

FWTS 2026 Rotation Schedule

Jan 30 - Feb 1, 2026

Friday, January 30, 2026

Session: 01 -- Xcel Silver

Open Stretch 8:00 AM Timed Warmup 8:25 AM
Introduction 8:20 AM Meet End 10:30 AM

Gymnasts: 83

Flight: A - 46

 12 Gym Starz [XS] - 6 Kendrick Kippettes [XS] - 6	 11 KMC [XS] - 11	 12 Kendrick Kippettes [XS] - 12	 11 Showtime [XS] - 11
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Flight: B - 37

 11 Manchester [XS] - 11	 7 Gym Time [XS] - 7	 7 Hanover [XS] - 7	 12 River Run [XS] - 6 Thunder Cats [XS] - 6
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Friday, January 30, 2026

Session: 02 -- Level 4

Open Stretch 10:45 AM Timed Warmup 11:10 AM
Introduction 11:05 AM Meet End 1:45 PM

Gymnasts: 88

Flight: A - 44

 11 Stallone [L4] - 11	 11 Paragon [L4] - 11	 12 Hanover [L4] - 12	 10 Asap [L4] - 10
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Flight: B - 44

 12 Thunder Cats [L4] - 7 River Run [L4] - 5	 10 Nook [L4] - 8 KMC [L4] - 2	 11 Ricochets [L4] - 6 Cumberland [L4] - 5	 11 Dream Chasers [L4] - 3 Kendrick Kippettes [L4] - 8
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Friday, January 30, 2026

Session: 03 -- Level 4 & 5

Open Stretch 2:00 PM Timed Warmup 2:25 PM
Introduction 2:20 PM Meet End 5:00 PM

Gymnasts: 87

Flight: A - 44

 10 Showtime [L4] - 9 Twisters [L4] - 1	 11 Skyline [L4] - 11	 12 Upper Merion [L4] - 12	 11 Kendrick Kippettes [L5] - 7 Cumberland [L5] - 4
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Flight: B - 43

 10 Northeast [L4] - 4 Northeast [L5] - 6	 10 Gym Starz [L4] - 5 Nook [L5] - 5	 11 Ricochets [L5] - 4 Asap [L5] - 7	 12 Stallone [L5] - 4 Thunder Cats [L5] - 4 Paragon [L5] - 4
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Rotation Schedule

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Friday, January 30, 2026

Session: 04 -- Level 7

Open Stretch 5:15 PM Timed Warmup 5:40 PM
Introduction 5:35 PM Meet End 7:15 PM

Gymnasts: 41

Flight: A - 24

 6 Gym Starz [L7] - 2 Kendrick Kippettes [L7] - 4	 6 Dream Chasers [L7] - 5 Gym Time [L7] - 1	 6 Hanover [L7] - 3 Paragon [L7] - 3	 6 River Run [L7] - 3 Shrewsbury [L7] - 3
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Flight: B - 17

 0	 6 Cumberland [L7] - 3 KMC [L7] - 3	 6 Roots [L7] - 3 Skyline [L7] - 3	 5 Northeast [L7] - 4 Ricochets [L7] - 1
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Friday, January 30, 2026

Session: 05 -- Level 8

Open Stretch 7:30 PM Timed Warmup 7:55 PM
Introduction 7:50 PM Meet End 9:30 PM

Gymnasts: 36

Flight: A - 22

 5 Skyline [L8] - 4 Thunder Cats [L8] - 1	 5 Hanover [L8] - 4 KMC [L8] - 1	 6 Skyline [L8] - 6	 6 Hanover [L8] - 6
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Flight: B - 14

 0	 4 Ricochets [L8] - 4	 5 Cumberland [L8] - 4 Roots [L8] - 1	 5 Gym Starz [L8] - 2 Kendrick Kippettes [L8] - 3
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Saturday, January 31, 2026

Session: 06 -- Level 2 & XB

Open Stretch 8:00 AM Timed Warmup 8:25 AM
Introduction 8:20 AM Meet End 10:30 AM

Gymnasts: 86

Flight: A - 43

 11 Skyline [L2] - 11	 9 Showtime [L2] - 8 Thunder Cats [L2] - 1	 14 Cumberland [L2] - 7 Upper Merion [L2] - 7	 9 Bearfoot [L2] - 9
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Flight: B - 43

 12 Nook [XB] - 10 River Run [XB] - 2	 12 Dream Chasers [L2] - 8 Gym Starz [L2] - 1 Gym Starz [XB] - 3	 11 Kendrick Kippettes [L2] - 8 Kendrick Kippettes [XB] - 3	 8 KMC [XB] - 8
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Rotation Schedule

Jan 30 - Feb 1, 2026

Saturday, January 31, 2026

Session: 07 -- Level 6

Open Stretch 10:45 AM Timed Warmup 11:10 AM
Introduction 11:05 AM Meet End 1:15 PM

