

SOUTH CENTRAL CAMP CADET PACKING LIST

The following is a list of items you will need to bring to camp. Please be sure to double check prior to leaving home that you have the listed items.

- Sleeping bag / Blankets
- Sleeping clothes
- Sheet to cover mattress
- Pillow
- Feminine products (females, if necessary)
- Underwear (bring extra)
- White socks (bring extra)
- Females – light colored sports bras
- Gym clothes (at least 2-3 sets)
- Personal hygiene products (soap, shampoo, toothbrush, toothpaste, deodorant, etc.)
- Swimsuit (females – one piece only)
- Beach towel for pool
- Sweatshirt and sweatpants
- Towels and washcloths
- Rain gear (poncho or jacket)
- Box/window fan
- Laundry bag
- Medications
- Sunscreen
- Bug spray
- Sneakers (2 pairs)
- Shower shoes/flip-flops

JUNIOR COUNSELORS ONLY

In addition to the above list, Junior Counselors please be sure to bring the following:

- Alarm clock
- Wristwatch (Apple watches, or other smart watches, are not permitted)
- Backpack
- Notebook/pen

PROHIBITED ITEMS

Tobacco products	Firearms	Watches/Clocks
Vape/Juul/E-cigarette products	Cameras	Gum/Candy
Alcohol	Drugs	Food of any kind
Cell phones	iPad/laptop	Jewelry
iPod/Radio	Hair dryer	Make-up
Knives	Perfume	Low-rise shorts
Cutoff/midriff bearing shirts	Curling iron/straightener	Magazines/Books
Notebooks/pens	Two-piece bathing suit	Umbrellas

South Central Camp Cadet reserves the right to confiscate any items which are deemed to be dangerous, inappropriate, or inconsistent with the ideals of the program.