Enability's GAIT ASSESSMENT AND INTERVENTION TOOLBOX (G.A.I.T.) FORM

Patient ID: _NL_ *Age:*_34_ *Diagnosis:* _Amputation_ *Observed Side:* ~~RIGHT~~ / LEFT *Assessment Date:*_01_ *Walking Aid:* _Cane

Gait Intervals	Foot	Ankle	Knee	Hip	Pelvis	Trunk
Initial Double Support (IDS)	☐ ~~Forefoot Contact~~ ☐ ~~Foot-flat Contact~~ ☐ ~~Foot Slap~~	☐ ~~Excessive Plantarflexion~~ ☑ Insufficient Plantarflexion ☐ ~~Excessive Dorsiflexion~~ ☐ ~~Excessive Inversion~~ ☐ ~~Excessive Eversion~~	☐ ~~Excessive Flexion~~ ☑ Insufficient Flexion ☐ ~~Hyperextension~~ ☐ ~~Excessive Varus~~ ☐ ~~Excessive Valgus~~	☐ ~~Insufficient Flexion~~ ☐ ~~Excessive Internal Rotation~~ ☐ ~~Excessive External Rotation~~ ☑ Excessive Abduction ☐ ~~Excessive Adduction~~	☐ ~~Excessive Forward Rotation~~ ☑ Insufficient Forward Rotation	☐ ~~Forward Lean~~ ☐ ~~Backward Lean~~ ☐ ~~Right Lean~~ ☑ Left Lean
Single limb Support (SS)	☐ ~~Early Heel Rise~~ ☐ ~~Delayed Heel Rise~~	☐ ~~Excessive Plantarflexion~~ ☐ ~~Excessive Dorsiflexion~~ ☑ Insufficient Dorsiflexion ☐ ~~Excessive Inversion~~ ☐ ~~Excessive Eversion~~	☐ ~~Excessive Flexion~~ ☐ ~~Hyperextension~~ ☐ ~~Excessive Varus~~ ☐ ~~Excessive Valgus~~ ☐ ~~Unstable Knee~~	☑ Insufficient Extension ☐ ~~Excessive Internal Rotation~~ ☐ ~~Excessive External Rotation~~ ☑ Excessive Abduction ☐ ~~Excessive Adduction~~	☐ ~~Insufficient Backward Rotation~~ ☐ ~~Excessive Backward Rotation~~ ☑ Excessive Anterior Tilt ☐ ~~Contralateral Drop~~	☐ ~~Forward Lean~~ ☐ ~~Backward Lean~~ ☐ ~~Right Lean~~ ☑ Left Lean
Terminal Double Support (TDS)		☑ Insufficient Plantarflexion	☑ Insufficient Flexion	☑ Insufficient Flexion	☐ ~~Excessive Backward Rotation~~ ☐ ~~Insufficient Backward Rotation~~	☐ ~~Forward Lean~~ ☐ ~~Backward Lean~~ ☐ ~~Right Lean~~ ☐ ~~Left Lean~~
Swing	☐ ~~Foot Drag / Toe Drag~~	☐ ~~Excessive Plantarflexion (Foot Drop)~~ ☐ ~~Contralateral Vaulting~~	☑ Insufficient Flexion ☐ ~~Excessive Flexion (Steppage Gait)~~ ☐ ~~Insufficient Extension~~ ☑ Forceful Extension	☐ ~~Insufficient Flexion~~ ☐ ~~Circumduction~~ ☐ ~~Thigh Retraction~~	☐ ~~Pelvic Hiking~~ ☑ Insufficient Forward Rotation ☐ ~~Excessive Forward Rotation~~	☐ ~~Forward Lean~~ ☐ ~~Backward Lean~~ ☐ ~~Right Lean~~ ☐ ~~Left Lean~~

Step Length: ☐ ~~Right > Left~~; ☑ Left > Right

Step Width: ☑ WIDE; ☑ ~~NARROW~~

Stance Time: ☑ Right > Left; ☐ ~~Left > Right~~

Toe Angle: ☐ ~~TOE IN~~; ☐ ~~TOE OUT~~

INTERVENTION FOCUS

☑ Balance / Stability ☑ Equality / Symmetry ☑ Energy Conservation ☑ Progression ☑ Shock Absorption