



Welcome to Equineimity! **“The Practice of Balance with Equine Partners”**

Barn SAFETY Rules

1. Arrive 10 min prior to scheduled lesson time
2. DO NOT APPROACH ANY HORSE WITHOUT INSTRUCTOR PRESENT.
3. DO NOT PET OR FEED the horses unless approved by instructor. ASK FIRST! For your safety, there is NO HAND FEEDING of any kind.
4. CLOTHING: Wear appropriate clothing suitable to weather conditions. No Loose clothes, or shorts while riding.
5. FOOTWEAR: No open toed shoes, sandals, flip flops can be worn on the premises due to environment, insects and bugs that can easily attack open feet! ONLY approved riding, equestrian, or western boot with walking heel are allowed while riding. There are a variety of used boots in the boot bin to try on if you need to borrow a pair for your lesson.
6. SAFETY HELMET: ALL participants are encouraged to wear an ASTM certified safety helmet. All MINORS (under the age of 18) MUST WEAR AN APPROVED equestrian helmet. No bike helmets or skate helmets are allowed.
7. SAFETY FIRST: Please WALK when within 20 ft. Of any horse. There are some horses on the property that are not as experienced as some of the lesson horses. However treat ALL horses with Caution and extreme care of your surroundings. Keep all frolicking and kicking up your heels for areas with no horses activities going on.
8. Parents! Keep any other spectating children with you at all times! Do NOT let kiddos wander around. There are lots of sharp objects, machinery and equipment to get hurt on. Please keep your kiddos within arms reach.
9. NO DOGS! Leave the pooch at home. Thank you.
10. NO SMOKING on premises.