



Parental/Guardian Consent & Media Release Form

February is Teen Dating Violence Awareness Month, and The Family Shelter of Southern Oklahoma (FSSO), in partnership with Walmart, is hosting the “Healthy Boundaries” Video Challenge to promote positive, respectful relationships among teens. Youth ages 13–19 in our 5-county area (Carter, Love, Marshall, Johnston and Murray) are invited to submit a 30–60 second video showing how they set, communicate, Why Boundaries for Teens Are Important, or how they respect boundaries in relationships. Each video submission earns one entry into a **\$500 gift card** prize drawing, courtesy of Walmart.

Participant Information Youth Name (print): _____ Age: _____ County of Residence: Carter, Love, Murray, Johnston or Marshall _____	Parent/Guardian Information (if under 18) Parent/Guardian Name: _____ Phone Number: _____ Email: _____
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Consent to Participate

I give permission for my child, listed above, to participate in the Healthy Boundaries Video Challenge, which invites youth ages 13–19 to submit a 30–60 second video demonstrating how they:

- Set and communicate healthy boundaries,
- Respect boundaries in relationships, or
- Explain why healthy boundaries are important for teens.
- For safety, please only mention in the video: First name, age and what county you are in

I understand that:

- Videos must be positive and may not include foul language, substance use, or name-bashing.
- You may use the “healthy boundary” idea list
- You may choose to not use the “healthy boundary” idea list and create your own
- There is no limit on the number of video submissions.
- This is not a contest. There is no voting nor purchasing required. Each video submission earns one entry into a \$500 gift card prize drawing, courtesy of Walmart.
- Videos submissions are open starting **January 15th, 2026** and close on **February 17th, 2026**.
- Videos will be posted on FSSO social media accounts
- The prize drawing will be held via Facebook Live on **February 26, 2026**.

Media Release

I grant permission to The Family Shelter of Southern Oklahoma (FSSO) and its partners to:

- Use, reproduce, publish, and share my child’s submitted video, name, image, and/or voice

- For educational, promotional, and awareness purposes related to Teen Dating Violence Awareness Month
- Across platforms including, but not limited to, social media, websites, presentations, and community outreach materials
- I understand that no additional compensation will be provided beyond eligibility for the prize drawing.

Signature:

Signature of youth participant (If 18 or older): _____

Date: _____

If you're under 18: A parent or legal guardian needs to sign below to give permission

Guardian's Name: _____

Guardian's Signature: _____

Your relationship to the minor: _____ **Date:** _____

Please complete & return with your video submission(s) to Jessica Kindt at Jkindt@fssok.org

*****We reserve the right to refuse service to anyone*****