

Autumn/Winter 2026

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cheerios Rice Krispies Weetabix	Cheerios Rice Krispies Weetabix	Cheerios Rice Krispies Weetabix	Cheerios Rice Krispies Weetabix	Cheerios Rice Krispies Weetabix
AM Snack	3 Seasonal Fruits	3 Seasonal Fruits	3 Seasonal Fruits	3 Seasonal Fruits	3 Seasonal Fruits
Lunch	Natural Yoghurt with Fruit Five bean chilli and brown rice	Roast Chicken Dinner Poached pear	Banana Custard Cottage Pie with mixed vegetables	Natural Yoghurt with Fruit Meatballs and Pasta	Vegetable Sausage Casserole Welsh Cakes
PM Snack	Bread Sticks Crackers and cheese Rice Cakes Vegetable Sticks Tea Cakes English Muffins	Bread Sticks Crackers and cheese Rice Cakes Vegetable Sticks Tea Cakes English Muffins	Bread Sticks Crackers and cheese Rice Cakes Vegetable Sticks Tea Cakes English Muffins	Bread Sticks Crackers and cheese Rice Cakes Vegetable Sticks Tea Cakes English Muffins	Bread Sticks Crackers and cheese Rice Cakes Vegetable Sticks Tea Cakes English Muffins
Tea	Pasta pot	Beans on Toast	Pizza	Cheese Toasties	Sandwiches

Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cheerios Rice Krispies Weetabix	Cheerios Rice Krispies Weetabix	Cheerios Rice Krispies Weetabix	Cheerios Rice Krispies Weetabix	Cheerios Rice Krispies Weetabix
AM Snack	3 Seasonal Fruits	3 Seasonal Fruits	3 Seasonal Fruits	3 Seasonal Fruits	3 Seasonal Fruits
Lunch	Jacket Potato with beans and cheese Pears and Apricots	Natural Yoghurt with Fruit Vegetable curry with brown rice	Sausage pasta bake Carrot Cake	Cottage Pie with mixed vegetables Cinnamon apple	Natural Yoghurt with Fruit Fish fingers with mixed vegetables and potato croquettes
PM Snack	Bread Sticks Crackers and cheese Rice Cakes Vegetable Sticks Tea Cakes English Muffins	Bread Sticks Crackers and cheese Rice Cakes Vegetable Sticks Tea Cakes English Muffins	Bread Sticks Crackers and cheese Rice Cakes Vegetable Sticks Tea Cakes English Muffins	Bread Sticks Crackers and cheese Rice Cakes Vegetable Sticks Tea Cakes English Muffins	Bread Sticks Crackers and cheese Rice Cakes Vegetable Sticks Tea Cakes English Muffins
Tea	Pizza	Sausage, Hash Brown and Beans	Scrambled egg and toast	Pasta pot	Sandwiches

Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cheerios Rice Krispies Weetabix	Cheerios Rice Krispies Weetabix	Cheerios Rice Krispies Weetabix	Cheerios Rice Krispies Weetabix	Cheerios Rice Krispies Weetabix
AM Snack	3 Seasonal Fruits	3 Seasonal Fruits	3 Seasonal Fruits	3 Seasonal Fruits	3 Seasonal Fruits
Lunch	Natural Yoghurt with Fruit Lentil Curry and Brown rice	Banana Cake Fish fingers with mixed vegetables and mashed potato	Natural Yoghurt with Fruit Spagetti Bolgnaise	Roast Chicken Dinner Pears and Apricots	Sausage Casserole Fruit flapjacks
PM Snack	Bread Sticks Crackers and cheese Rice Cakes Vegetable Sticks Tea Cakes English Muffins	Bread Sticks Crackers and cheese Rice Cakes Vegetable Sticks Tea Cakes English Muffins	Bread Sticks Crackers and cheese Rice Cakes Vegetable Sticks Tea Cakes English Muffins	Bread Sticks Crackers and cheese Rice Cakes Vegetable Sticks Tea Cakes English Muffins	Bread Sticks Crackers and cheese Rice Cakes Vegetable Sticks Tea Cakes English Muffins
Tea	Cheese Toasties	Pasta pot	Jacket Potato with beans and cheese	Pizza	Sandwiches