

ENGAGE WITH THE FAMILY SHELTER

VOLUNTEER with The Family Shelter - call (580) 226-3750 or see familyshelterofsouthernok.net/volunteer

DONATE money, gift cards, non-perishable food and/or items from our Amazon wishlist: <https://bit.ly/FSSOAmazonWishList>
Walmart wishlist: <https://bit.ly/FSSOWalmartWishList>

FOLLOW our social media posts for most up to date information and needs.

PARTICIPATE in FSSO events - see familyshelterofsouthernok.net/events

HOST a fundraiser or community education and awareness event for FSSO.

INTERACT on our social media. Like and share our posts to spread the facts about interpersonal violence and our free services available.

Website - familyshelterofsouthernok.net

Facebook - The Family Shelter of Southern OK

Instagram - [familyshelterofsouthernok](https://www.instagram.com/familyshelterofsouthernok)

Email - familyshelter@fssok.org

Phone - (580) 226-3750

The Family Shelter of Southern Oklahoma is a 501(c)(3) non-profit organization committed to providing safety, relief, and support for survivors of physical and emotional abuse as a result of family violence, sexual assault, and stalking.

The Family Shelter of Southern Oklahoma is a dual domestic violence and sexual assault program certified by the Oklahoma Attorney General.

SERVICES

Services are FREE of charge to all survivors

- + 24-hour crisis line for support, intervention, information, and referrals about domestic violence, sexual assault, and stalking
- + Emergency food, clothing, and shelter for individuals and families in an undisclosed, secure facility
- + Safety planning
- + Law enforcement advocacy
- + Criminal Court advocacy
- + Victim Protection Order assistance
- + Trauma counseling, advocacy, and support groups for adults and children
- + Secondary survivor education and support services
- + Community education and outreach programs
- + Legal, financial, medical, and housing information and referrals

SUPPORT GROUPS AVAILABLE

Adults Overcoming Domestic & Sexual Violence
Meets Tuesday 5:30 PM to 6:30 PM

Child Survivors & Witnesses of Trauma (Ages 5+)
Meets Tuesday 5:30 PM to 6:30 PM

Domestic Violence Education
Meets Thursday 9:00 AM to 10:00 AM
& Wednesday 2:00 PM to 3:00 PM

DOMESTIC VIOLENCE & SEXUAL ASSAULT STATISTICS

1 in 3 women and 1 in 4 men have experienced some form of physical violence by an intimate partner

1 in 15 children are exposed to intimate partner violence each year

Intimate partner violence accounts for 20% of all violent crime

Oklahoma ranks 3rd in the nation for women killed by men in homicides

Studies suggest that around half of transgender people and bisexual women will experience sexual violence at some point in their lifetime

*Above statistics gathered from NCAOV Domestic Violence and Sexual Assault Fact Sheets of NCAOV.org and The National Coalition of Anti-Violence Programs (NCAVP)

EACH YEAR FSSO...

Touches the lives of 2,500 survivors of violence

Provides safety planning and emotional support on 1,000 help line calls

Provides 6,500 nights of emergency shelter to survivors of violence and their children

Supports 400 survivors seeking court advocacy and protective orders