South Central Camp Cadet Packing List

- ☐ Twin XL Bed Set: Fitted sheet, sheet, blanket, pillow with pillowcase
- ☐ Sleeping clothes
- ☐ Personal Care Items/toiletries
    - Soap, Shampoo, Conditioner
    - Toothbrush/toothpaste
    - Deodorant
    - Feminine products
    - Hair brush/hair ties/hair gel
- ☐ Towels and washcloths (you will be showering at least twice a day so bring 2-3). Beach towel for pool.
- ☐ Shower Shoes/flip flops
- ☐ Comfortable Sneakers (2 pairs) this are sneakers you can get wet and/or dirty and can walk all day in.
- ☐ Undergarments (bring extra of all of these)
    - Underwear
    - Light colored sports bras
    - White socks
- ☐ Gym Clothes-t shirt and shorts (10 sets)
    - Females please bring gym shorts and not biker shorts. You may bring workout capri pants.
- ☐ Swimsuit (one piece for females)
- ☐ Sunglasses (must be black or dark blue. NO bright colors)
- ☐ Sweatshirt/hoodie and sweatpants (Black or dark Blue color)
- ☐ Poncho
- ☐ Laundry bag
- ☐ Medications (if needed)
- ☐ 1 reading book for before bed or on bus ride (optional)
- ☐ Sunscreen
- ☐ Bug spray

The cadet will be <u>carrying</u> their bag(s) across campus on arrival day and on graduation day. Even if the bag has wheels.
Parents and Camp Cadet Staff will not be assisting cadets in carrying their luggage. Please be mindful of that while packing.

South Central Camp Cadet Packing List

PROHIBITED ITEMS

- ☐ Tabacco products of any kind
- ☐ Vape/Juul/E-cigarettes
- ☐ Drugs
- ☐ Undeclared medication
- ☐ Alcohol
- ☐ Cell phones/iPod/iPad/computers
- ☐ radios
- ☐ Any electronic device
- ☐ Headphones
- ☐ Watches
- ☐ Firearms
- ☐ Knives/Utility Knives
- ☐ Cameras
- ☐ Clocks or alarms
- ☐ Curling Iron/Straightener/Hair Dryer
- ☐ Perfume/Cologne/Aerosol Body Spray
- ☐ Makeup
- ☐ Food
- ☐ Gum/candy
- ☐ Jewelry
- ☐ Low rise short/Cutoff or midriff bearing shirts/two-piece bathing suits
- ☐ Magazines
- ☐ Umbrellas

South Central Camp Cadet reserves the right to confiscate any items which are deemed to be dangerous, inappropriate, or inconsistent with the ideals of the program.

Possessing any of the above listed items can be grounds for expulsion from the program.