

PERTH

KILT · RUN



2025
Athlete Guide





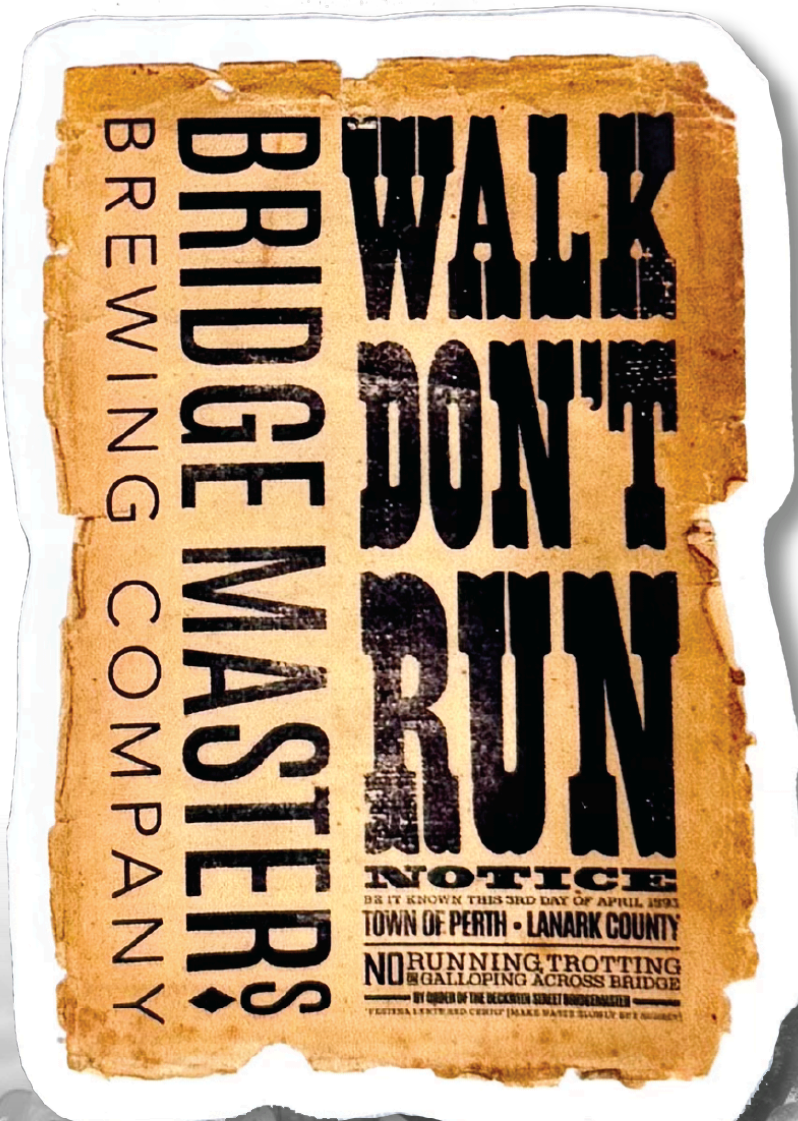
The Perth Kilt Run is proudly presented by



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BRIDGE MASTER'S
BREWING COMPANY

Official beer
of the *Perth Kilt Run*



Welcome, kilted warriors!

On behalf of our small event team and our generous sponsors, we are thrilled to welcome you to the 11th edition of the *Perth Kilt Run*!

This event was first held in 2010 and is the current *Guinness World Record* holder for largest kilted race. As a premiere sporting event for the town, we are thrilled to breathe new life into the *Perth Kilt Run*. This year, we're celebrating the triumphant return of this much-loved event and the start of our second decade of races. We are blown away by the level of interest and support for this race - we sold out all 1,546 spots in less than four months!

To kick off our second decade, we introduced the new Sir Mike Challenge. This event requires participants to run both the Royal Mile and the Classic 5-Mile. Mike Day was a longtime *Perth Kilt Run* participant who ran nearly all previous races and won his age group every year that he ran. A member of the Ottawa Valley Track Club, he was active in local road races well into his 90th year. We are proud to honour Mike's memory with this challenge!

