

What is Nature Journaling? It began with Leonardo da Vinci, actually! Field notes by early biologists and naturalists began the method of having a journal to log data, draw diagrams and images, and to write out thoughts and information about what they were studying. This method can be used in the classroom in a huge variety of ways, but mainly, it involves outdoor observations regarding either a general experience or specifically designed project where any subject can be explored and learning applied through direct connections.

Resources:

Local:

<https://hawaiinaturejournal.org/author/righter-kate/> What is it?

<https://hawaiinaturejournal.org/> How to...

<https://hawaiinaturejournal.org/journal/> This page shows examples.

Local workshops, excursions, etc.

<https://johnmuirlaws.com/journaling-curriculum/>

FREE Field Journaling Guide, excellent resource!

<https://www.childrenandnature.org/resources/falling-in-love-with-nature-through-journaling/>

<https://www.wildwonder.org/teach>

FREE downloadable PDF book that is thorough and detailed!! Highly recommend getting this, it is easy to obtain, if even a little overwhelming with the vast information, but very useful as a resource and guide.

The bottom line is: you can use “Nature Journaling” in ways that facilitate learning in any discipline, any area; it is very flexible. Kate Righter’s site simplifies the process and feels more “user friendly”. It’s helpful to look into Wildwonder’s book, and there are many excellent examples of Nature Journaling in all the above sites.

Let me know if you have any questions. Mahalo!!

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