M&D Quinley Professional Services, LLC

8788 Elk Grove Blvd, Bldg 3, Ste 15, Elk Grove, CA 95624
Phone: 916-714-6060 | Fax: 916-714-6067
Email: mdquinleyllc@comcast.net

NAC #6866; BRN CEP #17181; ARF #2000315-735-2; RCFE #2000315-740-2

2026 CLASS SCHEDULE (11/06/2026)

ARF & RCFE Administrators & Caregivers can attend the class at our physical office.
CNAs/HHAs are required to attend classes in person.
Please call our office to register.

DAY	DATE	TIME	COURSE TITLE	INSTRUCTOR	ARF	RCFE	BRN	CNA/HHA	CREDIT	COST
November										
MON	11/09/2026	10AM-2PM	Work Related Stresses Among Caregivers and Staff	Asprer	✓	✓	–	✓	4	$53.00
		2:30PM-4:30PM	Constipation 101	Asprer	✓	✓	–	✓	2	$35.00
TUES	11/10/2026	9AM-1PM	Caring for Clients with Dementia (Day 1 of 2)**	Asprer	✓	✓	–	✓	8	$95.00
WED	11/11/2026	9AM-1PM	Caring for Clients with Dementia (Day 2 of 2)**	Asprer	✓	✓	–	✓	–	–
THURS	11/12/2026	9AM-12PM;1PM-4PM	Client's Personal Rights	Asprer	✓	✓	–	✓	6	$74.00
MON	11/16/2026	10AM-2PM	Pain Management and Assessment	Asprer	✓	✓	–	–	4	$53.00
TUES	11/17/2026	9AM-1PM	Nutrition and Feeding Techniques	Asprer	✓	✓	–	✓	4	$53.00
		1:30PM-3:30PM	First Aid/CPR	Miranda	–	–	–	–	0	$75.00
WED	11/18/2026	9AM-1PM	Chronic Kidney Disease	Asprer	✓	✓	–	✓	4	$53.00
THURS	11/19/2026	9AM-1PM	Documentation Guidelines	Asprer	✓	✓	–	✓	4	$53.00
FRI	11/20/2026	10AM-12PM	Swallowing Difficulty	Asprer	✓	✓	–	✓	2	$35.00
		1PM-3PM	Food Safety and Special Diets	Asprer	✓	✓	–	✓	2	$35.00
MON	11/23/2026	9AM-1PM	Communication Methods for Individuals w/ Unique Needs	Asprer	✓	✓	–	–	4	$53.00
TUES	11/24/2026	9AM-1PM	Range of Motion	Asprer	✓	✓	–	✓	4	$53.00
WED	11/25/2026	9AM-12PM;1PM-4PM	Elder and Dependent Adult Abuse	Asprer	✓	✓	–	✓	6	$74.00
THURS	*11/26/2026*	–	*Office Closed - Thanksgiving*	–	–	–	–	–	–	–
FRI	*11/27/2026*	–	*Office Closed*	–	–	–	–	–	–	–
MON	11/30/2026	9AM-1PM	Medication Basics	Asprer	✓	✓	–	✓	4	$53.00
December										
TUES	12/01/2026	9AM-1PM	Urinary Tract Infection	Asprer	✓	✓	–	✓	4	$53.00
WED	12/02/2026	9AM-1PM	Providing Caring for Individuals w/ Incontinence	Asprer	✓	✓	–	–	4	$53.00
THURS	12/03/2026	9AM-1PM	Hypertension	Asprer	✓	✓	–	✓	4	$53.00
FRI	12/04/2026	10AM-12PM	First Aid/CPR	Miranda	–	–	–	–	0	$75.00
TUES	12/08/2026	9AM-1PM	HIV/AIDs	Asprer	✓	✓	–	✓	4	$53.00
		1:30PM-3:30PM	LGBT+	Ingraham	✓	✓	–	–	2	$35.00
WED	12/09/2026	9AM-1PM	Tuberculosis	Asprer	✓	✓	–	✓	4	$53.00
THURS	12/10/2026	10AM-4PM	Laws and Regulations Update	D-Quinley	✓	✓	–	–	6	$74.00
FRI	12/11/2026	9AM-12PM;1PM-4PM	Crisis Approaches	Asprer	✓	✓	–	✓	6	$74.00
MON	12/14/2026	10AM-12PM	First Aid/CPR	Miranda	–	–	–	–	0	$75.00
TUES	12/15/2026	9AM-1PM	Caring for Clients with Dementia (Day 1 of 2)**	Asprer	✓	✓	–	✓	8	$95.00
WED	12/16/2026	9AM-1PM	Caring for Clients with Dementia (Day 2 of 2)**	Asprer	✓	✓	–	✓	–	–
THURS	12/17/2026	9AM-1PM	Activities of Daily Living	Asprer	✓	✓	–	✓	4	$53.00