At the heart of our event is our volunteers! Without their time, energy, and enthusiasm, we simply couldn't host this event. Thank you for all your efforts to ensure the success of this event!

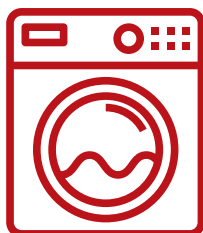
Lastly, we are deeply grateful for you, the athletes, for your continued support. We hope you enjoy your *Perth Kilt Run* experience and your time in our beautiful town!

Terry Stewart (Lord Darnley)
Race Director

Heather Domerecky (Duchess of Perth)
Race Director

Our Charities

The *Perth Kilt Run* is very grateful to you, our race participants, for your generous contributions to our selected charities!



The Wee Laundrette

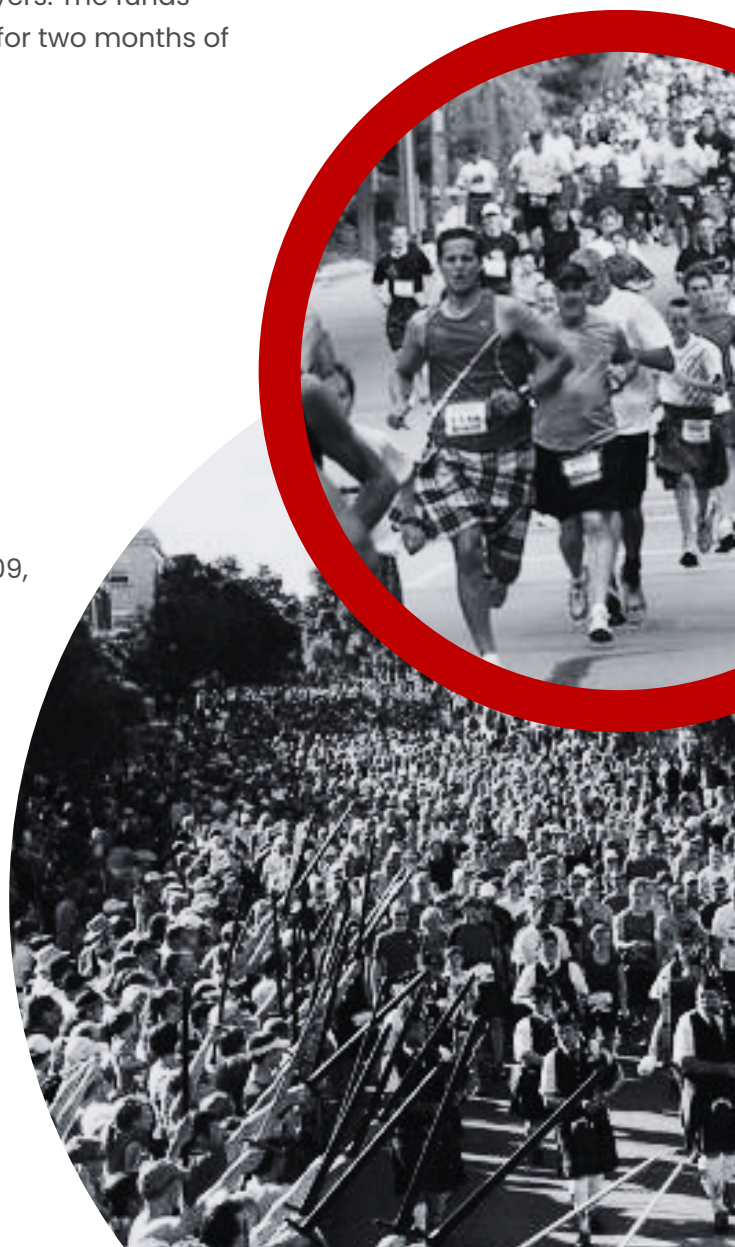
Located at 72 Foster Street in Perth, the *Wee Laundrette* charity provides free washing machines to the community in and around Perth. The laundrette offers eight washing machines and four dryers. The funds raised will cover the operation costs for two months of free laundry for those in need.

