

To walk the walk of antiracism we must first educate ourselves. White people need to listen to what communities of color have been telling them for years. However, it is not the job of people of color to educate white people about racism or antiracism. Instead, people can seek out the many resources already available.

Following is a brief selection of resources to begin your journey. Once you have educated yourself, you need to turn that knowledge into action that benefits your community. Go beyond the occasional post on social media. Talk to friends and relatives about racism and its debilitating effects on all of us

We fully expect that this journey will be the beginning of a transformative process. As you study these materials, we encourage you to begin thinking about how you can contribute to this conversation during the coming months and years.

Welcome to the conversation!

ARTICLES

This Week has Happened Before

What Is an Anti-Racist Reading List For?

How racist policing took over American cities, explained by a historian

The Police Don't Change

Policing in Chicago

America's Racial Contract Is Showing

Your Bookshelf May Be Part Of The Problem

<u>Understand Systems Of Oppression By Interrogating Whiteness, Poet Claudia Rankine</u>

<u>Says</u>

6 Ways Well-Intentioned People Whitesplain Racism (And Why They Need to Stop)

What it means to be an antiracist

Being a good white ally

How White Parents Can Talk To Their Kids About Race

Why these protest are different

FILM/TELEVISION

Blackish, S4 E1 – Juneteenth: The Musical | ABC/Hulu

An 1865 version of the Johnsons celebrates June 19th, the day slaves were told they were freed in the U.S. The family sings about the liberties they are excited to exercise. A pointed lesson on American ignorance.

13th | Netflix

The U.S. imprisons more people than any other country in the world, and <u>a third of U.S. prisoners are black.</u> In this infuriating documentary, director Ava DuVernay argues that mass incarceration, Jim Crow and slavery are "the three major racialized systems of control adopted in the United States to date."

<u>I Am Not Your Negro</u> | Amazon Prime Video

Narrated by the words of James Baldwin with the voice of Samuel L. Jackson, *I Am Not Your Negro* connects the Civil Rights Movement to Black Lives Matter. Although Baldwin died nearly 30 years before the film's release, his observations about racial conflict are as incisive today as they were when he made them.

Gentefied | Netflix

In Los Angeles, three Mexican-American cousins chase the American Dream, even while that dream threatens the things they hold most dear, including their neighborhood, their immigrant grandfather and the family-owned taco shop.

Teach Us All | Netflix

Over 60 years after Brown v. Board of Education, American schools are still segregated. *Teach Us All* explains why that is — school choice, residential segregation, biased admissions processes — and talks to advocates working for change. Interspersing interviews from two Little Rock Nine members, the documentary asks how far we've really come.

YOUTUBE

The myth of race, debunked in 3 minutes | Vox

What Does It Mean to Defund or Abolish the Police? | The Daily Show

What is Structural Racism? | RaceForward

The difference between being "not racist" and antiracist | Ibram X. Kendi

<u>Deconstructing White Privilege</u> | Dr Robin DiAngelo

PODCASTS

Code Switch

Shereen Marisol Meraji and Gene Demby explore how issues of race and identity manifest in every corner of American culture, from music to poetry to sports. They welcome guests for well-informed discussions about everything from how Puerto Ricans identify ethnically to why some people are suspicious of the U.S. Census. Some key episodes to start with Why Now, White People?, Ask Code Switch: The Coronavirus Edition, Ask Code Switch: What About Your Friends?, Safety-Pin Solidarity: With Allies, Who Benefits?

Throughline

Every week Rund Abdelfatah and Ramtin Arablouei "go back in time to understand the present." To understand the history of systemic racism in America, start with American Police, Mass Incarceration and Milliken v. Bradley.

Tamarindo

A lighthearted show where the hosts discuss politics, pop culture, and how to balance it all con calma. Hosts Ana Sheila Victorino and Brenda Gonzalez keep it light while being unafraid to tackle thorny topics, as in the episode "How We Hold Bias and What We Can Do About It."

<u> 1619</u>

"In August of 1619, a ship carrying more than 20 enslaved Africans arrived in the English colony of Virginia. America was not yet America, but this was the moment it began." Hosted by recent New York Times Pulitzer Prize winner Nikole Hannah-Jones, the 1619 audio series chronicles how black people have been central to building American democracy, music, wealth and more.

Asian Enough

Hosts Jen Yamato and Frank Shyong interview fellow Asian-Americans in this *L.A. Times* podcast centered around the questions, "Am I Asian enough? Am I American enough?"

Pod Save the People

Organizer and activist DeRay Mckesson explores news, culture, social justice, and politics with fellow activists Brittany Packnett Cunningham and Sam Sinyangwe, and writer Dr. Clint Smith. They offer a unique take on the news, with a special focus on overlooked stories and topics that often impact people of color.

Scene on the Radio

"White folks may feel like we're being stabbed a little bit when our whiteness is mentioned, because for the most part, we get to go through life imagining that race is something other people have," says host and producer John Biewen in one episode of his Seeing White program. Biewen's 14-part series is an excellent primer on the history of whiteness in America, sharing lesser-known events that will inspire white listeners to see their own place in society with fresh eyes.

GROUPS TO FOLLOW TO TAKE ACTION OR TO GAIN MORE KNOWLEDGE

Teaching Tolerance

Chicago Alliance Against Racist and Political Repression

Chicago Freedom School

UnidosUS

Southsiders Organized for Unity and Liberation (SOUL)

My Block My Hood My City

Chicago Regional Organizing for Antiracism

Black Lives Matter Chicago

Colorlines