Gymnasts: 70

Flight: A - 35

 **8**
Paragon [L6] - 8

 **8**
Gym Time [L6] - 1
Skyline [L6] - 6
Thunder Cats [L6] - 1

 **10**
KMC [L6] - 4
Nook [L6] - 6

 **9**
Cumberland [L6] - 3
Ricochets [L6] - 6

Flight: B - 35

 **9**
Hanover [L6] - 9

 **8**
Dream Chasers [L6] - 4
Roots [L6] - 4

 **9**
Twisters [L6] - 4
Upper Merion [L6] - 5

 **9**
Gym Starz [L6] - 5
Kendrick Kippettes [L6] - 4

Saturday, January 31, 2026

Session: 08 -- Xcel Platinum

Open Stretch 1:30 PM Timed Warmup 1:55 PM
Introduction 1:50 PM Meet End 4:00 PM

Gymnasts: 64

Flight: A - 36

 **10**
Gym Time [XP] - 10

 **8**
Skyline [XP] - 8

 **10**
Kendrick Kippettes [XP] - 10

 **8**
Skyline [XP] - 5
Upper Merion [XP] - 3

Flight: B - 28

 **6**
Hanover [XP] - 3
Thunder Cats [XP] - 3

 **8**
Asap [XP] - 6
Fusion [XP] - 2

 **7**
Showtime [XP] - 7

 **7**
Bearfoot [XP] - 7

FWTS 2026

Rotation Schedule

Jan 30 - Feb 1, 2026

Saturday, January 31, 2026

Session: 09 -- Level 9, 10 & XP

Open Stretch 4:15 PM
Introduction 4:35 PM

Timed Warmup 4:40 PM
Meet End 7:00 PM

Gymnasts: 54

Flight: A - 25



6

Cumberland [L9] - 3
Cumberland [L10] - 3



6

Skyline [L9] - 6



6

Hanover [L9] - 6



7

Skyline [L10] - 7

Flight: B - 29



7

Gym Starz [L9] - 1
Kendrick Kippettes [L9] - 2
Roots [L9] - 1
Roots [L10] - 1
Twisters [L9] - 2



7

Gym Starz [XP] - 2
Shrewsbury [XP] - 5



9

KMC [XP] - 9



6

Nook [XP] - 6

Saturday, January 31, 2026

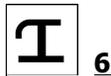
Session: 10 -- Xcel Diam & Sapphire

Open Stretch 7:15 PM
Introduction 7:35 PM

Timed Warmup 7:40 PM
Meet End 9:30 PM

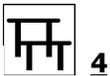
Gymnasts: 39

Flight: A - 23



6

Gym Time [XD] - 6



4

Asap [XD] - 4



7

Kendrick Kippettes [XD] - 6
Kendrick Kippettes [XSA] - 1



6

Skyline [XD] - 6

Flight: B - 16



4

Roots [XSA] - 1
Upper Merion [XD] - 3



4

Shrewsbury [XD] - 4



4

Hanover [XD] - 2
Hanover [XSA] - 1
River Run [XD] - 1



4

KMC [XD] - 4

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Rotation Schedule

Jan 30 - Feb 1, 2026

Sunday, February 1, 2026

Session: 11 -- Level 3

Open Stretch 8:00 AM Timed Warmup 8:25 AM
Introduction 8:20 AM Meet End 10:45 AM

Gymnasts: 82

Flight: A - 45

 **12**
Paragon [L3] - 3
Upper Merion [L3] - 9

 **11**
Hanover [L3] - 11

 **12**
Paragon [L3] - 12

 **10**
Hanover [L3] - 3
KMC [L3] - 7

Flight: B - 37

 **8**
River Run [L3] - 2
Thunder Cats [L3] - 5
Twisters [L3] - 1

 **12**
Stallone [L3] - 12

 **8**
Thunder Cats [L3] - 8

 **9**
Ricochets [L3] - 9

Sunday, February 1, 2026

Session: 12 -- Level 3

Open Stretch 11:00 AM Timed Warmup 11:25 AM
Introduction 11:20 AM Meet End 1:45 PM

Gymnasts: 81

Flight: A - 42

 **10**
Nook [L3] - 5
Northeast [L3] - 5

 **10**
Dream Chasers [L3] - 4
Skyline [L3] - 6

 **11**
Hanover [L3] - 11

 **11**
Skyline [L3] - 11

Flight: B - 39

 **10**
Cumberland [L3] - 4
Showtime [L3] - 6

 **9**
Gym Starz [L3] - 5
Kendrick Kippettes [L3] - 4

 **9**
Asap [L3] - 9

 **11**
Bearfoot [L3] - 11

Sunday, February 1, 2026

Session: 13 -- Xcel Gold

Open Stretch 2:00 PM Timed Warmup 2:25 PM
Introduction 2:20 PM Meet End 4:45 PM

Gymnasts: 66

Flight: A - 36

 **8**
KMC [XG] - 6
River Run [XG] - 2

 **10**
Showtime [XG] - 10

 **11**
Stallone [XG] - 11

 **7**
Thunder Cats [XG] - 7

Flight: B - 30

 **8**
Kendrick Kippettes [XG] - 8

 **7**
Gym Starz [XG] - 3
Nook [XG] - 4

 **7**
Upper Merion [XG] - 7

 **8**
Fusion [XG] - 8

FWTS 2026

Rotation Schedule

Jan 30 - Feb 1, 2026

Sunday, February 1, 2026

Session: 14 -- Xcel Gold

Open Stretch 5:00 PM
Introduction 5:20 PM

Timed Warmup 5:25 PM
Meet End 7:45 PM

Gymnasts: 64

Flight: A - 41

 **10**
Bearfoot [XG] - 10

 **10**
Hanover [XG] - 10

 **12**
Manchester [XG] - 12

 **9**
Gym Time [XG] - 8
Twisters [XG] - 1

Flight: B - 23

 **0**

 **8**
Skyline [XG] - 8

 **7**
Asap [XG] - 7

 **8**
Skyline [XG] - 8