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Education transforms lives. Since 2009, *First Book Canada* has worked with educators and partners to identify and remove the barriers to learning and resources, creating equal access to quality education and transforming the lives of kids in need.

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Royal Mile

Adults and Youth

Wee Lad and Lassie

2-4 Years

Wee Lad and Lassie

5-6 Years

Classic 5-Mile

Adults and Youth

Sir Mike 1-Mile + 5-Mile

Adults

Plus post-race celebration with entertainment and drinks!

The *Perth Kilt Run* was first held in 2010 to celebrate Perth, Scotland's 800th anniversary. Over the years, the event grew to a sizeable and beloved annual event. So popular was our race, that we smashed the Guinness World Record in 2016 with a total of 3,670 kilted runners – a record that still stands today. As a premiere sporting event and economic generator for the town, we are thrilled to breathe new life into the *Perth Kilt Run* and we are excited to showcase Perth's beauty and friendliness.



Official electrolyte of the *Perth Kilt Run*



ARTIZEN
CRAFT BEVERAGE CO



Race Day Schedule



10:00am - Kit pick-up opens

Crystal Palace, 31 Basin Lane, Perth

2:00pm - Live entertainment begins

Crystal Palace, 31 Basin Lane, Perth

4:30pm - Road closures begin

5:00pm - Royal Mile begins

Basin Lane, Perth

5:25pm - Wee Lads & Lasses begins (2-4 years)

Basin Lane, Perth

5:35pm - Wee Lads & Lasses begins (5-6 years)

Basin Lane, Perth

6:00pm - March to the Start begins

Mammoth Cheese

(Colbourne/Drummond)

