



Let His Truth Speak Louder Than the Lie

Scripture: “...If you abide in my word, you are truly my disciples, and you will know the truth and the truth will set you free.” John 8:31–32

Jesus Is Speaking to You

Have you ever noticed how easy it is to believe something about yourself simply because you've heard it for so long?

You may have been told over and over or even told yourself:

"I'll never change."

"God has to be disappointed with me."

"I'm a failure."

"I'll always struggle; it's just the way it is."

If you've ever believed one of those thoughts, or others not listed, understand, you're not alone.

I invite you to listen carefully to what Jesus says. Before He spoke the words, *"The truth will set you free,"* He first said, **"If you abide in My word, you are truly My disciples."**

Don't miss this. Freedom begins by remaining in His Word.

Jesus doesn't invite you to search for your own truth. He invites you to abide in His.

What Is Jesus Teaching You?

Jesus knows there are many voices competing for your attention.

Some remind you of your failures.

Some speak fear.

Some whisper condemnation.

However, Jesus with love is calls you back to His voice, found in His Word.

Understand, when you open God's Word, you aren't simply reading a book.

You are listening to the One who knows you completely, loves you perfectly, and always speaks the truth- Jesus Christ.

Understand, as you remain in His Word, He begins to renew the way you think.

And little by little, His truth becomes stronger than the voices that once held your attention. This all happens when you remain in His Word.



A Lie You May Be Believing

Now, maybe you've believed the lie, that if a thought has been with you for years, it must be true. However, that isn't what Jesus says. That isn't what the Truth says.

Understand, a lie never becomes truth simply because you've believed it for a long time. The light doesn't argue with the darkness. It simply shines.

Now, in the same way, God's truth exposes every lie for what it is.

You don't overcome deception by becoming consumed with the lie.

You overcome it by filling your heart with the truth found only in God's Word.

What Difference Does This Make?

This changes the way you face every day.

Instead of allowing fear, shame, or discouragement to have the final word, you learn to ask,

"What has Jesus said?"

Let His Word become the place where your heart finds stability.

Let His promises become stronger than your fears.

Let His truth become louder than the lies you've been believing.

Now, when you do this, over time, you begin to discover that freedom isn't found in trying harder. Freedom is found in walking with Jesus and allowing His truth to shape the way you think, believe, and live life.

How Should This Shape the Way You Live?

The next time a discouraging thought comes to your mind, whether it has been coming for years or started today, don't simply accept it.

Bring it to Jesus. Bring it to the Truth. Open His Word.

Ask Him, **"Lord, what have You said about this?"**

Then stay with His answer.

Read it.

Pray it.

Believe it.

The more you abide in His truth, the more your heart will recognize His voice.



A Prayer

Father, thank You that Your Word is true.

Forgive me for the times I have believed lies instead of trusting what You have spoken.

Teach me to abide in Your Word.

Help me to recognize Your voice above every other voice that competes for my attention.

Renew my mind by Your truth and help me to walk each day in the freedom that only Jesus Christ gives.

In the name of Jesus Christ, Amen.

An Invitation

Before you continue with your day, spend a few quiet moments with the Lord.

Ask Him to bring to your mind one lie that has been influencing the way you think.

Don't dwell on the lie. Instead, open your Bible and ask, **"Jesus, what is Your truth?"**

Stay there.

Read His Word slowly.

Let His truth settle deeply into your heart.

The more time you spend with Jesus, the more clearly, you'll recognize His voice.

And as you continue to abide in-Him, you'll discover that His truth doesn't simply give you information. His truth leads you to the One who is the Truth.

His name is Jesus Christ.