



Enability's GAIT ASSESSMENT AND INTERVENTION TOOLBOX (G.A.I.T.) FORM



Patient ID: HV Age: 56 Diagnosis: Unilateral TT amputation Observed Side: RIGHT / LEFT Assessment Date: Walking Aid: None

Gait Intervals	Foot	Ankle	Knee	Hip	Pelvis	Trunk
Initial Double Support (IDS)	☐ Forefoot Contact ☐ Foot flat Contact ☐ Foot Slap	☐ Excessive Plantarflexion ☐ Insufficient Plantarflexion ☐ Excessive Dorsiflexion ☐ Excessive Inversion ☐ Excessive Eversion	☒ Excessive Flexion ☐ Insufficient Flexion ☐ Hyperextension ☐ Excessive Varus ☐ Excessive Valgus	☐ Insufficient Flexion ☐ Excessive Internal Rotation ☐ Excessive External Rotation ☐ Excessive Abduction ☐ Excessive Adduction	☐ Excessive Forward Rotation ☐ Insufficient Forward Rotation	☐ Forward Lean ☐ Backward Lean ☐ Right Lean ☐ Left Lean
Single limb Support (SS)	☒ Early Heel Rise ☐ Delayed Heel Rise	☐ Excessive Plantarflexion ☐ Excessive Dorsiflexion ☒ Insufficient Dorsiflexion ☐ Excessive Inversion ☐ Excessive Eversion	☐ Excessive Flexion ☐ Hyperextension ☐ Excessive Varus ☐ Excessive Valgus ☐ Unstable Knee	☒ Insufficient Extension ☐ Excessive Internal Rotation ☐ Excessive External Rotation ☐ Excessive Abduction ☐ Excessive Adduction	☐ Insufficient Backward Rotation ☒ Excessive Backward Rotation ☐ Excessive Anterior Tilt ☐ Contralateral Drop	☐ Forward Lean ☐ Backward Lean ☐ Right Lean ☒ Left Lean
Terminal Double Support (TDS)		☐ Insufficient Plantarflexion	☒ Insufficient Flexion	☐ Insufficient Flexion	☒ Excessive Backward Rotation ☐ Insufficient Backward Rotation	☐ Forward Lean ☐ Backward Lean ☐ Right Lean ☐ Left Lean
Swing	☐ Foot Drag / Toe Drag	☐ Excessive Plantarflexion ☐ Contralateral Vaulting	☒ Insufficient Flexion ☐ Excessive Flexion (Steppage Gait) ☐ Insufficient Extension ☐ Forceful Extension	☐ Insufficient Flexion ☐ Circumduction ☐ Thigh Retraction	☐ Pelvic Hiking ☒ Insufficient Forward Rotation ☐ Excessive Forward Rotation	☐ Forward Lean ☐ Backward Lean ☐ Right Lean ☐ Left Lean

Step Length: ☒ Right > Left; ☐ Left > Right

Step Width: ☐ WIDE; ☐ NARROW

Stance Time: ☐ Right > Left; ☐ Left > Right

Toe Angle: ☒ TOE IN; ☐ TOE OUT

INTERVENTION FOCUS

☐ Balance / Stability
 ☒ Equality / Symmetry
 ☐ Energy Consumption
 ☒ Progression
 ☐ Shock Absorption