6:15pm - Classic 5-Mile begins

Basin Lane, Perth

7:45pm - Course closes

7:45pm - Awards

Crystal Palace, 31 Basin Lane, Perth

10:00pm - Post-race festival ends

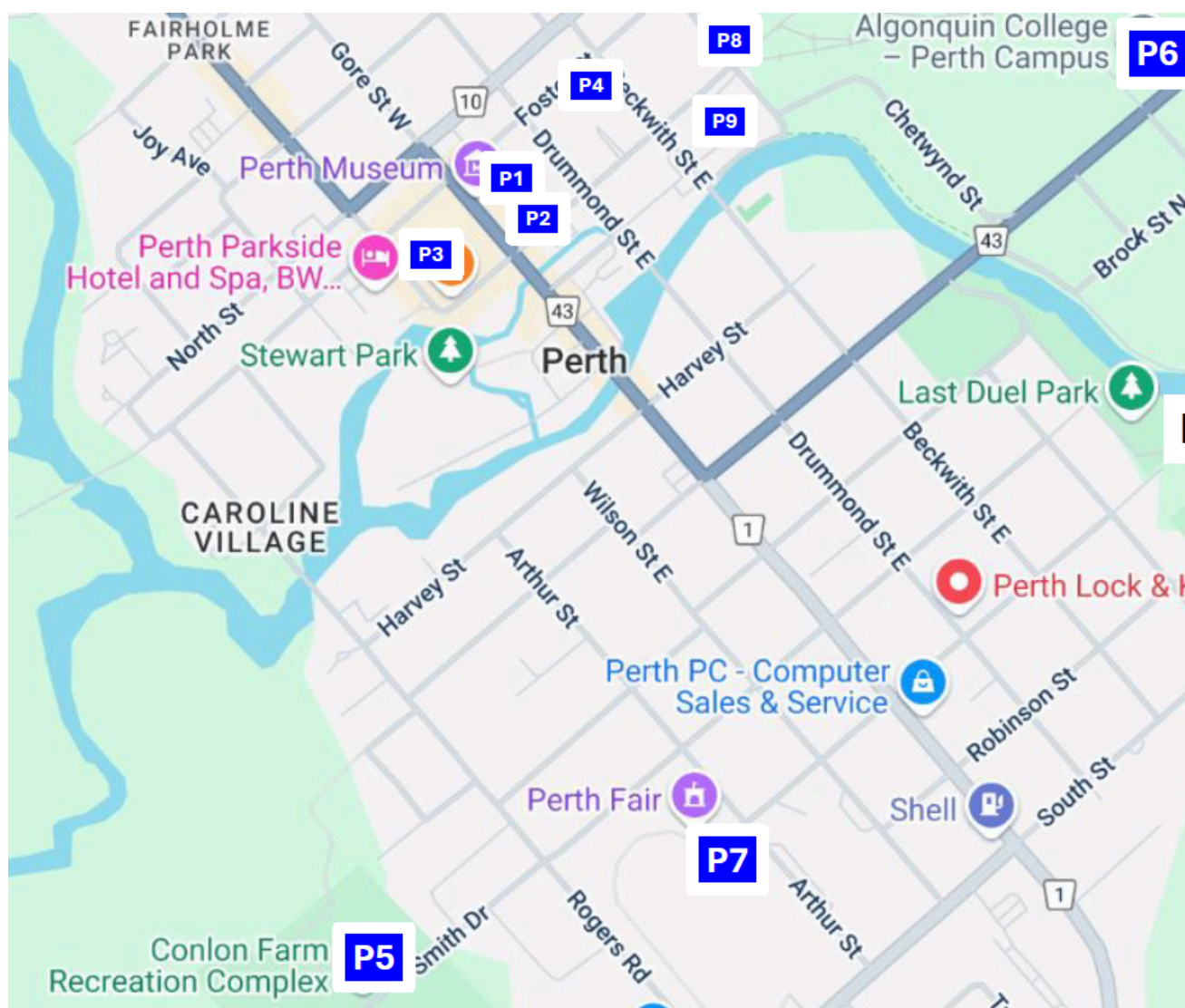
Event Site

Crystal Palace – 31 Basin Lane, Perth

The Crystal Palace, located on the picturesque Tay Basin, serves as the *Perth Kilt Run* event headquarters, providing a contained race site that accommodates kit pick-up, the start/finish line, and the post-race party. Centrally located, it is within walking distance from nearly anywhere in town.

Parking

There are a number of parking lots in the Town of Perth. We have listed the locations for these lots and the distance to the start line. Parking is also available on town roads, **provided it is not part of the course**. **Please ensure you are legally parked and not blocking any driveways, roads, or fire hydrants.**



Town Parking Lots (Distance to Start)

- P1** - Herriott North (250m)
- P2** - Herriott South (250m)
- P3** - Wilson (400m)
- P4** - Arena (500m)
- P5** - Conlon Farm (1500m)

Private Parking Lots (Distance to Start)

- P6** - Algonquin College(900m)
- P7** - Perth Fairgrounds (1100m)
- P8** - Shandex(800m)
- P9** - Bridge Masters Brewing Co. (300m)



Course and Road Closures

Detours will be in place at 4:30pm with local streets open to local traffic only.

Roads that form the Royal Mile course will **close at 4:30pm**

Gore Street will be closed from North St. to Harvey St. from **4:30-8:00pm**

Roads that form the Classic 5-Mile course will **close completely at 6:00pm** and will re-open in four zones. Please see the map below for approximate re-opening times.





GREENS

hydroseeding

www.greenshydroseeding.ca



ID and
confirmation
email
required

Kit Pick-Up

Crystal Palace, 31 Basin Street, Perth
Opens at 10:00am

Royal Mile and Wee Lads & Lasses:

Kit pick up will be held on Saturday, June 21st from **10:00am until 4:30pm**.
There will be a designated line for each race.

Classic 5-Mile:

Kit pick up will be held on Saturday, June 21st from **10:00am until 5:00pm**.
There will be three designated lines for this race (A-J, K-R, S-Z)

Sir Mike Challenge:

Kit pick up will be held on Saturday, June 21st from **10:00am until 4:30pm**.
There will be a designated line for Sir Mike Challenge participants. Athletes will pick up **only** their Royal Mile bib before the race. Upon finishing the Royal Mile, participants will proceed to the Crystal Palace to pick up their 5-Mile bib.

