



The Five Cities Optimist Club

Presents the annual
Mary Frances Kensinger
Memorial

2025 Optimist Essay Contest

This year's topic is:

*“How Optimism has paved
my road to success.”*

Your essay will be between 700 to 800 words .

The Five Cities Optimist Club will award
Cash prizes of :

1st place \$200

2nd place 150

3rd place \$100

1st place essay moves onto the next level of the competition.

Pre -Registration is required, so go to our website:



And submit an application ASAP.

Additional information will be emailed to you.

Do NOT use your LMUSD email to submit the application.

Essay submissions will be accepted until 12 - 04 - 2024.

Fivecitiesoptimistessay@gmail.com