





Between Two Homes®

# Build

## successtul coparenting relationship

- Learn successful skills for working with your coparent
- Learn what behaviors, and ever what words, can help or
- potentially hurt your ch • Talk to your child about
- changes using language he can understand
  - Learn the special needs of good child at various stages, for
- Create a coparenting plan

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## ONLINE CLASSES

#### Between Two Homes®: Making Two Homes Work



Our cooperative graphering arening Education and Pamily Stabilization course is read aloud to give you the option to read or listen, and utilizes videos, short quizzes, and interactions to bring the course to life. Information is up to date and is designed to be entertaining and educational. Videos are presented in two formats, professionals discussing coparenting and role play videos showing examples of mistakes made and better ways to handle situations with the children I

The course is dedicated to helping families transition during changes and meet the needs of children growing up between two homes. This includes children being raised by never married parents, divorced or divorcing parents, same sex parents, and other relatives raising children between two homes.

offered in English and Spanis

This one-hour seminar offers volunteer supervisors (grandparents, stepparents, friends, and other trusted community members) the opportunity to familiarize themselves with information regarding supervised visitation and the unique role they can play as a supervisor.

Volunteer Supervised Visitation

#### Parallel Coparenting



In some cases, many aspects of cooperative coparenting either will not work or promote increased risk for either coparent and/or the children. Areas which include increased risk are domestic violence circumstances, when one or both parents experience mental illness, when one or both parents are chemically dependent, or when parents continue to make adult focused rather than child focused decisions Our Parallel Parenting Class is designed to teach parents how both homes can work separately in the best interests of the children if both parents are not able to work directly together. The Parallel Coparenting class is designed for high conflict parents who have completed the Making Two Homes Work class.

#### Boundaries



This class will walk you through the foundational building blocks for creating successful adult and parenting relationships setting boundaries. Boundaries help you regain your sanity, self respect, reduce stress, aniety and resentment. Learning to set healthy boundaries is an adult skill that can be learned, although sometimes we need a learned, although sometimes we need a little training to 'improve our game'.



### Frequently Asked Questions

WHEN ARE THE CLASSES AND HOW DO I PAY? Register and pay for classes by going to our website. After registering, the class or classes you select will be available for you to take at any time at your convenience for 30 days.

WHAT IF I DON'T COMPLETE THE COURSE IN 30 DAYS? If you don't complete the class in the 30 day period, you would need to repay for the course and restart the course.

DO I RECEIVE A CERTIFICATE? Personalized individualized certificates are issued at the completion of the course provided you pass the post test. Participants must complete the class to receive a certificate.

HOW IS THE CLASS PRESENTED? The class offers slides that may be read, but are also read aloud. In addition to the slides, there are videos embedded in the presentation and material is available for printing.

DO I NEED A COURT ORDER TO TAKE THE CLASS? No, in fact these classes may help you avoid ongoing litigation.

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