Shirts:

Participants who purchased a shirt can pick it up at the T-shirt table inside the Crystal Palace (beside kit pick up.)

Participants may pick up a bib for a friend/family member, but must show a copy of the confirmation email and a photo of the participant's ID.



Royal Mile

Race Start: 5:00pm

Start Line: 31 Basin Lane, across from Town Hall

Race Bib Pick-Up:

Kit pick-up will be held on Saturday, June 21st from **10:00am until 4:30pm.**

Pick-up for this race ends 30 minutes before the start of the race.

Sir Mike Challenge Participants:

Kit pick up will be held on Saturday, June 21st from **10:00am until 4:30pm.**

There will be a designated line for Sir Mike Challenge participants. Athletes will pick up **only** their Royal Mile bib before this race. Upon finishing the Royal Mile, participants will proceed to the Crystal Palace to pick up their 5-Mile bib.

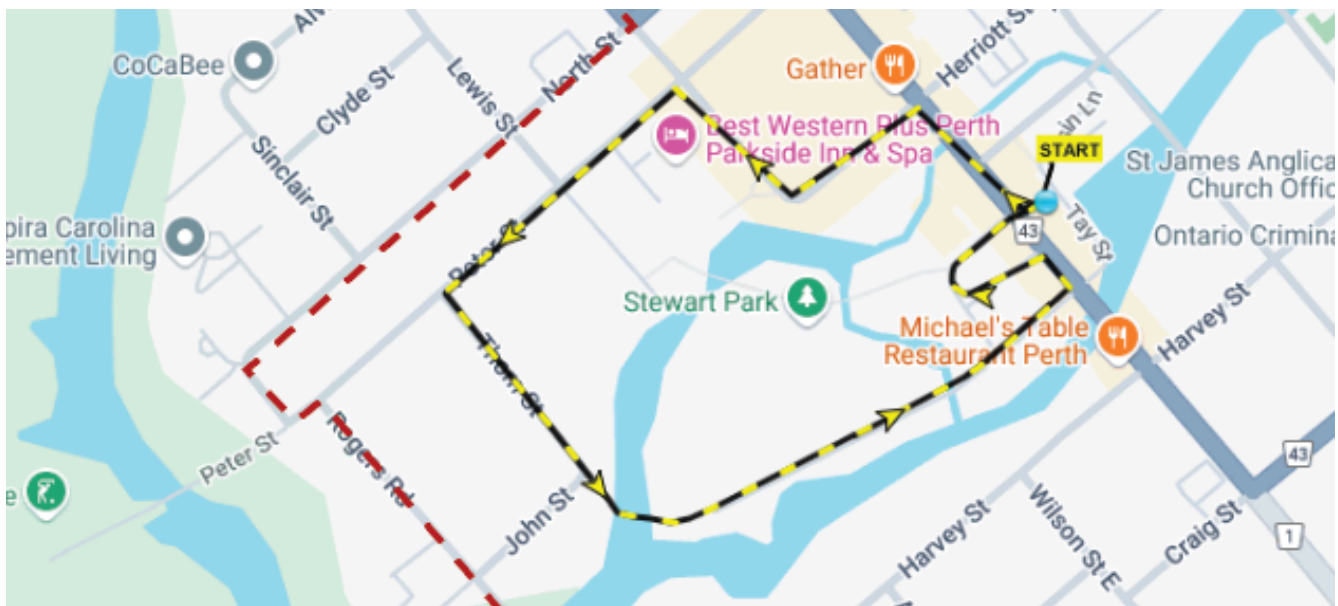
Timing:

This race is officially timed by Enfield Timing. Results will be available on Race Roster following the race.

Medals and Awards:

Participants in the Royal Mile will receive a custom medal upon completion of the race. The top 3 male and female finishers in both the adult and youth categories will receive awards based on gun time.