FRI	12/18/2026	10AM-12PM	Body Mechanics	Asprer	✓	✓	–	✓	2	$35.00
		1PM-3PM	Fall Prevention	Asprer	✓	✓	–	✓	2	$35.00
MON	12/21/2026	9AM-1PM	Demystifying Down Syndrome	Asprer	✓	✓	–	✓	4	$53.00
TUES	12/22/2026	9AM-12PM;1PM-4PM	Assistance w/ Medication Administration	Asprer	✓	✓	–	✓	6	$74.00
WED	12/23/2026	9AM-1PM	Heart Failure	Asprer	✓	✓	–	✓	4	$53.00
FRI	*12/25/2026*	–	*Office Closed*	–	–	–	–	–	–	–
MON	12/28/2026	10AM-12PM	First Aid/CPR	Miranda	–	–	–	–	0	$75.00
TUES	12/29/2026	9AM-1PM	Chronic Kidney Disease	Asprer	✓	✓	–	✓	4	$53.00
WED	12/30/2026	9AM-1PM	Managing Challenging Behaviors	Asprer	✓	✓	–	✓	4	$53.00
THURS	12/31/2026	9AM-1PM	Work Related Stresses Among Caregivers and Staff	Asprer	✓	✓	–	✓	4	$53.00
January										
FRI	*01/01/2027*	–	*Office Closed*	–	–	–	–	–	–	–
TUES	01/05/2027	9AM-1PM	Communication Methods for Individuals w/ Unique Needs	Asprer	✓	✓	–	–	4	$53.00
WED	01/06/2027	9AM-1PM	Harassment and Discrimination	Asprer	✓	✓	–	✓	4	$53.00
THURS	01/07/2027	9AM-12PM;1PM-4PM	Client's Personal Rights	Asprer	✓	✓	–	✓	6	$74.00
FRI	01/08/2027	11AM-3PM	ARF/RCFE Administrator Workshop	D-Quinley	✓	✓	–	–	4	$250.00
SAT	*01/09/2027*	*9AM-6:30PM*	*ARF Initial Certification Training Program (Day 1 of 4)*	*D-Quinley*	✓	–	–	–	*35*	*$395.00*
SUN	*01/10/2027*	*9AM-7:45PM*	*ARF Initial Certification Training Program (Day 2 of 4)*	*D-Quinley*	✓	–	–	–	–	–
MON	01/11/2027	9AM-1PM	Medication Basics	Asprer	✓	✓	–	✓	4	$53.00
TUES	01/12/2027	9AM-1PM	HIV/AIDs	Asprer	✓	✓	–	✓	4	$53.00
		1:30PM-3:30PM	LGBT+	Ingraham	✓	✓	–	–	2	$35.00
WED	01/13/2027	9AM-1PM	Tuberculosis	Asprer	✓	✓	–	✓	4	$53.00
THURS	01/14/2027	10AM-4PM	Laws and Regulations Update	D-Quinley	✓	✓	–	–	6	$74.00
SAT	*01/16/2027*	*9AM-6:30PM*	*ARF Initial Certification Training Program (Day 3 of 4)*	*D-Quinley*	✓	–	–	–	–	–
SUN	*01/17/2027*	*9AM-5:30PM*	*ARF Initial Certification Training Program (Day 4 of 4)*	*D-Quinley*	✓	–	–	–	–	–
TUES	01/19/2027	9AM-1PM	Hypertension	Asprer	✓	✓	–	✓	4	$53.00
WED	01/20/2027	9AM-1PM	Asthma	Asprer	✓	✓	–	✓	4	$53.00
THURS	01/21/2027	9AM-1PM	Nutrition and Feeding Techniques	Asprer	✓	✓	–	✓	4	$53.00
TUES	01/26/2027	9AM-12PM;1PM-4PM	Crisis Approaches	Asprer	✓	✓	–	✓	6	$74.00
WED	01/27/2027	9AM-1PM	Caring for Clients w/ Dementia(Day 1 of 2)**	Asprer	✓	✓	–	✓	8	$95.00
THURS	01/28/2027	9AM-1PM	Caring for Clients w/ Dementia(Day 2 of 2)**	Asprer	✓	✓	–	✓	–	–

Please call the office for registration & any last minute schedule changes. Discounts are available through our Membership.

Please note that our class schedule is subject to change without notice.

Classes with * require attendance for all sessions to attain full credit, no partial credits granted.

**** 35-hour/4-day Adult Residential Facility (ARF) Initial Certification Training Program: January 9, 10, 16, 17, 2027**

Website: www.mdquinley.org