



## Trust Jesus with Your Life

**Scripture:** *“Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight.”* Proverbs 3:5–6

Matthew 11:28–30

### Jesus Is Speaking to You

Have you ever found yourself trying to carry something that was never yours to carry?  
Maybe you're carrying the weight of tomorrow.  
Maybe you're trying to figure out every answer before taking the next step.  
Or maybe you've reached the place where you're simply worn out and tired.

Understand, if that's where you are today, I want to invite you to hear the heart of Jesus Christ.

He doesn't say, *"Carry more."*

He doesn't say, *"Figure everything out first."*

He says, **"Come to Me."**

Those words are an invitation, not only for that day when you first believed, but for every day that has since followed. Understand, Jesus knows what you're carrying.

He knows your questions.

He knows your fears.

And He lovingly invites you to bring them to Him.

### What Is Jesus Teaching You?

Now don't miss this. Trust begins when self-reliance ends.

Our natural tendency is to hold tightly to the things we think we can control.

We want to know how everything will work out before we take the next step.

However, Jesus teaches you a different way.

He invites you to walk with Him one step at a time.

Trust is not pretending that life is easy.

Trust is choosing to believe that Jesus Christ is faithful, even when you don't understand everything He is doing.

Understand, the more you walk with Him, the more you discover that He has always been worthy of your trust.



### **A Lie You May Be Believing**

Maybe you've believed that you must have all the answers before you can have peace. So many people believe this.

Or maybe you've believed that if you trust God, you'll never face difficulties.

Understand, Jesus never promised a life without challenges.

What did He promise? He promised His presence.

Peace is not found in having every question answered.

Peace is found in walking with the One who already knows the end from the beginning.

Walking with the Prince of Peace, Jesus Christ.

When His truth fills your heart, fear no longer directs your steps.

His faithfulness becomes greater than your uncertainty.

### **What Difference Does This Make?**

When you trust Jesus Christ, you no longer have to carry tomorrow by yourself.

You can pray instead of panicking.

You can rest instead of striving.

You can take the next step, in faith, without needing to see the entire path.

Your confidence is no longer built on your ability to control your circumstances.

It is built on the unchanging character of Christ.

As you continue to abide in-Him, you'll find that trust becomes less about understanding everything and more about knowing the One who is leading you-- Jesus.

### **How Should This Shape the Way You Live?**

What are you carrying today that Jesus has been inviting you to place into His hands?

Take some time and be honest with Him.

Tell Him exactly what is on your heart.

You don't have to hide your fears or pretend to be stronger than you are.

Your Savior already knows everything about you. And He welcomes you to come to Him.

Then ask Him, **"Jesus, what does trusting You look like today?"**

Understand, you may not receive every answer you were hoping for.

However, you will discover something even greater. His presence.



### **A Prayer**

Heavenly Father, thank You that I never have to carry life alone.

Forgive me for the times I have depended more on my own understanding than on Your faithfulness.

Teach me to trust Jesus with every part of my life.

When fear tries to take hold of my heart, remind me that You are with me.

Help me to walk with confidence—not because I know what tomorrow holds, but because I know the One who holds tomorrow.

In the name of Jesus Christ, Amen.

### **An Invitation**

Before you continue with your day, find a place where you can be alone with the Lord.

Take a slow breath and simply tell Him what you've been carrying.

There is nothing you need to hide. Nothing you need to pretend.

Read the Scriptures again.

Then ask Jesus, **"What are You inviting me to place into Your hands today?"**

Remain in-Him. Don't rush away.

The more time you spend with Jesus, the more you'll discover that trust grows through relationship with Him.

As you continue to abide in-Him, you'll find that His peace isn't something you have to chase. It is something you experience as you walk with the Prince of Peace.

And wherever He leads you, you can trust Him.