

2024 Flipping with the Stars Schedule

open stretch will be 20 minutes

Friday

Session 1 - Gold

Fusion, Kippettes, Paramount, Rainbow, Shrewsbury, and Silvia

Registration 7:30 am

Open stretch 8:00 am

Meet end 10:30 am

Session 2 - Gold

ASAP, Gym Starz, KMC, Olympiad, Showtime, and Skyline

Registration 10:15 am

Open stretch 10:45 am

Meet end 1:15 pm

Session 3 - Bronze

Registration 1:00 pm

Open stretch 1:30 pm

Meet end 3:30 pm

Session 4 - Level 5

Registration 3:15 pm

Open stretch 3:45 pm

Meet end 6:00 pm

Session 5 - Level 8, Diamond, Sapphire

Registration 5:45 pm

Open stretch 6:15 pm

Meet end 9:15 pm

Saturday

Session 6 - Level 2

Registration 7:30 am

Open stretch 8:00 am

Meet end 10:45 am

Session 7 - Level 4

Registration 10:30 am

Open stretch - 11:00 am

Meet end 2:00 pm

Session 8 - Level 6 and Level 7

Registration 1:45 pm

Open stretch 2:15 pm

Meet end - 5:45 pm

Session 9 - Level 9 / 10

Registration 5:30 pm

Open stretch 6:00 pm

Meet end - 9:30 pm

Sunday**Session 10 - Level 3**

Cumberland, Gym Starz, Hanover, Paramount, Rainbow, and Showtime

Registration 7:30 am

Open stretch 8:00 am

Meet end 10:45 am

Session 11 -Level 3 / Silver

Level 3- ASAP, Kippettes, Olympiad, Silvia's, and Skyline

Xcel Silver- Gym Starz, Paramount, Rainbow, and Showtime

Registration 10:30 am

Open stretch 11:00 am

Meet end 1:45 pm

Session 12 - Silver

Fusion, Kippettes, KMC, Olympiad, Shrewsbury, Silvia's, and Skyline

Registration 1:30 pm

Open stretch 2:00 pm

Meet end 4:45 pm

Session 13 - Platinum

Registration 4:30 pm

Open stretch 5:00 pm

Meet end 8:00pm