracles at 3 ICC-1	1.0 Hr.	605.472.5662	108470#	
5:00p	4:00p	3:00p	2:00p	More Will Be Revealed ICC-5	1.0 Hr.	712.770.4160	472548#	
7:00p	6:00p	5:00p	4:00p	Recovery Continues ICC-4	1.5 Hr.	712.770.4907	9216392#	
9:00p	8:00p	7:00p	6:00p	Never Give Up Group of NA	1.0 Hr.	717.275.8940	9203444#	
Tuesday								
5:00p	4:00p	3:00p	2:00p	More Will Be Revealed ICC-5	1.0 Hr.	712.770.4160	472548#	
9:00p	8:00p	7:00p	6:00p	Tues. Night Mtg. of NA ICC-3	1.0 Hr.	712.770.5505	126078#	
Wednesday								
12:00N	11:00a	10:00a	9:00a	Recovery At Noon	1.5 Hr.	774.220.4000	6213845#	
3:00p	2:00p	1:00p	12:00N	Miracles at 3 ICC-1	1.0 Hr.	605.472.5662	108470#	
5:00p	4:00p	3:00p	2:00p	More Will Be Revealed ICC-5	1.0 Hr.	712.770.4160	472548#	
6:00p	5:00p	4:00p	3:00p	Recovery Continues ICC-4	1.5 Hr.	712.770.4907	9216392#	
8:00p	7:00p	6:00p	5:00p	Wednesday Night Recovery	1.5 Hr.	425.436.6344	758038#	
9:00p	8:00p	7:00p	6:00p	Never Give Up Group of NA	1.0 Hr.	717.275.8940	9203444#	
Thursday								
12:00N	11:00a	10:00a	9:00a	Recovery At Noon	1.5 Hr.	774.220.4000	6213845#	
5:00p	4:00p	3:00p	2:00p	More Will Be Revealed ICC-5	1.0 Hr.	712.770.4160	472548#	712.770.4169
6:00p	5:00p	4:00p	3:00p	Recovery Thru Aging & Illness	1.0 Hr.	605.313.5146	207904#	605.313.5153
7:00p	6:00p	5:00p	4:00p	Serenity On Thursday	1.5 Hr.	712.775.7465	533360#	
Friday								
12:00N	11:00a	10:00a	9:00a	Recovery At Noon	1.5 Hr.	774.220.4000	6213845#	
3:00p	2:00p	1:00p	2:00N	Miracles at 3 ICC-1	1.0 Hr.	605.472.5662	108470#	
5:30p	4:30p	3:30p	2:30p	Friday Night Special ICC-6	1.5 Hr.	712.775.7465	81551#	723.775.7474
5:30p	4:30p	3:30p	2:30p	Loving Our Long-Timers (ZOOM)	1.5 Hr.	408.638.0968	97488174579#	214411#
9:00p	8:00p	7:00p	6:00p	Never Give Up Group of NA	1.0 Hr.	717.275.8940	9203444#	
10:00p	9:00p	8:00p	7:00p	JAM-Just A Meeting ICC-6	1.0 Hr.	712.775.7465	497789#	
Saturday								
10:30a	9:30a	8:30a	7:30a	One Primary Purpose	1.5 Hr.	712.775.7035	753870#	712.775.7039
11:30p	10:30p	9:30p	8:30p	Loving Our Long-Timers (ZOOM)	1.5 Hr.	408.638.0968	97488174579#	214411#
12:00N	11:00a	10:00a	9:00a	Keeping It Real Group of NA	1.0 Hr.	848.777.1212	5574929#	
12:00N	11:00a	10:00a	9:00a	Recovery At Noon	1.5 Hr.	774.220.4000	6213845#	
2:00p	1:00p	12:00N	11:00a	Simply Sweet Serenity	1.5 Hr.	712.775.7465	849404#	
3:00p	2:00p	1:00p	12:00N	Miracles at 3 ICC-1	1.0 Hr.	605.472.5662	108470#	
8:00p	7:00p	6:00p	5:00p	Recovery Continues ICC-4	1.5 Hr.	712.770.4907	9216392#	
10:00p	9:00p	8:00p	7:00p	JAM-Just A Meeting ICC-6	1.0 Hr.	712.775.7465	497789#	

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Eastern	Central	Mountain	Pacific	Group & ICC# (If Applicable)	Length	Number	Access	Playback 24/7
Sunday								
11:00a	10:00a	9:00a	8:00a	Recovery Continues ICC-4	1.5 Hr.	712.770.4907	9216392#	
2:00 p	1:00p	12:00N	11:00a	One Primary Purpose	1.5 Hr.	712.775.7035	753870#	712.775.7039
2:00p	1:00p	12:00N	11:00a	Simply Sweet Serenity	1.5 Hr.	712.775.7465	849404#	
3:00p	2:00p	1:00p	12:00N	24 Hour Reprieve	1.0 Hr.	605.313.5169	474793#	
6:00p	5:00p	4:00p	3:00p	Keeping It Real Group of NA	1.0 Hr.	848.777.1212	5574929#	
7:00p	6:00p	5:00p	4:00p	90n90 ICC-2	1.0 Hr.	605.313.5144	367404#	605.313.5153
7:00p	6:00p	5:00p	4:00p	Recovery On The Go ICC-7	1.5 Hr.	712.770.5363	667812#	
10:00p	9:00p	8:00p	7:00p	We Do Recover ICC-6	1.5 Hr.	605.313.5142	334084#	

Tips for Conducting and Participating in Teleconference:

Dial phone number, when prompted, enter access code and the pound (#) symbol. You are now in the meeting. Pressing * and then 6 (*6) will mute and unmute your phone. When muted you can hear but no one can hear you. It is best to stay muted except to share or read.



Loving Our Long-Timers is a recorded meeting featuring speakers who have 30+ years sharing their personal history and experience, strength and hope (ESH) with our Fellowship. LOL started in November of 2013 as a weekly phone line meeting and expanded in July of 2021 to the video platform ZOOM to capture international members.

Over 400 speakers and 12,000 years of experience can be downloaded for free with a simple click. Links to both meetings are on our website, nalongtimers.org along with many other speakers from the past and present.



NABYPHONE.ORG

Originally started in 2008 as Outreach to carry NA meetings to a hospitalized member, teleconference meetings have matured into full-fledged NA meetings serving the needs of our members: COVID-19 isolationists, home-bound and hospitalized members, scared newcomers, professional drivers, parents' home with children, rural members, those who are simply seeking multiple flavors of recovery and, of course, YOU;) Please join us!!!

August 2021