COURSE LIMIT: 20 minutes



Wee Lads & Lasses

Race Start: 5:25pm (age 2-4)

5:35pm (age 5-6)

Start Line: 31 Basin Lane, across from Town Hall

Race Bib Pick-Up:

Kit pick-up will be held on Saturday, June 21st from **10:00am until 4:30pm**. Pick-up for this race ends 30 minutes before the start of the race.

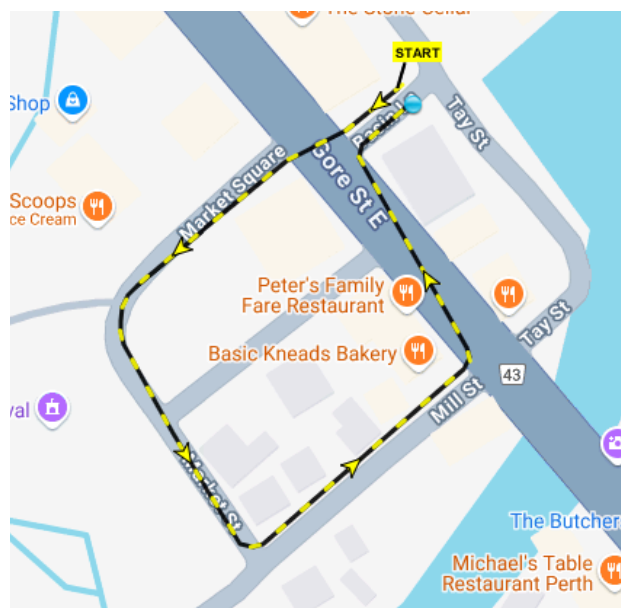
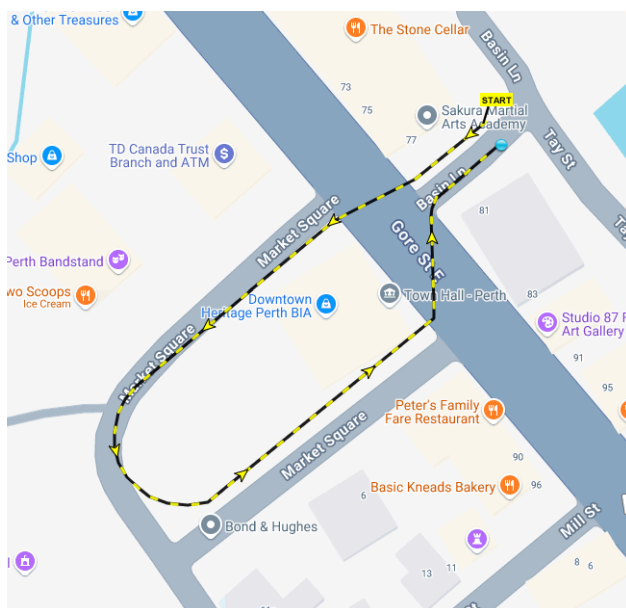
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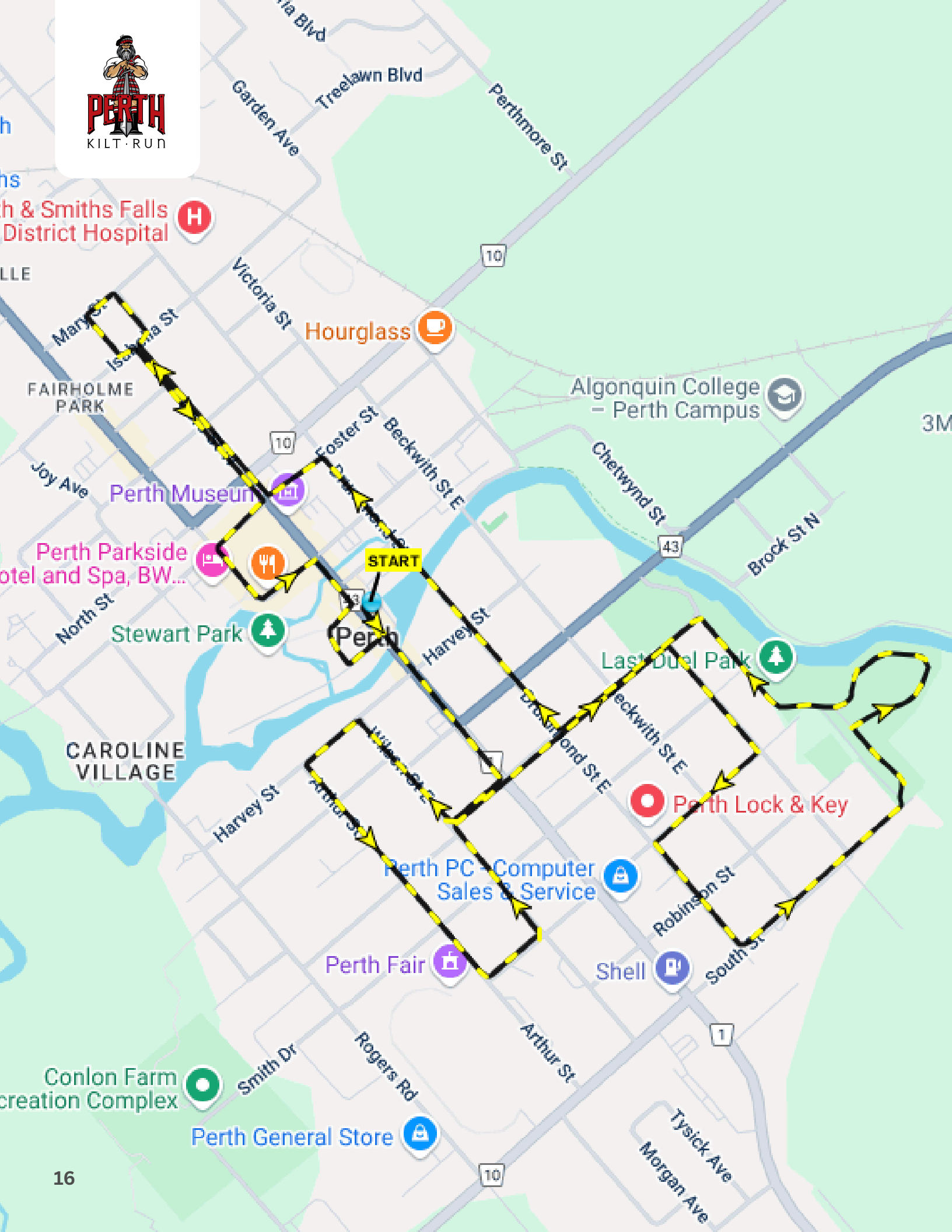
This race is officially timed by Enfield Timing. Results will be available on Race Roster following the race.

Medals:

Participants in the Royal Mile will receive a custom medal upon completion of the race. The top 3 male and female finishers in both the adult and youth categories will receive awards.

COURSE LIMIT: 10 minutes for each race







Classic 5-Mile

March to the Start: 6:00pm (begins at Colbourne and Drummond Streets)

Race Start: 6:15pm

Start Line: 31 Basin Lane, across from Town Hall

Race Bib Pick-Up:

Kit pick-up will be held on Saturday, June 21st from **10:00am until 5:00pm**.

Pick-up for this race ends 60 minutes before the start of the race. There will be three designated lines for this race (A-J, K-R, S-Z)

Sir Mike Challenge Participants:

Challenge participants will pick up their Classic 5-Mile bib in the Crystal Palace immediately following their completion of the Royal Mile. There will be a designated line for Sir Mike Challenge participants.

March to the Start:

The March to the Start will be lead by the Kemptville Highland Band and begins at the Mammoth Cheese (Drummond and Colbourne Streets) at 6:00pm. **ALL ATHLETES MUST PARTICIPATE IN THE MARCH.** The march will feature Perth's historic downtown Gore Street and will lead the participants directly to the start line for announcements and the national anthem.

Course:

Water stops are located at 1km intervals. There will be electrolyte at 5K. There will also be bagpipers at each kilometre.

Timing:

This race is officially timed by Enfield Timing. Results will be available on Race Roster following the race.

Medals and Awards:

Participants in the Classic 5-Mile will receive a custom medal upon completion of the race. The top 3 male, female, and non-binary finishers in the adult and top male and female finishers in the youth categories will receive awards based on gun time. The top finisher in each 10-year age group will receive an award based on chip time.

COURSE LIMIT: 90 minutes



Sir Mike Challenge

Race Start: 5:00pm

Start Line: 31 Basin Lane, across from Town Hall

Race Bib Pick-Up:

Kit pick up will be held on Saturday, June 21st from **10:00am until 4:30pm.**

There will be a designated line for Sir Mike Challenge participants. Athletes will pick up **only** their Royal Mile bib before this race. Upon finishing the Royal Mile, participants will proceed to the Crystal Palace to pick up their 5-Mile bib.

Timing:

This race is officially timed by Enfield Timing. Results will be available on Race Roster following the race.

Medals and Awards:

Participants in the Sir Mike Challenge will receive a custom medal upon completion of each race, plus a bonus ribbon plaque following the Classic 5-Mile. The top male and female finishers will receive an award based on combined Royal Mile and Classic 5-Mile chip times.

COURSE LIMIT: 20 minutes for Royal Mile and 90 minutes for Classic 5-Mile



Support on the Course

Participant safety is our top priority! There are a number of measures in place to ensure everyone has a safe and enjoyable race experience.

Please dial 9-1-1 if and notify a race volunteer if athletes notice anyone in distress.

Medical Assistance:

Lanark County Paramedics will be on-site at the start/finish line and will be prepared for a variety of medical emergencies.

Water Stops:

Water stops are located every kilometre on the 5-mile course. Electrolyte is available at the 5K mark.

First Aid:

Each water stop has someone trained in first aid to assist race participants.

Course Patroller:

A course patroller will follow behind all athletes to ensure everyone safely completes the course.

Course Marshal:

A course marshal will re-open the course by zones as each section of the 5-mile race is completed.





Finish Line Festival

Congratulations on completing the *Perth Kilt Run*! Please make sure you get your finisher's medal before exiting the finish line area. Water, electrolytes, and a light snack will be available to participants in the Crystal Palace.

Classic 5-Mile participants are also invited to enjoy a beer compliments of Bridge Masters Brewing Company! Each adult bib includes a ticket for your beer. Additional beer can be purchased directly from Bridge Masters during the post-race festival.



Official Beer Sponsor

Classic 5-Mile participants will receive a complimentary beer thanks to Bridge Masters Brewing Company. Beer will also be available for purchase at the post-race festival.



Official Electrolyte

Artizen Kombucha electrolyte will be available on-course at the 5K water stop and at the post-race festival

Snacks and water provided by



metro



Entertainment Schedule

2:00pm - Long Sault Trio

3:00pm - Crooked Creek

4:00pm - Broken Walls

5:00pm - Atlantic Firth

5:50pm - Kemptville Highland Band

6:45pm - The Good Co.

7:45pm - Race Awards

8:00pm - Surprise special guest musician!

9:00pm - Atlantic Firth/Contra Dance

Sponsors

Presenting Sponsor

We are very grateful for the Froggatt family's generosity. Long-time Perth residents and participants in many past *Perth Kilt Runs*, their commitment to our community and our race is undeniable.



Official Beer Sponsor



Classic 5-Mile participants will receive a complimentary beer thanks to Bridge Masters Brewing Company. Beer will also be available for purchase at the post-race festival.



Official Electrolyte

Artizen Kombucha electrolyte will be available on-course at the 5K water stop and at the post-race festival



Official Pace Car



Volunteer Partner



Age Group Awards



Course Patrol

Runner Recovery



metro



Mile Markers



Community Partners





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